



THE NATIONAL HEALTH AND MORBIDITY SURVEY 2012

SABAH and
W.P. LABUAN

*Global School-Based Student
Health Survey 2012*

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AND
MORBIDITY SURVEY
2012**

(NMRR-11-974-10401)

**SABAH AND W.P. LABUAN
GLOBAL SCHOOL-BASED STUDENT
HEALTH SURVEY 2012**

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Perpustakaan Negara Malaysia Cataloguing-in-Publication Data

National health and morbidity survey 2012 (NMRR-11-974-10401) :

Sabah and Wilayah Persekutuan Labuan global school-based students health survey

Bibliography: p.

ISBN 978-983-3887-90-3

1. Health status indicators -- Sabah and W.P. Labuan.

2. Health surveys -- Sabah and W.P. Labuan.

3. Diseases--Reporting -- Sabah and W.P. Labuan.

I. Institut Kesihatan Umum.

614.4259521

MOH/S/IKU/25.13 (TR)

Suggested citation

Institute for Public Health (IPH) 2012. The National Health and Morbidity Survey: Sabah and W.P. Labuan Global School-based Student Health Survey 2012. Kuala Lumpur: Ministry of Health Malaysia.

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The views expressed in this paper are those of the authors alone and do not necessarily represent the opinions of the other investigators participating in the survey, nor the views or policy of the Ministry of Health Malaysia.

Produced and Distributed by:

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Published by the Institute for Public Health, Ministry of Health Malaysia

Acknowledgement

The authors would like to thank the Director General of Health Malaysia for his permission to publish this report.

The Global School-based Student Health Survey (GSHS) in Sabah and W.P. Labuan 2012, the first of its kind in the country, was accomplished with budget and technical support from the Ministry of Health Malaysia and World Health Organization (WHO). The research team would like to express our gratitude to the following who helped us to bring this project to a successful completion:

- Ms Melanie Cowan and Ms Leanne Riley, WHO Geneva,
- Ms Laura Kann and Ms Connie Lim, CDC Atlanta,
- Western Pacific WHO Regional Office,
- Dr Soo Chun Paul, Malaysia WHO Representative,
- Director General of Education, Ministry of Education Malaysia,
- Technical Programme Directors, Ministry of Health Malaysia,
- GSHS Survey Coordinator and Central Coordinating Team, and
- GSHS Survey Field Implementation Teams

Our appreciation to the Ministry of Education officials at the central level, states, districts and selected schools who assisted in making this study possible. We would also like to thank the stakeholders from both the Ministry of Health and Ministry of Education, for their participation at the NHMS 2012: School-based Survey Seminar held at Palm Garden Resort, Selangor on 23 September 2013, where the key findings of this study were presented. Last but not least, we extend our warm gratitude to all students from the 17 schools throughout the country who gave us their time and cooperation towards the successful conduct of this study.

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Executive Summary

The 2012 Sabah and W.P. Labuan GSHS was conducted from 23 February to 26 April 2012 involving Form 1 to 5 students from 17 schools throughout Sabah and W.P. Labuan. The survey used two-stage cluster sampling design. The objective of this study is to determine the prevalence of health-related behaviors, risky behaviors and protective factors among secondary school students in Sabah and W.P. Labuan. The survey was administered using a self-administered questionnaire. The response rate at school level was 100%, with a students' response rate of 87.6% (1,689 of 1,924 students responded).

Key Findings

About 60.0% of students who were ever drinkers had their first drink of alcohol before the age of 14 years. The prevalence of current alcohol use was 12.0% and about one third of them had bought their alcoholic drinks from shops. Drunkenness was reported in 10.6% of the students. In relation to dietary behaviour, 5.8% of the students were at risk of becoming underweight, while 6.4% were at risk of becoming obese. In the past 30 days, only 31.8% of the students consumed fruits and vegetables at least five times per day and one third of them drank carbonated drinks at least once daily. As for drug use, 98.3% of the students reported they had never used drugs.

Overall, 2.8% of the students reported brushing their teeth less than once daily and 88.1% brushed at least twice daily. Only 54.5% of the students reported using fluoridated toothpaste. In the past 30 days, 4.7% never or rarely wash their hand after using the toilet and 11.6% never or rarely use soap when washing their hands. Suicidal ideation, suicide plan and attempted suicide were noted among 8.8%, 7.9% and 7.2% of the students respectively. The inability to sleep at night due to worry was noted among 6.9% of students, while loneliness was found in 8.8% of students and 3.2% of students reported having no close friend.

With regards to physical activity 21.0% of the students had been active, in the past seven days while almost half had been engaged in sedentary activities. Parental or guardian supervision was reported in 14.3% of the students, while 30.6 claimed they had parental or guardian connectedness and 37.5% reported parental or guardian bonding. Truancy was reported in 32.7% of the students.

This study found that 9.6% of the students ever had sex. Among those who ever had sex, 46.4% used of birth control methods other than use of condom the last time they had sex. About 14.8% of the students were current cigarettes smokers. Among those who ever smoked, more than one third had tried a cigarette before the age of 14 years. More than one third of the students reported exposure to secondhand smoke from people smoking in their presence and 40.1% reported they had parents or guardian who used any form of tobacco. Notably, 31.9% and 29.3% of the students had been physically attacked and involved in a physical fight respectively, with 34.8% having been seriously injured. Having been bullied was reported in 19.0% of the students while 12.8% had been physically abused at home.

Recommendations

Based on these findings, the following recommendations are made:

- i. Psychosocial factors that contribute to violence and mental health problems particularly suicidal behaviors need to be further explored.
- ii. Further in-depth studies are recommended to be conducted by relevant agencies to identify factors that may contribute to truancy and violence.

- iii. Empowerment of school counsellors with appropriate skills to identify the root cause of truancy and bully, and to manage the problems through a multidisciplinary approach.
- iv. Sexual reproductive health education at homes, school and community should be strengthened.
- v. There is a need to increase health awareness among students on the detrimental effects of alcohol consumption and the higher probability of alcohol addiction in later life if they start drinking during their adolescent years.
- vi. Further strengthening, regulation and enforcement of the Malaysia Food Act Regulation 1985 which prohibits the sales of alcoholic beverages to those below 18 years, is called for. There is a need for the minimum legal age (MLA) of alcohol consumption to be enacted.

1.0 INTRODUCTION

In 2001, the WHO in collaboration with UNAIDS, UNESCO, UNICEF, and with technical assistance from the U.S. Centers for Disease Control and Prevention (CDC), initiated the development of the Global School-based Student Health Survey (GSHS). Since 2003, Ministries of Health and Education around the world have been using the GSHS to periodically monitor the prevalence of important health risk behaviours and protective factors among students. To date, more than 100 countries have completed a GSHS. This report describes results from the first GSHS conducted in Sabah and W.P. Labuan by the Ministry of Health Malaysia from 23 February until 26 April 2012.

The purpose of the GSHS is to provide accurate data on health behaviours and protective factors among students to:

- Help countries develop priorities, establish programmes, and advocate for resources for school health and youth health programmes and policies;
- Establish trends in the prevalence of health behaviours and protective factors for use in evaluation of school health and youth health promotion; and
- Allow countries, international agencies, and others to make comparisons across and within countries regarding the prevalence of health behaviours and protective factors.

The GSHS is a school-based survey conducted primarily among students aged 12-17 years. It measures behaviours and protective factors related to the leading causes of mortality and morbidity among youth and adults in Malaysia:

- Alcohol consumption
- Dietary behaviours
- Drug use
- Hygiene (including oral hygiene)
- Mental health problems
- Physical activity
- Protective factors
- Sexual behaviours that contribute to HIV infection, other STIs, and unintended pregnancy
- Tobacco use
- Violence and unintentional injury

1.1 Policies and Programmes for Adolescents in School

The government of Malaysia has developed various policies and programmes for adolescents and schoolchildren in the country as follows:

1.1.1 Adolescent Health Policy

The Adolescent Health Policy was developed in 2001(1). The objectives of the policy are to support the development of resilient adolescents through promotion of healthy and responsible living, preventing the health consequences of risk behaviours through promotion of wellness and provision of appropriate health care services, and promotion of active adolescent participation in health promotion and preventive activities.

1.1.2 Medical and Oral Healthcare Policy

The provision of medical and oral healthcare services to government or government aided educational institutions is mentioned in the Education Act 39, Chapter 12, section 64 and 65 (2). In line with this Act, the Ministry of Health provides comprehensive medical and oral healthcare to schoolchildren. Medical healthcare includes regular health screening and vaccination to the students while for oral healthcare, both oral health promotion and curative services are provided. In 2009, the School Health Teams visited 98.5% of secondary schools through out Malaysia and provided services to 98% of Form 3 students. In addition to that, 75.6% of secondary school students were rendered oral healthcare through the school incremental oral healthcare programme.

The *Rancangan Kesihatan Sekolah* (School Health Programme), first established in 1967 was replaced by the *Program Bersepadu Sekolah Sihat* (Health Promoting School Programme) in 1997. This programme further strengthened the delivery of healthcare services to schoolchildren, while integrating other components towards a healthy school environment (4).

1.1.3 Mental Health Programme

In Malaysia, the initiative to improve the mental health of schoolchildren first started in 2011 and is targeted to be implemented in stages. This initiative, known as the Healthy Mind Programme focuses on early identification of students at risk through screening, early detection of symptoms, identification of stress factors, counseling and early referral to the psychiatrist, where necessary (5).

1.1.4 Tobacco Control Policy and Regulation

To curb tobacco consumption among adolescents in Malaysia, the Control of Tobacco Products Regulations 2004 (CTPR), sub-regulations 11 and 13 were enforced (6). The sub-regulations 11, 1(j) states that "No person shall smoke in any area in an educational institution or a higher educational institution". In addition, sub-regulation 13, states that "A person under 18 years who smokes, chews, buy or has in his possession any tobacco products, whether for his own consumption or not, commit an offence and shall on conviction be liable to a fine not exceeding one thousand ringgit".

1.1.5 National Nutrition Policy

The National Nutrition Policy is aimed at ensuring nutritional wellbeing of the population (7). Under this policy, the Healthy School Canteen Management Guide was published in 2011(8). This guideline serves as a reference for school canteen operators in providing a supportive environment for the sale of nutritious foods and beverages in schools. In 2012, the Guidelines for Healthy Eating in Schools was established to ensure obese and malnourished students are referred for appropriate management (9).

1.1.6 Policies Related to Social Issues

The National Child Policy (10) and the National Child Protection Policy (11) emphasize on the right of the child for survival, development, protection, rehabilitation and participation. These policies are in line with the Convention on the Rights of the Child (CRC) (12) and Child Act 2001(13). In line with the Child Act 2001, school authorities can refer students in need of protection to the Welfare Department who act as the "Protector" for the child.

In 2009, the National Policy on Social and Reproductive Health Education was introduced (14). In line with this policy, several modules have been developed to empower school children on sexual reproductive health knowledge and skills.

1.1.7 Other Related Activities

A national committee, the *Jawatankuasa 3K* (3K Committee) was established by the Ministry of Education in 2007 to focus on issues related to cleanliness, health and safety in schools (15). Subsequent to this, committees at various levels (states, district and school) were formed to monitor the activities within the scope of these committees.

Various circulars also exist towards ensuring the health, safety and wellbeing of the schoolchildren. To address issues like bullying, violence and drug abuse, *Surat Pekeliling Ikhtisas Bil.8/2010: Garis Panduan Mencegah dan Menangani Perbuatan Buli Dalam Kalangan Murid di Sekolah* (16) and *Surat Pekeliling Ikhtisas Bil.6/2000: Menangani Masalah Keselamatan, Dadah dan Gengster* (17) were circulated.

Parent-Teacher Associations (PTA) also play a major role towards the success of programmes for the adolescents in school. In recognition of this, the Ministry of Education has established PTAs in all schools (18).

1.2 Research in Adolescent Health

A national study, the Youth Behaviour Risk Factor Surveillance (YBRFS) was conducted by the Institute for Health Behavioural Research in 2010. This study involved 4,088 students in Forms 1, 2 and 4 from 50 secondary schools (19). The Global Youth Tobacco Surveys were conducted in 2003 and 2009, to obtain information on tobacco consumption and its determinants (20, 21). Regional epidemiological oral health surveys for schoolchildren in Peninsular Malaysia were conducted in 1970 and 1988, while national level oral health surveys for schoolchildren were conducted in 1997 and 2007 (22, 23, 24, 25, 26). In addition to these national level studies, various smaller studies have been conducted to investigate risk behaviours and other health aspects among adolescents (27, 28).

2.0 METHODS

The 2012 Sabah and W.P. Labuan GSHS employed a two-stage cluster sampling design to produce a representative sample of students in Forms 1 to 5. The first-stage sampling frame consisted of all schools containing any of Forms 1 to 5. Schools were selected with probability proportional to school enrolment size. A total of 17 schools were selected to participate in the Sabah and W.P. Labuan GSHS. The second stage of sampling consisted of systematic random sampling of selected classrooms from each participating schools. All classrooms in each selected school were included in the sampling frame. All students in the sampled classrooms were eligible to participate in the GSHS.

A weighting factor was applied to each student record to adjust for non-response and for the varying probabilities of selection. The weight used for estimation is given by:

$$W = W1 * W2 * f1 * f2 * f3$$

- W1** = the inverse of the probability of selecting the school
- W2** = the inverse of the probability of selecting the classroom within the school
- f1** = a school-level non-response adjustment factor calculated by school size category (small, medium, large). The factor was calculated in terms of school enrollment instead of number of schools.
- f2** = a student-level non-response adjustment factor calculated by class
- f3** = a post-stratification adjustment factor calculated by class

The weighted results can be used to make important inferences about the priority health-risk behaviours and protective factors of all students in Forms 1 to 5.

For the 2012 Sabah and W.P. Labuan GSHS, 1,689 questionnaires were completed in 17 schools. The school response rate was 100%, while the students response rate was 87.6%. Overall, the response rate was 87.6%.

The data set was cleaned and edited for inconsistencies. Missing data were not statistically imputed. Software that takes into consideration the complex sample design was used to compute prevalence estimates and 95% confidence intervals. GSHS data is representative of all students attending Forms 1 to 5 in Sabah and W.P. Labuan.

Data collection was conducted from 23 February to 26 April 2012. Approvals from both the Ministry of Health Research and Ethics Committee and Ministry of Education Ethics Committee were obtained prior to the survey implementation. Following that, approval from relevant Ministry of Education officials at state, district and selected school levels were obtained. Parental consent forms were distributed to all students from selected classes and non-consented students were considered as non-response.

Survey procedures were designed to protect student privacy by allowing for anonymous and voluntary participation. The students completed the self-administered questionnaire during two classroom periods and recorded their responses directly on a computer-scannable answer sheet. Two teams of data collectors were formed and specially trained to conduct the GSHS. The data collectors included temporary staff and officials from the Institute for Public Health and Institute for Health Behavioural Research, Ministry of Health Malaysia.

The GSHS questionnaire contained 77 questions addressing the following topics:

- Alcohol consumption
- Dietary behaviours
- Drug use
- Hygiene (including oral hygiene)
- Mental health problems
- Physical activity
- Protective factors
- Sexual behaviours that contribute to HIV infection, other STIs, and unintended pregnancy
- Tobacco use
- Violence and unintentional injury

A bilingual questionnaire was developed based on the standard questionnaire used by the Global School-based Student Health Survey with additional local questions. A technical expert committee in the areas covered under GSHS was formed to finalize the questions.

2.1 Variable Definition

i. Alcohol Consumption

- Current alcohol use** : drinking at least one drink containing alcohol on one or more days during the past 30 days.
- A drink** : a glass of wine, tuak, lihing, bahar, ijuk or toddy; a bottle of beer; a small glass of liquor; or a mixed drink. Drinking alcohol does not include drinking a few sips of wine for religious purposes.
- Drunk** : Some signs of being really drunk are staggering when walking, not being able to speak right, and throwing up.

ii. Dietary Behavior

- At risk of becoming underweight** : body mass index below -2SD from median by age and sex.
- At risk of becoming overweight** : body mass index above +1SD from median by age and sex.
- At risk of becoming obese** : body mass index above +2SD by age and sex.
- Carbonated soft drinks** : includes Coca Cola, Sprite, and Pepsi (except diet soft drinks).
- Plain water** : includes mineral water, boiled water, or tap water.
- Fast food restaurant** : includes McDonalds, KFC and Pizza Hut.
- Breakfast** : a meal before 9.00 am.

iii. Drug Use

- Drug use** : includes taking of heroin, morphine, glue, methamphetamines, ecstasy, syabu, ice, ganja (except prescribed medicine).
- Ever used drug** : had used drug(s) at least once in their lifetime.
- Current use of/currently using drug** : had used drug(s) at least once in the past 30 days.

- iv. Physical Activity**
- Physical activity** : any activity that increases the heart rate and makes one breathe hard. Examples of physical activities include sports, playing with friends, walking to school, running, fast walking, biking or dancing.
- Physically active** : physically active for at least 60 minutes per day, for a minimum of five days per week (sum of all the time spent in any kind of physical activity each day).
- Sedentary behaviour** : spent at least three hours or more per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities.
- v. Protective Factors**
- Truancy** : missed class or school without permission for at least one day in the past 30 days.
- Peer support** : students in their school were kind and helpful most of the time or always during the past 30 days.
- Parental or guardian supervision** : parents or guardians had always or most of the time, checked to see if their homework was done in the past 30 days.
- Parental or guardian connectedness** : parents or guardians had always or most of the time, understood their problems and worries in the past 30 days.
- Parental or guardian bonding** : parents or guardians had always or most of the time, really knew what they were doing with their free time in the past 30 days.
- Parental or guardian respect for privacy** : parents or guardians had never or rarely went through their things without their approval in the past 30 days.
- vi. Sexual Behaviour**
- Sexual intercourse** : sexual acts of penetration of penis into vagina or anus.
- vii. Smoking**
- Current smoker** : smoke cigarette or other tobacco products on one or more days in the past 30 days.
- Other tobacco products** : tobacco products other than cigarettes including shisha/hookah, electronic cigarettes, snuff, chewing tobacco, pipes, curut, cigars, cigarillos or bidis.

viii. Violence and Unintentional Injury

- Physical attack** : occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two individuals or students of about the same strength or power choose to fight each other.
- Physical fight** : occurs when two individuals or students of about the same strength or power choose to fight each other.
- Serious injury** : injury resulting in student missing at least one full day of usual activities (such as school, sports, or a job) or requiring treatment by a doctor or medical personnel.
- Bullying** : occurs when a student or group of students say or do bad and unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.
- Physical abuse at home** : occurs when someone at home hit the student so hard that they left a mark or caused an injury.
- Verbal abuse at home** : occurs when someone at home says hurtful or insulting words to the student.

2.2. Objectives**2.2.1 General Objective**

To study the prevalence of health-related problems, risky behaviours and protective factors among secondary school students in Sabah and W.P. Labuan.

2.2.2 Specific Objectives

- i. To determine the prevalence of health-related problems such as poor personal hygiene, unhealthy dietary behaviours, physical inactivity, and mental health problems among students in Sabah and W.P. Labuan.
- ii. To identify the prevalence of risky behaviours in relation to alcohol consumption, tobacco use, illicit drug use, sexual behaviour and violence among students in Sabah and W.P. Labuan.
- iii. To assess the prevalence of protective factors against risky behaviours among students in Sabah and W.P. Labuan.

3.0 RESULTS

3.1 Socio-demographic Profile

Based on the Population and Housing Census Malaysia in 2010, the population of Sabah and W.P. Labuan was about 3.2 million people (29). Adolescents between the ages of 10 to 20 years accounted for 22.6% of the total population. In 2012, there were 191,243 students aged 12 to 17 years in a total of 217 secondary schools under Ministry of Education and Ministry of Rural Development in Sabah and W.P. Labuan (30).

A total of 1,924 students from Form 1 to 5 were selected in Sabah and W.P. Labuan from 17 randomly selected secondary schools, with 1,689 students or 87.6% responding to our survey. Of the respondents 50.3% were males (**Table 1.2**). About 22.8% were from Remove Class/Form 1, 21.0% from Form 2, 20.2% Form 3, 18.7% Form 4 and the remaining 17.3% Form 5 (**Table 1.3**). The ethnicity and parental marital status of the respondents are as shown in **Tables 1.4** and **1.5**.

3.2 Alcohol Consumption

Introduction

Worldwide, alcohol use causes 3% of deaths (1.8 million) annually, which is equal to 4% of the global disease burden. Across sub-regions of the world, the proportion of disease burden attributable to alcohol use is greatest in the Americas and Europe ranging from 8% to 18% of total burden for males and 2% to 4% of total burden for females. Besides the direct effects of intoxication and addiction, alcohol use causes about 20% to 30% of each of oesophageal cancer, liver disease, homicide and other intentional injuries, epilepsy, and motor vehicle accidents worldwide (31), and heavy alcohol use places one at greater risk for cardiovascular disease (32). In most countries, alcohol-related mortality is highest among 45 to 54 years, but the relationship between the age of initiation of alcohol use and the pattern of its use and abuse in adulthood makes the study of alcohol consumption among adolescents important (33). Intentional and unintentional injuries are far more common among youth and young adults. Unintentional injuries are the leading cause of death among 15 to 25 years and many of these injuries are related to alcohol use (34). Young people who drink are more likely to use tobacco and other drugs and engage in risky sexual behaviour, than those who do not drink (35, 36). Problems with alcohol can impair adolescents' psychological development and influence both the school environment and leisure time negatively (37).

Findings

The prevalence of current alcohol use among the students was 12.0% (95% CI: 6.57-20.89) (**Table 2.1.1**). Among students who ever consumed alcohol, 60.0% (95% CI: 51.90-67.64) had their first drink of alcohol before the age of 14 years (**Table 2.2.1**). Among the current drinkers, 27.2% (95% CI: 21.81-33.44) had drunk two or more drinks per day (**Table 2.3.1**). About 10.6% (95% CI: 5.79-18.61) of the students reported drunkenness (**Table 2.4.1**). Overall, 4.2% (95% CI: 2.75-6.48) of the students got into trouble with their family and friends, missed school, or got into fights one or more times as a result of drinking alcohol (**Table 2.5.1**). Among current drinkers, 28.1% (95% CI: 23.07-33.72) usually obtained alcohol drinks from their friends. They had also obtained alcohol drinks from other sources such as purchases from store, shop/street vendor [30.2% (95% CI: 21.45-40.73)], family [16.6% (95% CI: 13.67-20.03)] and "some other way" [16.0% (95% CI: 8.96-26.82)] (**Table 2.6.1**).

3.3 Dietary Behaviours

Introduction

Overweight in adolescence is associated with hyperlipidemia, raised blood pressure (hypertension), abnormal glucose tolerance, and adverse psychological and social consequences (38). These problems may persist into adulthood and increase the risks for coronary heart disease, diabetes, gallbladder disease, certain types of cancer, and osteoarthritis of the weight-bearing joints in later life. Nutritional deficiencies as a result of food insecurity (protein-energy malnutrition, iron, Vitamin A, and iodine deficiency) affect school participation and learning (39). Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances which are important for good health. Dietary patterns that include higher intakes of fruits and vegetables are associated with several health benefits, including a decreased risk for some types of cancer (40).

Findings

Overall, 5.8% (95% CI: 3.90-8.53) of the students were at risk of becoming underweight (**Table 3.1**). While 17.6% (95% CI: 12.41-24.31) were at risk of becoming overweight (**Table 3.2**) and 6.4% (95% CI: 4.08-9.98) were at risk of becoming obese (**Table 3.3**). In the past 30 days, 3.8% (95% CI: 2.80-5.24) of the students reported being hungry most of the time or always because there was not enough food in their home (**Table 3.4**). About 44.9% (95% CI: 39.08-50.89) of the students reported consuming fruits at least twice daily (**Table 3.5.1**) while, 33.4% (95% CI: 29.03-38.17) reported consuming vegetables at least three times daily (**Table 3.6.1**). A total of 31.8% (95% CI: 27.56-36.39) reported consuming both fruits and vegetables at least five times daily (**Table 3.6.2**). Overall, 38.7% (95% CI: 33.82-43.83) of the students reported consuming soft drinks at least once daily (**Table 3.7.1**). A total of 6.3% (95% CI: 4.78-8.31) reported consuming food from a fast food restaurant at least three days in the past seven days (**Table 3.8.1**). About 53.0% (95% CI: 47.23-58.68) reported consuming plain water at least five times daily in the past 30 days (**Table 3.9**). Only 20.2% (95% CI: 16.23-24.80) reported they had breakfast daily in the past seven days (**Table 3.10**). About 26.5% (95% CI: 22.85-30.54) of the students perceived they were slightly or very overweight (**Table 3.11.1**). Overall, 31.0% (95% CI: 27.55-34.68) reported they tried to lose weight (**Table 3.12.1**). Overall, 66.9% (95% CI: 62.25-71.30) reported they had tried to lose, gain or maintain the same weight (**Table 3.12.2**).

3.4 Drug Use

Introduction

Globally, it is estimated that in 2010 between 153 million and 300 million people aged 15-64 (3.4-6.6 per cent of the world's population in that age group) had used an illicit substance at least once in the previous year. With estimated annual prevalence of cannabis use in 2010 ranging from 2.6 to 5 per cent of the adult population (between 119 million and 224 million estimated users aged 15-64), cannabis remains the world's most widely used illicit substance. In terms of prevalence, amphetamine-type stimulants (ATS) (excluding "ecstasy") remain second only to cannabis, with an estimated prevalence of 0.3-1.2 per cent in 2010 (between 14.3 million and 52.5 million users) (41).

Findings

In Sabah and W.P. Labuan, 98.3% (95% CI: 97.25–98.94) of the students reported that they had never used drug during their lifetime, with 27 students reporting use of drug (**Table 4.2.1**).

3.5 Hygiene (Including Oral Hygiene)

Introduction

Dental caries affect between 60-90% of children in developing countries and is the most prevalent oral disease among children in several Asian and Latin American countries. In Africa, the incidence of dental caries is expected to rise drastically in the near future due to increased sugar consumption and inadequate fluoride exposure (42). In Malaysia, findings from the recent epidemiological oral health survey of schoolchildren in 2007 showed that 80.4% of 12 years schoolchildren and 89.4% of 16 years children have unhealthy periodontal conditions (25, 26). In addition to causing pain and discomfort, poor oral health can affect children's ability to communicate and learn. More than 50 million school hours are lost annually because of oral health problems (43). In both developed and developing countries, many children do not have access to water fluoridation or professional dental care. Daily tooth cleaning or brushing with a fluoridated toothpaste can help prevent dental caries and periodontal disease (44). Diarrhoeal diseases kill nearly 2 million children every year. Hygiene education and the promotion of hand washing can reduce the number of diarrhoeal cases by 45% (45). About 400 million school aged children are infected with worms worldwide. These parasites consume nutrients from children they infect, cause abdominal pain and malfunction and can impair learning by slowing cognitive development (46).

Findings

Only 2.8% (95% CI: 1.78-4.37) of the students reported brushing their teeth less than once daily in the past 30 days. The prevalence of students who reported brushing their teeth at least twice daily was 88.1% (95% CI: 83.06-91.74) (**Table 5.1.1**). Only 54.5% (95% CI: 48.23-60.65) reported use of fluoridated toothpaste and 31.0% (95% CI: 27.89-34.29) did not know whether their toothpaste contain fluoride (**Table 5.2**). About 12.8% (95% CI: 9.89-16.33) had missed class due to toothache in the past 12 months (**Table 5.3**). Only 29.8% (95% CI: 24.42-35.88) reported that they had their last dental visit in the past 12 months (**Table 5.4**). Overall, 19.1% (95% CI: 15.73-22.93) claimed that they had avoided smiling or laughing due to the appearance of their teeth (**Table 5.5**). In the past 30 days, 5.8% (95% CI: 4.05-8.20) of the students never or rarely wash their hands before eating (**Table 5.6**). About 4.7% (95% CI: 3.09-6.94) reported they never or rarely wash their hands after using the toilet (**Table 5.7**). A total of 11.6% (95% CI: 10.03-13.39) of students never or rarely use soap when washing their hands (**Table 5.8**).

3.6 Mental Health Problems

Introduction

Worldwide, approximately 20% of children and adolescents suffer from a disabling mental illness (47). Anxiety disorders, depression and other mood disorders, behavioural and cognitive disorders are among the most common mental health problems among adolescents (48). Half of all life time cases of mental disorders start by the age of 14 years. In Malaysia, the National Health and Morbidity Survey 2011 reported that prevalence of mental health problems among children and adolescent less than 16 years was 20.0% as compared to 19.4% in 2006 (49, 50). In every country and culture, there are children and adolescents who struggle with mental health problems. These young people are at high risk of delinquent behaviour, substance abuse, school failure, violent and criminal activities. Mental health problems among schoolchildren may lead to mental illness in adulthood. Suicide is the third leading cause of death among adolescents and worldwide, about 4 million adolescents attempt suicide each year (51, 52).

Findings

In the past 12 months, 8.8% (95% CI: 6.89-11.06) of the students had felt lonely most of the time or always (**Table 6.1**). Overall, 6.9% (95% CI: 5.83-8.21) were unable to sleep at night due to worry most of the time or always (**Table 6.2**). The prevalence of suicidal ideation was 8.8% (95% CI: 5.86-13.13) (**Table 6.3**). About 7.9% (95% CI: 6.05-10.17) had suicidal plan (**Table 6.4**) and 7.2% (95% CI: 6.10-8.39) had reported attempted suicide (**Table 6.5**). Overall, 3.2% (95% CI: 2.20-4.62) of students reported that they had no close friend at all (**Table 6.6**).

3.7 Physical Activity

Introduction

Participating in adequate physical activity throughout the life span and maintaining normal weight are the most effective ways of preventing many chronic diseases, including cardiovascular disease and diabetes (53). The prevalence of type 2 diabetes is increasing globally and now is occurring during adolescence and childhood (54). Participating in adequate physical activity also helps build and maintain healthy bones and muscles, control weight, reduce blood pressure, ensure a healthy blood profile, reduce fat, and promote psychological well being (55). It is estimated that about 60% of the world's population is not get enough physical activity. Patterns of physical activity acquired during childhood and adolescence are more likely to be maintained throughout the life span, thus sedentary behaviour adopted at a young age is likely to persist (56).

Findings

The prevalence of being physically active in the past seven days was 12.5% (95% CI: 10.07-15.48) and this was significantly higher among males [17.5% (95% CI:13.93-21.85)] than females [7.5% (95% CI:5.20-10.63)] (**Table 7.1**). Overall, 21.0% (95% CI: 17.22- 25.41) had been physically active for at least five days in the past seven days with significantly more males [27.5% (95% CI: 22.22-33.59) than females [14.5% (95% CI: 10.93-18.86) with this level of activity (**Table 7.1.1**). About 48.8% (95% CI: 40.42-57.28) of students did not walk or ride a bicycle to or from school in the past seven days (Table 7.2). Overall, 42.3% (95% CI: 34.01- 51.03) had engaged in sedentary activities (**Table 7.3.1**).

3.8 Protective Factors

Introduction

Adolescents who live in a social environment which provides meaningful relationships, encourages self-expression and also provides structure and boundaries, are less likely to initiate sex at a young age, less likely to experience depression, and less likely to use substances (57). Being liked and accepted by peers is crucial to young people's health development, and those who are not socially integrated are far more likely to exhibit difficulties with their physical and emotional health. Isolation from peers in adolescence can lead to feelings of loneliness and psychological symptoms. Interaction with friends tends to improve social skills and strengthen the ability to cope with stressful events (58). For most adolescents, school is the most important setting outside of the family. Adolescents who have a positive relationship with teachers and who have positive attitudes towards school are less likely to initiate sexual activity early, less likely to use substances, and less likely to experience depression. Parental bonding and connection are associated with lower levels of depression and suicidal ideation, alcohol use, sexual risk behaviours and violence (59).

Findings

The prevalence of truancy among the students in the past 30 days was 32.7% (95% CI: 26.81-39.19) (**Table 8.1**). Overall, 50.6% (95% CI: 45.25-55.86) reported of having peer support in the past 30 days, with a significantly higher prevalence among females [56.9% (95%: 52.12-61.58)] than males [44.3% (95%: 37.96-50.78)] (**Table 8.2**). Parental or guardian supervision was reported by 14.3% (95% CI: 10.96-18.38) of the students (**Table 8.3**) while, parental or guardian connectedness was reported by 30.6% (95%CI: 26.88-34.65) (**Table 8.4**). About 37.5% (95%CI: 34.06-41.09) reported of parental or guardian bonding (**Table 8.5**) and 75.9% (95%CI: 73.12-78.44) of the students reported having parental or guardian respect for privacy (**Table 8.6**).

3.9 Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

Introduction

AIDS has killed more than 25 million people since 1981. As of 2011, an estimated 34 million people were living with HIV (60, 61). Young people between the ages of 15 and 24 years old are the most at risk group and accounted for 40% of those newly infected with HIV in 2009 (61, 62). Every day, 2,400 young people get infected with more than 5 million young people living with HIV/AIDS globally. Young people need to know ways of preventing sexual transmission of the virus such as through the usage of condom. Worldwide, about 16 million women between 15-19 years old give birth each year, and this is equivalent to 11% of all births (62). UNICEF reported 10-40% of young unmarried girls has had unintended pregnancies (62). Births to unmarried adolescent mothers are far more likely to be unintended and are more likely to end in induced abortion; and about 2.5 million adolescents have unsafe abortion every year (63). Adolescents faced a higher risk of complications and death as a result of pregnancy than older women.

Findings

The prevalence of students who ever had sex was 9.6% (95% CI: 7.74-11.75) (**Table 9.1**). Among those who ever had sex, 65.1% (95% CI: 42.02-82.77) reported that the first had sex before the age of 14 years (**Table 9.2.1**). Among those who reported they ever had sex, 46.4% (95% CI: 26.55-67.51), used withdrawal/ safe period/ birth control pills as the method for birth control the last time they had sex (**Table 9.5**).

3.10 Tobacco Use

Introduction

About 1.1 billion people worldwide smoke and the number of smokers continue to increase. Among these, about 84% live in developing and transitional economy countries. Currently 5 million people die each year from tobacco consumption, the second leading cause of death worldwide. If present consumption patterns continue, it is estimated that deaths from tobacco consumption will reach 10 million people per year by 2020 (64). The overwhelming majority of smokers begin tobacco use before they reach adulthood. Among those young people who smoke, nearly one quarter smoked their first cigarette before they reached the age of ten. Smokers have markedly increased risks of multiple cancers, particularly lung cancer, and are at far greater risk of heart disease, strokes, emphysema, and many other fatal and non-fatal diseases. If they chew tobacco, they are at risk for cancer of the lip, tongue and mouth. Children are at particular risk from adults' smoking. Adverse health effects include pneumonia and bronchitis, coughing and wheezing, worsening of asthma, middle ear disease, and possibly neuro-behavioural impairment and cardiovascular disease in adulthood. Many studies show that parental smoking is associated with higher youth smoking in youth (65).

Findings

The prevalence of current cigarettes smokers was 14.8% (95% CI: 11.57-18.65) with significantly more males [25.8% (95% CI: 20.79-31.64)] than females [3.7% (95% CI: 2.03-6.56)] involved (**Table 10.1.1**). Among those who ever smoked cigarettes, 65.9% (95% CI: 56.69-74.06) had first tried a cigarette before the age of 14 years (**Table 10.2.1**). Overall, 5.5% (95% CI: 4.15-7.25) currently smoked tobacco products other than cigarettes with a higher prevalence among males 9.0% (95% CI: 7.06-11.33) than females 2.0% (95% CI: 0.87-4.49) (**Table 10.3.1**). Among those who smoked cigarettes in the past 12 months, 91.9% (95% CI: 85.79-95.56) had tried to stop smoking (**Table 10.5**). A total of 43.2% (95% CI: 36.17-50.59) reported having been exposed to people who smoked in their presence in the past seven days (**Table 10.6.1**). About 40.1% (95% CI: 36.8-43.48) had parents or guardians who used any form of tobacco including cigarettes (**Table 10.7**). Majority of the students 79.7% (95% CI: 74.43-84.14) reported they would definitely not smoke a cigarette in the next 12 months and it was significantly higher among females [92.2% (95% CI: 87.88-95.10)] than males [67.4% (95% CI: 59.30-74.63)] (**Table 10.8**). Additionally, majority [81.0% (95% CI: 76.76-84.67)] reported that they would definitely not smoke a cigarette if one of their best friends offered them a cigarette and this was significantly higher among females [92.2% (95% CI: 87.88-95.10)] than males [67.4% (95% CI: 59.30-74.63)] (**Table 10.9**). Among the non-smokers, 12.9% (95% CI: 10.09-16.23) were susceptible to smoking and this was significantly higher among males [19.2% (95% CI: 14.41-25.16)] than females [7.9% (95% CI: 5.09-11.95)] (**Table 10.10**).

3.11 Violence and Unintentional Injury

Introduction

Unintentional injuries is a major cause of death and disability among young children (66). Each year, about 875,000 children under the age of 18 years die from injuries and 10 to 30 million have their lives affected by injury. Injury is highly associated with age, and gender, in which males aged 10-14 years have 60% higher injury death rates than females. Teenagers aged 15-19 years have higher rates than those aged 10-14 years (64 compared to 29 per 100,000). Many unintentional injuries lead to permanent disability and brain damage, depression, substance abuse, suicide attempts, and the adoption of health risk behaviours. Victims of bullying have increased stress and a reduced ability to concentrate. Additionally, they are at increased risk for substance abuse, aggressive behavior and suicide attempts (67).

Findings

In the past 12 months, 31.9% (95% CI: 26.13–38.35) of the students had been physically attacked (**Table 11.1.1**) Overall, 29.3% (95% CI: 24.5–34.59) had been involved in a physical fight with significantly more males [38.2% (95% CI: 32.82–43.86)] than females [20.3% (95% CI: 15.17–26.60)] reported this (**Table 11.2.1**). About 34.8% (95% CI: 30.14–39.86) of the students had been seriously injured at least once in the past 12 months, with significantly more males [41.0% (95% CI: 36.2–45.89)] than females [28.7% (95% CI: 24.00–33.83)] (**Table 11.3.1**). Among those who had been seriously injured, the two most common injuries were “a cut or stab wound” [25.5% (95% CI: 18.52–33.92)] and a broken bone or dislocated joint [13.6% (95% CI: 10.03– 18.15)] (**Table 11.4**). The two most common causes of serious injury were fall [44.5% (95% CI: 36.80–52.40)] and “something fell on me or hit me” [76.% (95% CI: 5.50–10.28)] (**Table 11.5**). In the past 30 days, 19.0% (95% CI: 14.49 – 24.60) of the students had been bullied (**Table 11.6.1**). Reportedly, the two most common forms of bullying were “bullied in some other way” [27.8% (95% CI: 23.31– 32.83)] and “made fun of with sexual jokes, comments or gestures” [19.9% (95% CI: 13.55– 28.31)] (**Table 11.7**). In the past 30 days, about 12.8% (95% CI: 8.79–18.25) of the students had been physically abused at least once (**Table 11.8.1**) and 49.4% (95% CI: 43.22–55.53) had been verbally abused at least once at home (**Table 11.9.1**).

4.0 DISCUSSION

The prevalence of current alcohol use in Sabah and W.P. Labuan is higher than the national prevalence (12.0% vs 8.9%). As in other states, more than half of the current drinkers in Sabah and W.P. Labuan had their first drink before the age of 14 years and the prevalence was lower than the national figure (60.0% vs 63.5%). In contrast to other states where most of current drinkers obtained their drink from families, 30.2% of current drinkers in Sabah and W.P. Labuan purchased their alcoholic drinks from shops. Drunkenness among student in Sabah and W.P. Labuan was found to be higher than the finding at the national level (10.6% vs 6.3%).

A much lower prevalence of students are at risk of becoming underweight compared to the national figure (5.8% vs 8.8%). The prevalence for being at risk of overweight and obesity were both observed to be slightly lower compared to the national findings (17.6% vs 22.8% and 6.4% vs 9.5%, respectively). Consumption of fruit and vegetable at least five times daily was higher than the national prevalence (31.8% vs 28.7%). Consumption of soft drink and fast food were both higher compared to the national findings (38.7% vs 29.4% and 6.3% vs 6.0%, respectively). The prevalence of students who drank plain water at least five times daily and took breakfast daily were both almost similar to the national figures (53.0% vs 54.8% and 20.2% vs 19.2%, respectively).

More students reported they never or rarely wash their hands before eating compared to the national prevalence (5.8% vs 5.0%). The prevalence of students who never or rarely wash their hands after going to the toilet and never or rarely use soap when washing their hands were both lower than the national figures (4.7% vs 5.4% and 11.6% vs 13.7%, respectively). Majority of students (88.1%) brushed their teeth at least twice daily. The prevalence of students who reported the use of fluoridated toothpaste was almost similar to the national finding (54.5% vs 57.2%).

A higher prevalence of the students could not sleep at night due to worry compared to the national finding (6.9% vs 5.4%). About 8.8% reported feeling lonely most of the time in the past 12 months and this is higher than the national figure (8.1%). The prevalence of students who mentioned that they did not have a close friend was almost similar to the finding at the national level (3.2% vs 3.1%). Suicidal ideation, plan and attempt were higher compared to the national figures (8.8% vs 7.9%, 7.9% vs 6.4% and 7.2% vs 6.8%, respectively).

The prevalence of being physically active (spent at least 60 minutes daily on five or more days a week) was lower than the national prevalence (21.0% vs 22.7%). The prevalence of students who had engaged in sedentary activities such as watching television or playing computer game for at least three hours a day, was lower than the national level (42.3% vs 47.3%).

The prevalence of truancy among students in Sabah and W.P. Labuan was higher compared to the national finding (32.7% vs 30.9%). Peer support was higher compared to the national figure (50.6% vs 44.3%). Parental or guardian supervision and connectedness were both almost similar with the national prevalence (14.3% vs 14.2% and 30.6% vs 31.5%, respectively). However, the prevalence of parental or guardian bonding was lower than the finding at the national level (37.5% vs 43.1%).

The prevalence of students who reported they ever had sex was higher than the national finding (9.6% vs 8.3%). Among those who ever had sex, almost half of them reported using birth control methods other than condoms the last time they had sex and this figure was higher than national prevalence (46.4% vs 43.7%).

The prevalence of current cigarettes smokers was higher compared to the finding at the national level (14.8% vs 11.5%), while the prevalence of current smokers of other tobacco product was similar with the national figure (5.5% vs 5.5%). Among those who ever smoked, the prevalence of students who first tried a cigarette before the age of 14 years was lower than the national prevalence (65.9% vs 70.8%). The prevalence of students who were exposed to secondhand smoke from people smoking in their presence and the reported prevalence of parents or guardians who used any form of tobacco were both almost similar to the national figures (43.2% vs 41.6% and 40.1% vs 40.2%, respectively). Among students who were non-smokers, the prevalence of susceptibility to smoking was higher than the national finding (12.9% vs 9.6%).

The prevalence of students with at least one physical attack in the past 12 months was higher than national figure (31.9% vs 27.8%) and among all states, this figure was the highest. The involvement in at least one physical fight in the past 12 months was also higher than the national finding (29.3% vs 27.4%). The prevalence of sustaining at least one serious injury in the past one year was almost similar to the level at the national level (34.8% vs 34.9%). Slightly more students reported being bullied at least once in the past 30 days compared to the national finding (19.0% vs 17.9%). In comparison to the national figure, the prevalence of students who had been abused physically and verbally at home, at least once in the past 30 days were both higher in Sabah and W.P. Labuan (12.8% vs 11.1% and 49.4% vs 42.7%, respectively).

5.0 CONCLUSION

In Sabah and W.P. Labuan, the prevalence of students who had at least one physical attack in the past 12 months was the highest in the country. Other violent behavior such as involvement in a physical fight, having been bullied, and the experience of physical and verbal abuse at home were also observed to be higher than the national figures. Other areas of concern were risky behaviors such as tobacco and alcohol consumption, truancy and ever had sex. Additionally, poor mental health particularly suicidal behavior of students in Sabah and W.P. Labuan were observed to be higher than the national prevalence.

6.0 RECOMMENDATIONS

In view of the findings which has been highlighted above, the following recommendations are targeted at students and the environment surrounding them. Overall, there is a need to upscale the empowerment of students through enhancing appropriate knowledge and skills against risky behaviours. Additionally, there is also a need to strengthen the support for students concerned through multi-agency collaborative approaches. Thus, the following recommendations are made:

- i. Psychosocial factors that contribute to violence and mental health problems particularly suicidal behaviors need to be further explored.
- ii. Further in-depth studies are recommended to be conducted by relevant agencies to identify factors that may contribute to truancy and violence.
- iii. Empowerment of school counsellors with appropriate skills to identify the root causes of truancy and bullying, and to manage the problems through a multi-disciplinary approach.
- iv. Sexual reproductive health education at homes, school and community should be strengthened.
- v. There is a need to increase health awareness among students on the detrimental effects of alcohol consumption and the higher probability of alcohol addiction in later life if they start drinking during their adolescent years.
- vi. Further strengthening, regulation and enforcement of the Malaysia Food Act Regulation 1985 which prohibits the sales of alcoholic beverages to those below 18 years, is called for. There is a need for the minimum legal age (MLA) of alcohol consumption to be enacted.

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APPENDIX 1: TABLE OF FINDINGS

1.0 Socio - demographic Profile

Table 1.1: Students Form 1-5 by age group, Sabah and W.P. Labuan, 2012

Age	Total						Male						Female					
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper						Lower	Upper			Lower	Upper			
11 years	2	-	-	-	-	-	1	-	-	-	-	1	-	-	-			
12 years	16	-	-	-	-	-	11	-	-	-	-	5	-	-	-			
13 years	343	43918	22.7	16.42	30.40	22.0	168	21426	22.0	17.09	27.89	175	22492	23.3	15.16	34.14		
14 years	433	40893	21.1	15.28	28.39	21.4	228	20811	21.4	15.49	28.75	204	19988	20.7	14.59	28.59		
15 years	247	37347	19.3	10.71	32.21	18.6	136	18116	18.6	9.80	32.51	111	19231	19.9	11.19	33.02		
16 years	296	36874	19.0	11.53	29.75	18.7	128	18241	18.7	11.29	29.49	168	18634	19.3	10.78	32.20		
17 years	326	30250	15.6	10.69	22.22	15.9	151	15432	15.9	10.42	23.38	175	14818	15.4	10.31	22.30		
18 years or older	23	-	-	-	-	-	17	-	-	-	-	6	-	-	-	-		

Table 1.2: Students Form 1-5 by sex, Sabah and W.P. Labuan, 2012

Sex	Total					
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population
			Lower	Upper		
Male	842	97514	50.3	44.59	55.91	
Female	846	96527	49.7	44.09	55.41	

Table 1.3: Students Form 1-5 by Form, Sabah and W.P. Labuan, 2012

Form	Total						Male						Female					
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper						Lower	Upper			Lower	Upper			
Remove class /Form 1	341	44228	22.8	16.15	31.23	168	21886	22.5	17.01	29.21	173	22341	23.1	14.79	34.31			
Form 2	445	40632	21.0	15.48	27.76	231	20053	20.6	15.64	26.73	213	20485	21.2	15.06	29.05			
Form 3	250	39166	20.2	10.58	35.17	142	19440	20.0	9.41	37.58	108	19726	20.4	11.28	34.17			
Form 4	288	36246	18.7	10.45	31.21	127	18361	18.9	10.32	32.05	161	17885	18.5	9.73	32.43			
Form 5	362	33507	17.3	11.99	24.30	171	17418	17.9	11.65	26.58	191	16089	16.7	11.29	23.92			

Note :

- Fewer than 30 cases

Table 1.4: Students Form 1-5 by ethnicity, Sabah and W.P. Labuan, 2012

Ethnicity	Total				Male				Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Malay	425	50387	26.0	16.88	37.87	230	27084	27.8	17.87	40.61	194	23209	24.1	15.07	36.30
Chinese	196	22219	11.5	3.05	34.84	113	12746	13.1	3.09	41.59	83	9474	9.8	3.09	27.21
Indian	14	-	-	-	-	8	-	-	-	-	6	-	-	-	-
Bumiputera Sabah	912	103282	53.4	40.22	66.04	423	48465	49.8	35.87	63.78	489	54817	57.0	44.77	68.40
Bumiputera Sarawak	10	-	-	-	-	5	-	-	-	-	5	-	-	-	-
Others	128	14872	7.7	4.86	11.93	61	7463	7.7	4.88	11.86	67	7409	7.7	4.38	13.19

Table 1.5: Students Form 1-5 by parental marital status, Sabah and W.P. Labuan, 2012

Parental Marital Status	Total				Male				Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Married and living together	1377	158404	81.8	80.29	83.26	698	81105	83.3	81.21	85.28	678	678	80.3	77.45	82.82
Married but living apart due to working in another place	80	9193	4.7	3.67	6.12	41	5037	5.2	3.69	7.21	39	4157	4.3	2.70	6.84
Divorced	84	9278	4.8	3.62	6.32	34	3683	3.8	2.60	5.47	50	5595	5.8	3.86	8.67
Widower	79	8835	4.6	3.32	6.25	37	4092	4.2	2.57	6.81	42	4743	4.9	3.50	6.90
Separated	28	-	-	-	-	13	-	-	-	-	15	-	-	-	-
Don't know	36	4795	2.5	1.37	4.45	17	1832	1.9	1.28	2.77	19	2963	3.1	1.25	7.36

Note :

- Fewer than 30 cases

2.0 Alcohol Consumption

Table 2.1: Number of days had at least one drink containing alcohol in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total				Male				Female			
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	
			Lower	Upper			Lower	Upper			Lower	Upper
0 day	1468	168980	88.0	79.11 93.43	694	80446	83.8	74.31 90.21	773	88440	92.2	83.47 96.55
1 or 2 days	160	17873	9.3	5.05 16.52	101	11558	12.0	7.29 19.22	59	6315	6.6	2.85 14.47
3 to 5 days	24	-	-	- - -	18	-	-	- - -	6	-	-	- - -
6 to 9 days	9	-	-	- - -	7	-	-	- - -	2	-	-	- - -
10 to 19 days	5	-	-	- - -	5	-	-	- - -	0	-	-	- - -
20 to 29 days	0	-	-	- - -	0	-	-	- - -	0	-	-	- - -
All 30 days	3	-	-	- - -	3	-	-	- - -	0	-	-	- - -

Table 2.1.1: Prevalence of drunk at least one drink containing alcohol on one or more days in the past 30 days (current drinkers), students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	
			Lower	Upper			Lower	Upper			Lower	Upper
Yes	201	23019	12.0	6.57 20.89	134	15583	16.2	9.79 25.69	67	7436	7.8	3.45 16.53
No	1468	168980	88.0	79.11 93.43	694	80446	83.8	74.31 90.21	773	88440	92.2	83.47 96.55

Table 2.2: Age when had first drink of alcohol, students Form 1-5, Sabah and W.P. Labuan, 2012

Age	Total				Male				Female			
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	
			Lower	Upper			Lower	Upper			Lower	Upper
Never had a drink of alcohol	1142	131958	73.7	57.26 85.39	517	60295	67.4	50.99 80.46	624	71569	79.9	62.77 90.35
7 years or younger	39	4533	2.5	1.53 4.17	25	2848	3.2	1.76 5.71	14	2848	3.2	1.76 5.71
8 or 9 years	29	-	-	- - -	19	-	-	- - -	10	-	-	- - -
10 or 11 years	62	7039	3.9	1.98 7.64	33	3694	4.1	2.02 8.24	29	3345	3.7	1.89 7.24
12 or 13 years	123	13686	7.6	3.55 15.70	69	7994	8.9	4.64 16.54	54	5693	6.4	2.44 15.54
14 or 15 years	121	13771	7.7	4.87 11.94	74	8946	10.0	6.61 14.85	47	4826	5.4	2.72 10.37
16 years or older	50	5074	2.8	1.32 5.96	34	3596	4.0	1.94 8.14	16	1478	1.7	0.63 4.28

Note:

- Fewer than 30 cases

Table 2.2.1: First drink of alcohol before the age of 14 years, among current drinker, students Form 1-5, Sabah and W.P. Labuan, 2012

Age	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	253	28305	60.0	51.90	67.64	146	16593	57.0	49.90	63.73	107	11711	65.0	53.36	75.10			
No	171	18846	40.0	32.36	48.10	108	12542	43.0	36.27	50.10	63	6304	35.0	24.90	46.64			

Table 2.3: Number of drinks usually taken on the day that alcohol is consumed in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Drinks	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not drink alcohol in the past 30 days	1441	166040	85.9	74.94	92.50	682	79192	81.5	70.17	89.17	758	86754	90.3	79.71	95.64			
Less than one drink	100	11279	5.8	2.98	11.10	57	6470	6.7	3.89	11.17	43	4809	5.0	1.88	12.62			
1 drink	77	8613	4.5	2.53	7.72	53	6137	6.3	3.85	10.20	24	2477	2.6	1.25	5.25			
2 drinks	30	3528	1.8	0.93	3.53	22	2439	2.5	1.28	4.87	8	1088	1.1	0.44	2.88			
3 drinks	12	-	-	-	-	8	-	-	-	-	4	-	-	-	-			
4 drinks	4	-	-	-	-	2	-	-	-	-	2	-	-	-	-			
5 or more drinks	19	-	-	-	-	15	-	-	-	-	4	-	-	-	-			

Table 2.3.1: Prevalence of taking at least two drinks on the day that alcohol is consumed in the past 30 days, among current drinkers, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	65	7445	27.2	21.81	33.44	47	5385	29.9	22.46	38.65	18	2060	22.0	15.53	30.32			
No	177	19892	72.8	66.56	78.19	110	12607	70.1	61.35	77.54	67	7285	78.0	69.68	84.47			

Note:
- Fewer than 30 cases

Table 2.4: Number of times got drunk in their lifetime, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Times	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 time	1478	170410	89.4	81.39	94.21	691	80100	84.8	75.74	90.94	786	90215	93.9	86.96	97.23					
1 or 2 times	130	14386	7.5	3.82	14.37	85	9852	10.4	5.93	17.72	45	4534	4.7	1.88	11.32					
3 to 9 times	29	-	-	-	-	24	-	-	-	-	5	-	-	-	-					
10 or more times	21	-	-	-	-	15	-	-	-	-	6	-	-	-	-					

Table 2.4.1: Prevalence of drunkenness, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	180	20208	10.6	5.79	18.61	124	14311	15.2	9.06	24.26	56	5897	6.1	2.77	13.04					
No	1478	170410	89.4	81.39	94.21	691	80100	84.8	75.74	90.94	786	90215	93.9	86.96	97.23					

Table 2.5: Number of times "got into trouble with family or friends, missed school, or got into fights, as a result of drinking alcohol", students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Times	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 time	1551	177262	95.8	93.52	97.25	764	88312	94.3	91.72	96.16	786	88857	97.2	94.61	98.58					
1 or 2 times	46	5238	2.8	1.57	5.06	30	3516	3.8	2.34	5.98	16	1722	1.9	0.73	4.79					
3 to 9 times	13	-	-	-	-	10	-	-	-	-	3	-	-	-	-					
10 or more times	6	-	-	-	-	3	-	-	-	-	3	-	-	-	-					

Table 2.5.1: Prevalence of ever "got into trouble with family or friends, missed school, or got into fights, as a result of drinking alcohol", student Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	65	7853	4.2	2.75	6.48	43	5304	5.7	3.84	8.28	22	2549	2.8	1.42	5.39					
No	1551	177262	95.8	93.52	97.25	764	88312	94.3	91.72	96.16	786	88857	97.2	94.61	98.58					

Note:

- Fewer than 30 cases

Table 2.6: Usual sources of obtaining alcohol in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Source	Total			Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Did not drink alcohol in the past 30 days	1436	165467	86.6	76.13	92.94	675	78284	81.9	70.88	89.42	760	87089	91.3	80.77	96.36
Bought in a store, shop or from street vendor	68	7716	4.0	2.18	7.36	54	6262	6.6	3.67	11.43	14	1454	1.5	0.64	3.58
Gave someone else money to buy it	10	-	-	-	-	10	-	-	-	-	0	-	-	-	-
*Friends	60	7171	3.8	2.10	6.61	41	4864	5.1	3.12	8.20	19	2307	2.4	0.99	5.78
Family	41	4240	2.2	1.15	4.24	17	1789	1.9	0.87	3.95	24	2456	2.6	1.21	5.42
Stole or got it without permission	10	-	-	-	-	5	-	-	-	-	5	-	-	-	-
Some other way	36	4076	2.1	0.75	5.96	22	2523	2.6	0.89	7.61	14	1553	1.6	0.51	5.11

Table 2.6.1: Usual sources of obtaining alcohol in the past 30 days, among current drinkers, students Form 1-5, Sabah and W.P. Labuan, 2012

Source	Total			Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Store,shop/street vendor	68	7716	30.2	21.45	40.73	54	6262	36.3	25.34	48.84	14	1454	17.6	10.52	27.93
Gave someone else money to buy it	10	-	-	-	-	10	-	-	-	-	0	-	-	-	-
Friends	60	7171	28.1	23.07	33.72	41	4864	28.2	21.50	35.98	19	2307	27.9	17.71	41.05
Family	41	4240	16.6	13.67	20.03	17	1784	10.3	6.50	16.04	24	2456	29.7	21.61	39.32
Stole/got without permission	10	-	-	-	-	5	-	-	-	-	5	-	-	-	-
Some other way	36	4076	16.0	8.96	26.82	22	2523	14.6	6.49	29.68	14	1553	18.8	11.64	28.88

Note: - Fewer than 30 cases

3.0 Dietary Behaviours

Table 3.1: Prevalence of underweight among students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total			Male				Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	95% CI		
				Lower	Upper				Lower	Upper			Lower	Upper	
Yes	91	10819	5.8	3.90	8.53	59	7022	7.6	5.07	11.20	32	3796	4.0	2.23	7.19
No	1532	175822	94.2	91.47	96.10	740	85589	92.4	88.80	94.93	792	90233	96.0	92.81	97.77

Table 3.2: Prevalence of overweight among students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total			Male				Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	95% CI		
				Lower	Upper				Lower	Upper			Lower	Upper	
Yes	286	32820	17.6	12.41	24.31	176	20530	22.2	14.59	32.21	110	12290	13.1	10.10	16.76
No	1337	153821	82.4	75.69	87.59	623	72081	77.8	67.79	85.41	714	81739	86.9	83.24	89.90

Table 3.3: Prevalence of obesity among students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total			Male				Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	95% CI		
				Lower	Upper				Lower	Upper			Lower	Upper	
Yes	105	11997	6.4	4.08	9.98	70	8207	8.9	5.64	13.65	35	3789	4.0	2.33	6.88
No	1518	174644	93.6	90.02	95.92	729	84405	91.1	86.35	94.36	789	90240	96.0	93.12	97.67

Table 3.4: Prevalence* of students who had gone hungry because there was not enough food at home in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female			
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI	
			%	Upper Lower			%	Upper Lower			%	Upper Lower
Never	674	78249	40.5	37.05 44.06	320	37594	38.7	34.90 42.74	354	40655	42.3	35.63 49.23
Rarely	488	55725	28.8	25.33 32.64	279	31781	32.8	27.90 38.01	209	23944	24.9	20.67 29.68
Sometimes	449	51779	26.8	24.70 29.02	193	22655	23.3	21.00 25.87	256	29124	30.3	27.20 33.57
Most of the time	35	3640	1.9	1.06 3.33	18	1946	2.0	0.84 4.69	17	1695	1.8	1.18 2.62
Always	35	3773	2.0	1.37 2.78	28	3046	3.1	2.19 4.48	7	726	0.8	0.30 1.89
*Most of the time or always	70	7413	3.8	2.80 5.24	46	4992	5.1	3.71 7.09	24	2421	2.5	1.62 3.90

Table 3.5: Frequency of fruit intake daily in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female			
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI	
			%	Upper Lower			%	Upper Lower			%	Upper Lower
Did not eat fruit in the past 30 days	156	18452	9.5	7.49 12.08	76	9143	9.4	6.65 13.20	80	9309	9.7	7.40 12.53
Less than 1 time per day	405	46058	23.8	19.58 28.64	209	24246	25.0	20.94 29.56	196	21811	22.6	17.47 28.81
1 time per day	364	42028	21.7	19.06 24.66	169	19919	20.5	16.82 24.83	195	22110	23.0	19.25 27.13
2 times per day	399	45639	23.6	18.51 29.58	172	19475	20.1	15.22 26.01	226	26070	27.1	21.85 33.01
3 times per day	208	24101	12.5	10.46 14.79	123	14198	14.6	12.12 17.58	85	9903	10.3	7.59 13.79
4 times per day	57	6776	3.5	2.40 5.09	33	3664	3.8	2.32 6.09	24	3112	3.2	2.08 4.99
5 or more times per day	94	10333	5.3	4.07 6.99	56	6332	6.5	4.91 8.64	38	4001	4.2	2.37 7.19

Table 3.5.1: Prevalence of fruit intake of at least twice daily in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI	
			%	Upper Lower			%	Upper Lower			%	Upper Lower
Yes	758	86849	44.9	39.08 50.89	384	43670	45.0	38.43 51.81	373	43086	44.7	38.27 51.38
No	925	106538	55.1	49.11 60.92	454	53308	55.0	48.19 61.57	471	53230	55.3	48.62 61.73

Table 3.6: Daily frequency of vegetable intake in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female			
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI	
			%	Lower Upper			%	Lower Upper			%	Lower Upper
Did not vegetables in the past 30 days	67	8268	4.3	2.86 6.30	42	4923	5.1	2.90 8.66	25	3345	3.5	2.24 5.33
Less than 1 time per day	185	22023	11.3	9.09 14.08	107	12538	12.9	10.00 16.41	78	9485	9.8	7.31 13.09
1 time per day	285	32861	16.9	13.90 20.47	147	17181	17.6	14.33 21.50	138	15681	16.2	12.66 20.60
2 times per day	579	66003	34.0	30.33 37.89	254	29287	30.1	26.78 33.55	325	36717	38.0	32.67 43.71
3 times per day	317	35952	18.5	15.98 21.38	155	17958	18.4	15.17 22.20	162	17994	18.6	15.42 22.36
4 times per day	87	10102	5.2	3.90 6.92	45	5288	5.4	4.08 7.18	42	4815	5.0	3.23 7.62
5 or more times per day	168	18847	9.7	7.60 12.34	91	10262	10.5	8.13 13.53	76	8491	8.8	6.50 11.81

Table 3.6.1: Prevalence of vegetable intake of at least three times daily in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI	
			%	Lower Upper			%	Lower Upper			%	Lower Upper
Yes	572	64901	33.4	29.03 38.17	291	33508	34.4	28.77 40.48	280	31300	32.4	27.48 37.80
No	1116	129155	66.6	61.83 70.97	550	63929	65.6	59.52 71.23	566	65227	67.6	62.20 72.52

Table 3.6.2: Prevalence of fruits and vegetable intake of at least five times daily in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI	
			%	Lower Upper			%	Lower Upper			%	Lower Upper
Yes	1139	131867	68.2	63.61 72.44	537	62910	64.9	59.04 70.29	602	68958	71.6	67.53 75.34
No	544	61519	31.8	27.56 36.39	301	34068	35.1	29.71 40.96	242	27358	28.4	24.66 32.47

Table 3.7: Daily frequency for consumption of carbonated soft drinks in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female						
	Unweighted Count	Estimated Population	%		Unweighted Count	Estimated Population	%		Unweighted Count	Estimated Population	%				
			Lower	Upper			Lower	Upper			Lower	Upper			
Did not drink carbonated soft drink in past 30 days	311	35088	18.1	14.73	22.01	149	17320	17.8	13.51	23.05	162	17768	18.4	14.31	23.35
Less than 1 time per day	725	83831	43.2	40.00	46.48	356	41148	42.3	38.15	46.46	369	42684	44.2	40.34	48.17
1 time per day	350	41324	21.3	17.72	25.38	173	20585	21.1	17.29	25.58	177	20739	21.5	17.09	26.64
2 times per day	157	17951	9.3	7.39	11.52	84	9442	9.7	7.18	12.98	73	8508	8.8	6.52	11.81
3 times per day	67	7141	3.7	2.48	5.44	36	3832	3.9	2.58	5.97	31	3309	3.4	2.10	5.55
4 times per day	31	3503	1.8	1.25	2.60	14	1728	1.8	1.16	2.71	16	1681	1.7	1.08	2.80
5 or more times per day	47	5171	2.7	2.06	3.44	29	3334	3.4	2.46	4.75	18	1837	1.9	1.02	3.52

Table 3.7.1: Prevalence of at least once a day consumption of carbonated soft drinks in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	%		Unweighted Count	Estimated Population	%		Unweighted Count	Estimated Population	%				
			Lower	Upper			Lower	Upper			Lower	Upper			
Yes	652	75090	38.7	33.82	43.83	336	38921	40.0	34.75	45.42	315	36075	37.4	31.59	43.54
No	1036	118919	61.3	56.17	66.18	505	58467	60.0	54.58	65.25	531	60452	62.6	56.46	68.41

Table 3.8: Frequency of consuming food from a fast food restaurant in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female						
	Unweighted Count	Estimated Population	%		Unweighted Count	Estimated Population	%		Unweighted Count	Estimated Population	%				
			Lower	Upper			Lower	Upper			Lower	Upper			
0 day	887	102948	53.1	46.57	59.49	443	51851	53.2	47.05	59.32	443	51003	52.9	45.28	60.36
1 day	526	60258	31.1	27.73	34.62	260	29872	30.7	26.40	35.29	266	30386	31.5	27.37	35.96
2 days	163	18476	9.5	7.08	12.71	78	8897	9.1	6.65	12.42	85	9579	9.9	6.76	14.37
3 days	68	7282	3.8	2.65	5.29	36	3940	4.0	2.32	6.95	32	3342	3.5	2.31	5.18
4 days	27	-	-	-	-	15	-	-	-	-	12	-	-	-	-
5 days	6	-	-	-	-	2	-	-	-	-	4	-	-	-	-
6 days	3	-	-	-	-	1	-	-	-	-	2	-	-	-	-
7 days	7	-	-	-	-	6	-	-	-	-	1	-	-	-	-

Note:
- Fewer than 30 cases

Table 3.8.1: Prevalence of consuming food from a fast food restaurant of at least three days in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	111	12248	6.3	4.78	8.31	60	6782	7.0	4.79	10.01	51	5466	5.7	4.12	7.76			
No	1576	181682	93.7	91.69	95.22	781	90620	93.0	89.99	95.21	794	90968	94.3	92.24	95.88			

Table 3.9: Daily frequency of plain water intake in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Did not drink plain water in past 30 days	13	-	-	-	-	9	-	-	-	-	-	4	-	-	-	-		
Less than 1 time per day	49	6052	3.1	1.93	5.07	29	3407	3.5	2.10	5.80	20	2644	2.8	1.44	5.27			
1 time per day	49	5979	3.1	2.19	4.38	30	3661	3.8	2.10	6.65	19	2318	2.4	1.68	3.50			
2 times per day	106	12457	6.5	5.34	7.82	50	5873	6.0	4.75	7.65	56	6584	6.9	5.42	8.77			
3 times per day	229	26267	13.6	11.93	15.54	117	13251	13.6	11.60	15.95	112	13017	13.7	10.46	17.63			
4 times per day	318	38056	19.8	16.21	23.86	151	17839	18.4	14.74	22.61	167	20217	21.2	17.41	25.58			
5 or more times per day	913	102085	53.0	47.23	58.68	453	52109	53.6	47.43	59.67	459	49882	52.3	45.51	59.06			

Table 3.10: Frequency of breakfast intake in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
0 day	294	34231	17.7	14.69	21.06	141	16517	17.0	15.01	19.11	153	17714	18.4	13.29	24.83			
1 day	333	38405	19.8	15.62	24.79	160	18505	19.0	14.10	25.10	173	19901	20.6	16.40	25.62			
2 days	270	30864	15.9	13.50	18.67	140	16214	16.7	13.69	20.10	129	14556	15.1	11.47	19.61			
3 days	176	20029	10.3	8.56	12.41	88	9922	10.2	8.78	11.79	88	10107	10.5	7.23	14.97			
4 days	86	10294	5.3	3.84	7.29	42	5018	5.2	3.17	8.26	44	5277	5.5	3.93	7.57			
5 days	138	15497	8.0	5.59	11.31	58	6600	6.8	4.57	9.93	80	8897	9.2	5.94	14.07			
6 days	48	5464	2.8	2.04	3.88	25	2792	2.9	1.92	4.26	23	2672	2.8	1.64	4.65			
7 days	342	39128	20.2	16.23	24.80	187	21815	22.4	17.46	28.25	155	17313	18.0	13.34	23.73			

Note:
- Fewer than 30 cases

Table 3.11: Perception of body weight, students Form 1-5, Sabah and W.P. Labuan, 2012

Perception	Total					Male					Female				
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Very underweight	212	25324	13.4	10.26	17.22	117	13858	14.5	10.22	20.20	95	11466	12.2	9.25	15.91
Slightly underweight	305	34882	18.4	15.70	21.45	177	20366	21.3	18.33	24.65	128	14516	15.4	12.00	19.64
Right weight	684	79064	41.7	37.12	46.46	346	39963	41.8	36.08	47.83	338	39101	41.6	36.18	47.21
Slightly overweight	371	42023	22.2	18.98	25.73	148	17243	18.1	14.15	22.75	223	24780	26.4	22.76	30.30
Very overweight	77	8240	4.3	3.21	5.87	37	4086	4.3	2.72	6.66	40	4154	4.4	2.91	6.65

Table 3.11.1: Prevalence of perception of being slightly or very overweight, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total					Male					Female				
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Yes	448	50263	26.5	22.85	30.54	185	21328	22.3	17.49	28.05	263	28934	30.8	26.26	35.69
No	1201	139270	73.5	69.46	77.15	640	74187	0.8	71.95	82.51	561	65083	0.7	64.31	73.74

Table 3.12: Action taken based on perceived students Form 1-5, Sabah and W.P. Labuan, 2012

Action Taken	Total					Male					Female				
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Not trying to do anything	531	62813	33.1	28.70	37.75	268	32062	33.2	26.79	40.38	263	30751	32.9	29.54	36.43
Tried to lose weight	521	58891	31.0	27.55	34.68	227	25990	26.9	22.34	32.10	294	32901	35.2	31.34	39.25
Tried to gain weight	269	29627	15.6	13.44	18.03	152	16853	17.5	14.72	20.61	117	12774	13.7	11.23	16.52
Tried to maintain same weight	333	38631	20.3	18.29	22.54	186	21565	22.4	19.53	25.46	147	17066	18.3	14.43	22.82

Table 3.12.1: Prevalence of attempting to lose weight, Students Form 1-5 by age group, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper
Yes	521	58891	31.0	27.55 34.68	227	25990	26.9	22.34 32.10	294	32901	35.2	31.34 39.25
No	1133	131071	69.0	65.32 72.45	606	70480	73.1	67.90 77.66	527	60590	64.8	60.75 68.66

Table 3.12.2: Prevalence of attempting either to lose gain or maintain their weight, Students Form 1-5 by age group, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper
Yes	1123	127149	66.9	62.25 71.30	565	64408	66.8	59.62 73.21	558	62740	67.1	63.57 70.46
No	531	62813	33.1	28.70 37.75	268	32062	33.2	26.79 40.38	263	30751	32.9	29.54 36.43

4.0 Drug Use

Table 4.1: Frequency of ever used drug, students Form 1 -5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
0 time	1660	190569	98.3	97.25	98.94	97.1	94454	97.1	95.73	98.04	99.5	96021	99.5	98.11	99.86	98.11	99.86	
1 or 2 times	11	-	-	-	-	-	9	-	-	-	-	2	-	-	-	-	-	
3 to 9 times	8	-	-	-	-	-	8	-	-	-	-	0	-	-	-	-	-	
10 to 19 times	4	-	-	-	-	-	3	-	-	-	-	1	-	-	-	-	-	
20 or more times	4	-	-	-	-	-	4	-	-	-	-	0	-	-	-	-	-	

Table 4.1.1: Prevalence of ever used drug, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	27	-	-	-	-	24	-	-	-	-	-	3	-	-	-	-	-	
No	1660	190569	98.3	97.25	98.94	816	94454	97.1	95.73	98.04	99.5	96021	99.5	98.11	99.86	98.11	99.86	

Table 4.2: Age when first used drug, students Form 1-5, Sabah and W.P. Labuan, 2012

Age	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Never used drugs	1601	183327	98.3	96.92	99.04	779	89831	97.1	95.57	98.16	99.4	93403	99.4	97.83	99.84	97.83	99.84	
7 years or younger	9	-	-	-	-	8	-	-	-	-	-	1	-	-	-	-	-	
8 or 9 years	4	-	-	-	-	4	-	-	-	-	-	0	-	-	-	-	-	
10 or 11 years	3	-	-	-	-	2	-	-	-	-	-	1	-	-	-	-	-	
12 or 13 years	3	-	-	-	-	2	-	-	-	-	-	1	-	-	-	-	-	
14 or 15 years	5	-	-	-	-	5	-	-	-	-	-	0	-	-	-	-	-	
16 years or older	0	-	-	-	-	0	-	-	-	-	-	0	-	-	-	-	-	

Note: - Fewer than 30 cases

Table 4.2.1: Prevalence of first use of drug before the age of 14 years, among ever used drugs, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	19	-	-	-	-	16	-	-	-	-	-	3	-	-	-	-	-	
No	5	-	-	-	-	5	-	-	-	-	-	0	-	-	-	-	-	

Table 4.3: Frequency of drug use among current drug users, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
0 time	1664	191085	98.6	96.92	99.39	820	95011	97.8	95.56	98.94	843	95981	99.4	97.53	99.87			
1 or 2 times	7	-	-	-	-	6	-	-	-	-	1	-	-	-	-			
3 to 9 times	5	-	-	-	-	4	-	-	-	-	1	-	-	-	-			
10 to 19 times	6	-	-	-	-	5	-	-	-	-	1	-	-	-	-			
20 or more times	4	-	-	-	-	4	-	-	-	-	0	-	-	-	-			

Table 4.3.1: Prevalence of current drug users, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	22	-	-	-	-	19	-	-	-	-	-	3	-	-	-	-		
No	1664	191085	98.6	96.92	99.39	820	95011	97.8	95.56	98.94	843	95981	99.4	97.53	99.87			

Note:

- Fewer than 30 cases

Table 4.4: Usual sources of obtaining drugs in the past 30 day, students Form 1-5, Sabah and W.P. Labuan, 2012

Source	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	95% CI		%	95% CI					
				Lower	Upper		Lower	Upper		Lower	Upper				
Did not use drug in the past 30 days	1654	189712	98.0	95.87	99.06	812	93856	96.7	94.08	98.21	841	95762	99.3	96.83	99.86
*Bought from someone	11	-	-	-	-	7	-	-	-	-	4	-	-	-	-
Gave someone else money to buy it	9	-	-	-	-	9	-	-	-	-	0	-	-	-	-
Stole/got without permission	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-
Friends	2	-	-	-	-	2	-	-	-	-	0	-	-	-	-
Family	2	-	-	-	-	2	-	-	-	-	0	-	-	-	-
Some other way	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-

Table 4.4.1: Prevalence of purchasing drug from someone in the past 30 day, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	95% CI		%	95% CI					
				Lower	Upper		Lower	Upper		Lower	Upper				
Yes	11	-	-	-	-	7	-	-	-	-	4	-	-	-	-
No	19	-	-	-	-	19	-	-	-	-	0	-	-	-	-

Table 4.5: Frequency of ever used marijuana, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	95% CI		%	95% CI					
				Lower	Upper		Lower	Upper		Lower	Upper				
0 time	1663	191021	99.3	97.96	99.73	822	95349	98.8	97.62	99.43	840	95577	99.7	96.98	99.97
1 or 2 times	5	-	-	-	-	4	-	-	-	-	1	-	-	-	-
3 to 9 times	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-
10 to 19 times	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-
20 or more times	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-

Note:
 - Fewer than 30 cases

Table 4.5.1: Prevalence of ever used marijuana, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	11	-	-	-	-	10	-	-	-	-	1	-	-	-	-	-	-	-	-	-
No	1663	191021	99.3	97.96	99.73	822	95349	98.8	97.62	99.43	840	95577	99.7	96.98	99.97	-	-	-	-	-

Table 4.6: Frequency of used marijuana in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 time	1666	191253	99.2	97.97	99.68	822	95039	98.4	95.99	99.35	843	96120	100.0	0.00	100.00	-	-	-	-	-
1 or 2 times	4	-	-	-	-	4	-	-	-	-	0	-	-	-	-	-	-	-	-	-
3 to 9 times	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-	-	-	-	-	-
10 to 19 times	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-	-	-	-	-	-
20 or more times	2	-	-	-	-	2	-	-	-	-	0	-	-	-	-	-	-	-	-	-

Table 4.6.1: Prevalence of current marijuana use, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	12	-	-	-	-	12	-	-	-	-	0	-	-	-	-	-	-	-	-	-
No	1666	191253	99.2	97.97	99.68	822	95039	98.4	95.99	99.35	843	96120	100.0	0.00	100.00	-	-	-	-	-

Note:

- Fewer than 30 cases

Table 4.7: Frequency of ever used amphetamines or metamphetamines, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1630	186816	98.9	97.90	99.42	797	91807	97.8	95.81	98.82	832	94914	100.0	0.00	100.00			
1 or 2 times	6	-	-	-	-	6	-	-	-	-	0	-	-	-	-			
3 to 9 times	5	-	-	-	-	5	-	-	-	-	0	-	-	-	-			
10 to 19 times	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
20 or more times	5	-	-	-	-	5	-	-	-	-	0	-	-	-	-			

Table 4.7.1: Prevalence of ever used amphetamines or metamphetamines, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	16	-	-	-	-	16	-	-	-	-	0	-	-	-	-			
No	1630	186816	98.9	97.90	99.42	797	91807	97.8	95.81	98.82	832	94914	100.0	0.00	100.00			

Note:
 - Fewer than 30 cases

5.0 Hygiene (Including Oral Hygiene)

Table 5.1: Daily frequency of tooth brushing in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Did not brush teeth in past 30 days	7	-	-	-	4	-	-	-	3	-	-	-			
Less than 1 time per day	36	4368	2.3	1.48	3.41	26	3115	3.2	2.07	4.92	10	1253	1.3	0.54	3.09
1 time	151	17719	9.1	5.89	13.90	101	12056	12.4	8.30	18.06	50	5663	5.9	3.47	9.76
2 times	720	81445	42.0	36.01	48.19	370	43112	44.3	38.20	50.50	349	38239	39.6	33.22	46.38
3 times	591	68533	35.3	27.87	43.57	244	28062	28.8	21.95	36.80	347	40471	41.9	33.78	50.53
4 or more times	183	20886	10.8	9.44	12.25	96	10604	10.9	9.04	13.07	87	10281	10.7	8.97	12.60

Table 5.1.1: Prevalence* of brushing teeth at least once or twice daily in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Did not brush or brushed less than 1 time	43	5434	2.8	1.78	4.37	30	3562	3.7	2.51	5.29	13	1872	1.9	0.73	5.02
1 or more times per day	1645	188581	97.2	95.63	98.22	811	93833	96.3	94.71	97.49	833	94654	98.1	94.98	99.27
* 2 or more times per day	1494	170863	88.1	83.06	91.74	710	81777	84.0	78.14	88.47	783	88991	92.2	87.90	95.05

Table 5.2: Prevalence of use of fluoridated toothpaste, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Yes	909	104704	54.5	48.23	60.65	428	49936	52.1	42.64	61.45	480	54674	56.8	50.80	62.69
No	235	27837	14.5	10.48	19.71	130	15063	15.7	11.01	21.95	105	12774	13.3	9.49	18.28
Don't know	526	59542	31.0	27.89	34.29	268	30806	32.2	25.80	39.25	258	28735	29.9	24.39	36.01

Note:

- Fewer than 30 cases

Table 5.3: Prevalence of having missed class due to toothache in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	211	24532	12.8	9.89	16.33	122	14067	14.7	10.93	19.41	89	10465	10.9	8.15	14.39			
No	1460	167609	87.2	83.67	90.11	706	81831	85.3	80.59	89.07	753	85684	89.1	85.61	91.85			

Table 5.4: Timing of last visit to a dentist or dental nurse, students Form 1-5, Sabah and W.P. Labuan, 2012

Timing	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
In the past 12 months	510	57872	29.8	24.42	35.88	239	27468	28.2	22.39	34.77	271	30403	31.6	25.69	38.07			
12-24 months ago	153	17380	9.0	7.58	10.57	70	8092	8.3	6.38	10.72	83	9289	9.6	7.75	11.94			
More than 24 months ago	129	13934	7.2	5.06	10.10	81	9253	9.5	6.70	13.27	48	4681	4.9	3.09	7.57			
Never	332	38588	19.9	16.06	24.38	190	22092	22.7	17.66	28.58	142	16496	17.1	13.15	21.98			
Don't know	564	66197	34.1	29.98	38.53	262	30609	31.4	25.63	37.79	301	35494	36.8	32.54	41.34			

Table 5.5: Prevalence of avoidance of smiling or laughing due to the appearance of their teeth, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	312	36735	19.1	15.73	22.93	171	19946	20.7	17.43	24.30	140	16695	17.4	13.34	22.40			
No	1366	155851	80.9	77.07	84.27	664	76640	79.4	75.70	82.57	702	79211	82.6	77.60	86.66			

Note:
- Fewer than 30 cases

Table 5.6: Prevalence* of never or rarely wash hands before eating in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female			
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	
			Lower	Upper			Lower	Upper			Lower	Upper
Never	16	-	-	-	15	-	-	-	1	-	-	-
Rarely	79	9281	4.8	3.55	46	5167	5.3	3.62	33	4114	4.8	3.03
Sometimes	210	23196	12.0	7.97	105	12048	12.4	7.67	105	11148	11.6	7.90
Most of the time	242	27089	14.0	9.96	127	14751	15.2	11.18	115	12338	12.8	8.25
Always	1136	132055	68.2	56.98	544	63251	65.2	53.29	591	68710	71.3	60.49
*Never or rarely	95	11201	5.8	4.05	61	6998	7.2	4.84	34	4203	4.4	3.10

Table 5.7: Prevalence* of never or rarely wash hands after using the toilet in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female			
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	
			Lower	Upper			Lower	Upper			Lower	Upper
Never	17	-	-	-	12	-	-	-	5	-	-	-
Rarely	57	6809	3.5	2.47	34	3925	4.0	2.41	23	2884	3.0	1.71
Sometimes	135	15605	8.1	6.79	63	7472	7.7	6.19	72	8133	8.4	6.34
Most of the time	181	20329	10.5	8.62	89	10197	10.5	8.42	92	10132	10.5	8.09
Always	1297	148860	76.8	73.99	643	74304	76.3	72.34	653	74462	77.3	73.85
* Never or rarely	74	9012	4.7	3.09	46	5408	5.6	3.40	28	3604	3.7	1.99

Table 5.8: Prevalence* of never or rarely use soap during hand washing in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female			
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI	
			Lower	Upper			Lower	Upper			Lower	Upper
Never	39	4648	2.4	1.60	24	2897	2.97	1.80	15	1751	1.8	1.24
Rarely	151	17843	9.2	7.61	83	9732	10.0	7.84	67	8017	8.3	6.66
Sometimes	503	56878	29.4	25.22	236	27202	27.9	23.01	267	29677	30.8	26.08
Most of the time	345	38818	20.0	16.46	173	20071	20.6	17.52	172	18747	19.5	14.16
Always	649	75607	39.0	33.75	325	37468	38.5	32.76	324	38139	39.6	33.27
* Never or rarely	190	22491	11.6	10.03	107	12629	13.0	10.56	82	9768	10.1	8.37

Note:

- Fewer than 30 cases

6.0 Mental Health Problems

Table 6.1: Prevalence* of loneliness in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	467	53395	27.6	24.96	30.48	279	31978	33.0	29.26	37.03	188	21418	22.2	19.34	25.44			
Rarely	553	63394	32.8	29.56	36.24	278	32244	33.3	28.30	38.70	275	31150	32.3	27.50	37.61			
Sometimes	510	59521	30.8	28.41	33.30	209	24764	25.6	23.51	27.76	301	34756	36.1	30.99	41.53			
Most of the time	111	11955	6.2	4.57	8.33	47	5260	5.4	3.52	8.30	64	6695	7.0	4.69	10.18			
Always	40	4954	2.6	2.05	3.21	23	2581	2.7	1.93	3.67	16	2279	2.4	1.24	4.47			
* Most of the time or always	151	16909	8.8	6.89	11.06	70	7841	8.1	5.77	11.26	80	8974	9.3	6.97	12.35			

Table 6.2: Prevalence* of inability to sleep due to worry in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	589	68919	35.5	32.43	38.69	327	37973	38.9	37.08	40.83	262	30946	32.1	26.77	37.85			
Rarely	591	67833	34.9	32.34	37.64	282	33006	33.8	31.91	35.84	309	34827	36.1	32.00	40.37			
Sometimes	393	43929	22.6	20.31	25.13	177	19769	20.3	17.25	23.67	216	24160	25.0	21.72	28.66			
Most of the time	78	8779	4.5	3.44	5.92	36	4267	4.4	2.78	6.83	41	4418	4.6	2.94	7.07			
Always	38	4674	2.4	1.76	3.29	20	2499	2.6	1.63	4.00	18	2175	2.3	1.35	3.74			
* Most of the time or always	116	13453	6.9	5.83	8.21	56	6766	6.9	5.53	8.68	59	6594	6.8	4.73	9.77			

Table 6.3: Prevalence of suicidal ideation in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	149	16976	8.8	5.86	13.13	60	7022	7.3	4.82	10.90	88	9860	10.3	6.03	17.07			
No	1523	175002	91.2	86.87	94.14	771	89215	92.7	89.10	95.18	752	85786	89.7	82.93	93.97			

Table 6.4: Prevalence of suicidal plan in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Yes	134	15134	7.9	6.05	10.17	51	5938	6.1	4.37	8.58	82	9103	9.5	6.94	12.90
No	1542	177335	92.1	89.83	93.95	784	90688	93.9	91.42	95.63	758	86647	90.5	87.10	93.06

Table 6.5: Prevalence* of suicidal attempt in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Times	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
0 time	1569	180018	92.8	91.61	93.90	788	90961	93.5	90.77	95.47	781	89057	92.3	89.84	94.14
1 time	79	9219	4.8	3.88	5.82	36	4461	4.6	3.22	6.50	43	4758	4.9	3.67	6.59
2 to 3 times	26	-	-	-	-	8	-	-	-	-	18	-	-	-	-
4 to 5 times	9	-	-	-	-	5	-	-	-	-	4	-	-	-	-
6 or more times	4	-	-	-	-	3	-	-	-	-	0	-	-	-	-
* 1 or more times	118	13883	7.2	6.10	8.39	52	6319	6.5	4.53	9.23	65	7470	7.7	5.86	10.16

Table 6.6: Prevalence* of not having any close friend, students Form 1-5, Sabah and W.P. Labuan, 2012-

Number of Friends	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
*0 friend	51	6159	3.2	2.20	4.62	26	2980	3.1	1.58	5.99	25	3179	3.3	2.72	3.99
1 friend	81	9607	5.0	4.05	6.12	40	4912	5.1	3.84	6.74	41	4695	4.9	3.45	6.84
2 friends	109	12320	6.4	5.17	7.88	50	5528	5.7	4.32	7.59	58	6699	6.9	5.04	9.50
3 or more friends	1437	164740	85.4	83.13	87.47	716	82882	86.1	83.35	88.40	721	81858	84.9	81.45	87.79

Note:

- Fewer than 30 cases

7.0 Physical Activity

Table 7.1: Number of days of being physically active for at least 60 minutes daily in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	307	35049	18.1	15.05	21.69	142	16002	16.5	11.98	22.22	165	19047	19.8	16.43	23.73			
1 day	388	44621	23.1	20.01	26.47	176	21108	21.7	16.83	27.58	212	23513	24.5	20.36	29.13			
2 days	290	32981	17.1	14.73	19.68	114	12935	13.3	11.52	15.34	176	20047	20.9	17.17	25.13			
3 days	230	26537	13.7	11.37	16.49	106	12023	12.4	9.80	15.51	124	14514	15.1	12.75	17.82			
4 days	115	13468	7.0	5.26	9.18	71	8324	8.6	5.98	12.12	43	5050	5.3	3.70	7.43			
5 days	98	11392	5.9	4.01	8.59	57	6747	6.9	4.57	10.42	41	4645	4.8	2.94	7.85			
6 days	43	5026	2.6	1.71	3.93	25	2969	3.1	1.59	5.79	18	2057	2.1	1.26	3.61			
* All 7 days	211	24219	12.5	10.07	15.48	148	17042	17.5	13.93	21.85	63	7178	7.5	5.20	10.63			

Table 7.1.1: Prevalence of being physically active for at least 60 minutes daily for five days or more in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	352	40637	21.0	17.22	25.41	230	26758	27.5	22.22	33.59	122	13880	14.5	10.93	18.86			
No	1330	152657	79.0	74.59	82.78	609	70392	72.5	66.41	77.78	720	82171	85.5	81.14	89.07			

Table 7.2: Number of days student had walked or rode a bicycle to or from school in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Numbers of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
* 0 day	833	94509	48.8	40.42	57.28	413	47194	48.5	39.59	57.42	420	47315	49.2	40.45	58.05			
1 day	144	16675	8.6	6.37	11.55	70	7910	8.1	5.64	11.57	73	8672	9.0	6.74	11.97			
2 days	94	11091	5.7	4.16	7.83	47	5550	5.7	4.33	7.47	47	5540	5.8	3.14	10.33			
3 days	57	6710	3.5	2.47	4.84	35	4128	4.2	3.04	5.88	22	2582	2.7	1.36	5.24			
4 days	45	5224	2.7	2.05	3.55	22	2675	2.7	1.94	3.87	23	2549	2.7	1.88	3.72			
5 days	187	21797	11.3	8.89	14.16	82	9720	10.0	6.85	14.32	105	12077	12.6	9.95	15.75			
6 days	20	-	-	-	-	4	-	-	-	-	16	-	-	-	-			
All 7 days	306	35427	18.3	11.67	27.52	168	19764	20.3	12.75	30.73	138	15663	16.3	9.58	26.35			

Note:
- Fewer than 30 cases

Table 7.3: Duration of time spent on sedentary activities in a typical or usual day, students Form 1-5, Sabah and W.P. Labuan, 2012

Duration of Time	Total						Male						Female					
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI			
			Lower	Upper			Lower	Upper			Lower	Upper			Lower	Upper		
Less than 1 hour	413	49308	25.5	18.89	33.57	209	24247	25.0	18.53	32.84	204	25060	26.1	18.70	35.17			
1 to 2 hours	537	62106	32.2	28.66	35.90	247	28514	29.4	25.12	34.10	290	33592	35.0	29.28	41.16			
3 to 4 hours	427	47760	24.7	20.11	30.03	215	25018	25.8	19.97	32.65	212	22742	23.7	19.60	28.33			
5 to 6 hours	160	17662	9.1	6.70	12.38	77	8808	9.1	6.55	12.48	83	8854	9.2	6.32	13.27			
7 to 8 hours	45	5213	2.7	1.93	3.77	28	3348	3.5	2.11	5.60	17	1865	1.9	1.24	3.02			
More than 8 hours	99	11007	5.7	3.70	8.69	61	7016	7.2	5.03	10.31	37	3897	4.1	2.07	7.80			

Table 7.3.1: Prevalence of spending at least three hours in a typical or usual day doing sedentary activities, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI			
			Lower	Upper			Lower	Upper			Lower	Upper			Lower	Upper		
Yes	731	81642	42.3	34.01	51.03	381	44191	45.6	36.60	54.85	349	37358	38.9	31.12	47.31			
No	950	111414	57.7	48.97	65.99	456	52761	54.4	45.15	63.40	494	58652	61.1	52.69	68.88			

8.0 Protective Factors

Table 8.1: Prevalence* of truancy in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
0 day	1143	130184	67.3	60.81	73.19	552	63626	65.7	58.82	72.01	591	66557	69.0	62.20	74.99
1 to 2 days	407	47785	24.7	20.77	29.11	203	23998	24.8	20.28	29.92	203	23693	24.5	20.23	29.45
3 to 5 days	93	11185	5.8	3.83	8.64	54	6274	6.5	4.64	8.97	39	4911	5.1	2.88	8.83
6 to 9 days	24	-	-	-	-	13	-	-	-	-	11	-	-	-	-
10 or more days	15	-	-	-	-	13	-	-	-	-	2	-	-	-	-
*1 or more days	539	63254	32.7	26.81	39.19	283	33190	34.3	27.99	41.18	255	29969	31.0	25.01	37.80

Table 8.2: Prevalence* of peer support in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Never	87	10037	5.2	3.36	7.95	60	6740	7.0	4.79	10.05	27	3297	3.4	2.00	5.79
Rarely	269	31460	16.3	13.84	19.04	156	17830	18.4	15.63	21.63	112	13536	14.0	10.70	18.17
Sometimes	477	54060	28.0	23.84	32.51	255	29307	30.3	25.27	35.89	222	24753	25.6	22.04	29.61
Most of the time	358	40816	21.1	16.67	26.38	159	18960	19.6	15.18	24.95	199	21856	22.6	17.13	29.30
Always	490	56924	29.4	24.53	34.89	204	23840	24.7	18.88	31.52	286	33084	34.3	29.84	39.00
*Most of the time or always	848	97740	50.6	45.25	55.86	363	42800	44.3	37.96	50.78	485	54940	56.9	52.12	61.58

Table 8.3: Prevalence* of parental or guardian supervision in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total				Male				Female						
	Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI		Unweighted Count	Estimated Population	% 95% CI				
			Lower	Upper			Lower	Upper			Lower	Upper			
Never	669	75402	39.2	32.32	46.54	335	39237	40.8	33.69	48.34	334	36164	37.6	30.23	45.66
Rarely	422	47884	24.9	21.32	28.85	209	23765	24.7	20.20	29.86	212	24025	25.0	21.55	28.80
Sometimes	348	41614	21.6	18.78	24.79	154	17696	18.4	14.79	22.67	194	23918	24.9	19.88	30.67
Most of the time	83	9505	4.9	3.57	6.81	46	5160	5.4	3.37	8.44	37	4345	4.5	3.11	6.54
Always	151	17944	9.3	6.91	12.47	86	10289	10.7	7.68	14.73	65	7655	8.0	5.43	11.55
*Most of the time or always	234	27449	14.3	10.96	18.38	132	15449	16.1	11.39	22.19	102	12000	12.5	9.15	16.82

Note:
 - Fewer than 30 cases

Table 8.4: Prevalence* of parental or guardian connectedness in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total					Male					Female				
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Never	360	41687	21.6	17.24	26.63	193	22947	23.7	19.97	27.87	167	18739	19.4	14.63	25.38
Rarely	393	45417	23.5	20.98	26.21	194	22510	23.2	20.28	26.50	199	22906	23.8	20.18	27.78
Sometimes	410	47003	24.3	22.25	26.51	174	19605	20.2	17.62	23.15	235	27304	28.3	25.13	31.78
Most of the time	235	25953	13.4	11.50	15.61	125	14247	14.7	11.45	18.70	110	11706	12.1	10.18	14.44
Always	284	33251	17.2	14.07	20.86	150	17544	18.1	13.05	24.59	134	15707	16.3	13.89	19.04
* Most of the time or always	519	59204	30.6	26.88	34.65	275	31790	32.8	25.94	40.53	244	27413	28.4	25.79	31.26

Table 8.5: Prevalence* of parental or guardian bonding in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total					Male					Female				
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Never	241	28483	14.8	11.92	18.18	136	16360	16.9	12.93	21.75	105	12123	12.7	9.53	16.61
Rarely	352	40651	21.1	18.42	24.03	184	21028	21.7	17.84	26.15	168	19623	20.5	17.16	24.26
Sometimes	449	51324	26.6	23.67	29.81	202	23109	23.9	19.99	28.20	246	28121	29.4	25.49	33.54
Most of the time	261	29707	15.4	12.98	18.20	121	14343	14.8	11.36	19.06	140	15364	16.0	12.91	19.76
Always	375	42601	22.1	19.60	24.82	193	22038	22.7	18.85	27.18	182	20564	21.5	18.31	25.00
* Most of the time or always	636	72308	37.5	34.06	41.09	314	36380	37.6	31.00	44.60	322	35928	37.5	33.57	41.62

Table 8.6: Prevalence* of parental or guardian respect for privacy in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total					Male					Female				
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper
Never	880	100154	52.0	49.50	54.52	437	50171	51.9	48.28	55.42	442	49889	52.1	45.97	58.22
Rarely	393	45948	23.9	20.46	27.63	183	22082	22.8	19.87	26.08	210	23866	24.9	20.72	29.69
Sometimes	248	28703	14.9	12.80	17.30	128	14674	15.2	12.37	18.46	120	14029	14.7	10.91	19.41
Most of the time	68	7956	4.1	3.28	5.19	38	4395	4.5	3.49	5.89	30	3561	3.7	2.13	6.43
Always	86	9785	5.1	4.11	6.27	49	5422	5.6	4.17	7.50	37	4363	4.6	3.34	6.20
Never or rarely	1273	146103	75.9	73.12	78.44	620	72253	74.7	71.11	77.96	652	73755	77.1	70.80	82.32

Note:
- Fewer than 30 cases

9.0 Sexual Behaviours that Contribute to HIV Infectio, Other STIs, and Unintended Pregnancy

Table 9.1: Prevalence of ever had sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Yes	150	16983	9.6	7.74 - 11.75	79	9148	10.7	7.91 - 14.37	71	7835	8.5	6.94 - 10.33
No	1401	160778	90.4	88.25 - 92.26	660	76169	89.3	85.63 - 92.09	740	84515	91.5	89.67 - 93.06

Table 9.2: Age when had first sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Age	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Never had sexual intercourse	1608	184940	96.6	95.58 - 97.40	788	91403	96.3	94.41 - 97.50	819	93443	97.0	95.22 - 98.07
11 years or younger	14	-	-	- - -	9	-	-	- - -	5	-	-	- - -
12 years	2	-	-	- - -	2	-	-	- - -	0	-	-	- - -
13 years	3	-	-	- - -	1	-	-	- - -	2	-	-	- - -
14 years	10	-	-	- - -	7	-	-	- - -	3	-	-	- - -
15 years	8	-	-	- - -	2	-	-	- - -	6	-	-	- - -
16 years or older	21	-	-	- - -	11	-	-	- - -	10	-	-	- - -

Table 9.2.1: Prevalence of first sex before the age of 14 years among those who ever had sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Yes	19	-	-	- - -	12	-	-	- - -	7	-	-	- - -
No	39	4230	65.1	42.02 - 82.77	20	2240	62.9	30.69 - 86.67	19	1990	67.8	50.78 - 81.07

Note:

- Fewer than 30 cases

Table 9.3: Number of sexual partners among those ever had sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Partners	Total				Male				Female				
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	
													Lower
Never had sexual intercourse	1608	184686	96.8	95.86	97.48	91081	96.3	94.68	97.47	93510	97.2	95.54	98.25
1 partner	25	-	-	-	-	14	-	-	-	-	11	-	-
2 partners	13	-	-	-	-	7	-	-	-	-	6	-	-
3 partners	8	-	-	-	-	3	-	-	-	-	5	-	-
4 partners	2	-	-	-	-	1	-	-	-	-	1	-	-
5 partners	2	-	-	-	-	2	-	-	-	-	0	-	-
6 or more partners	4	-	-	-	-	3	-	-	-	-	1	-	-

Table 9.3.1: Prevalence of having at least two sexual partners among those who ever had sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI			
													Lower	Upper	Lower
Yes	29	-	-	-	16	-	-	-	13	-	-	-			
No	1633	187337	98.2	97.31	98.73	802	92646	98.0	96.91	98.68	830	94597	98.3	96.46	99.21

Table 9.4: Prevalence of condom usage during last sexual intercourse among those ever had sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI			
													Lower	Upper	Lower
Yes	16	-	-	-	12	-	-	-	4	-	-	-			
No	39	4312	69.0	52.85	81.51	19	2258	60.4	38.05	79.05	20	2054	81.8	47.54	95.71

Table 9.5: Prevalence of use of "other birth control methods" during last sexual intercourse among those ever had sex, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI			
													Lower	Upper	Lower
Yes	30	3213	46.4	26.55	67.51	12	1429	35.5	15.32	62.64	18	1784	61.6	42.21	77.88
No	29	-	-	-	22	-	-	-	7	-	-	-	-	-	-

Note:

- Fewer than 30 cases

10.0 Tobacco Use

Table 10.1: Number of days students had smoked cigarettes in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI						
				Lower	Upper				Lower	Upper					
0 day	1437	164780	85.2	81.35	88.43	621	71709	74.2	68.36	79.21	815	92977	96.3	93.44	97.97
1 or 2 days	105	12159	6.3	4.63	8.50	86	10133	10.5	7.98	13.64	19	2027	2.1	1.01	4.31
3 to 5 days	44	5206	2.7	1.94	3.73	37	4471	4.6	3.61	5.91	7	735	0.8	0.22	2.60
6 to 9 days	22	-	-	-	-	19	-	-	-	-	3	-	-	-	-
10 to 19 days	18	-	-	-	-	18	-	-	-	-	0	-	-	-	-
20 to 29 days	16	-	-	-	-	16	-	-	-	-	0	-	-	-	-
All 30 days	40	4693	2.4	1.39	4.22	38	4439	4.6	2.65	7.84	31	3549	3.7	2.03	6.56

Table 10.1.1: Prevalence of current cigarette smokers, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI						
				Lower	Upper				Lower	Upper					
Yes	245	28538	14.8	11.57	18.65	214	24988	25.8	20.79	31.64	31	3549	3.7	2.03	6.56
No	1437	164780	85.2	81.35	88.43	621	71709	74.2	68.36	79.21	815	92977	96.3	93.44	97.97

Table 10.2: Age when first tried a cigarette, students Form 1-5, Sabah and W.P. Labuan, 2012

Age	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI						
				Lower	Upper				Lower	Upper					
Never smoke	1211	139013	74.4	69.09	79.07	469	54106	58.6	51.77	65.18	741	84813	89.8	83.59	93.79
7 years or younger	33	3592	1.9	1.15	3.19	21	2338	2.5	1.63	3.91	12	1254	1.3	0.65	2.69
8 to 9 years	40	4443	2.4	1.50	3.75	30	3455	3.7	2.46	5.67	10	988	1.0	0.38	2.84
10 or 11 years	64	7354	3.9	2.89	5.34	47	5403	5.9	3.91	8.68	17	1951	2.1	0.98	4.30
12 or 13 years	142	16138	8.6	6.31	11.71	118	13667	14.8	11.68	18.61	24	2471	2.6	1.27	5.30
14 or 15 years	112	13326	7.1	5.23	9.65	90	10802	11.7	8.44	16.01	22	2524	2.7	1.39	5.09
16 years or older	27	-	-	-	-	22	-	-	-	-	5	-	-	-	-

Note:
- Fewer than 30 cases

Table 10.2.1: Prevalence of having tried a cigarette before the age of 14 years, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI				
			%	Upper			%	Upper			%	Upper			
Yes	279	31527	65.9	56.69	74.06	216	24862	65.1	57.01	72.48	63	6664	68.9	47.42	84.51
No	139	16310	34.1	25.94	43.31	112	13306	34.9	27.52	42.99	27	3004	31.1	15.5	52.6

Table 10.3: Number of days used other tobacco products in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total				Male				Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI				
			%	Upper			%	Upper			%	Upper			
0 day	1594	183278	94.5	92.75	95.85	764	88671	91.0	88.67	92.94	829	94513	98.0	95.51	99.13
1 or 2 days	55	6319	3.3	2.40	4.40	45	5214	5.4	3.71	7.67	10	1106	1.1	0.42	3.07
3 to 5 days	16	-	-	-	-	13	-	-	-	-	3	-	-	-	-
6 to 9 days	6	-	-	-	-	3	-	-	-	-	3	-	-	-	-
10 to 19 days	6	-	-	-	-	6	-	-	-	-	0	-	-	-	-
20 to 29 days	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-
All 30 days	10	-	-	-	-	10	-	-	-	-	0	-	-	-	-

Table 10.3.1: Prevalence of current smokers of other tobacco products, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	95% CI				
			%	Upper			%	Upper			%	Upper			
Yes	93	10660	5.5	4.15	7.25	77	8735	9.0	7.06	11.33	16	1925	2.0	0.87	4.49
No	1594	183278	94.5	92.75	95.85	764	88671	91.0	88.67	92.94	829	94513	98.0	95.51	99.13

Note:

- Fewer than 30 cases

Table 10.4: Other commonly used tobacco products in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Tobacco Product	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Didn't smoke	1536	176199	91.1	88.44	93.20	712	82386	85.1	81.45	88.17	823	93718	97.1	94.45	98.49			
Shisha/hookah	26	-	-	-	-	19	-	-	-	-	7	-	-	-	-			
Electronic cigarettes	22	-	-	-	-	22	-	-	-	-	0	-	-	-	-			
Snuff or chewing tobacco	27	-	-	-	-	21	-	-	-	-	6	-	-	-	-			
Pipes	6	-	-	-	-	4	-	-	-	-	2	-	-	-	-			
Curut, cigar or cigarillos	9	-	-	-	-	8	-	-	-	-	1	-	-	-	-			
Bidis	2	-	-	-	-	2	-	-	-	-	0	-	-	-	-			
Others	55	6696	3.5	1.98	5.98	48	5788	6.0	3.44	10.19	7	248	0.9	0.33	2.66			

Table 10.5: Prevalence of quit smoking attempts in the past 12 months among those who ever smoked cigarettes, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	253	29031	91.9	85.79	95.56	212	24728	93.0	85.94	96.60	41	4303	86.5	68.27	95.03			
No	21	-	-	-	-	16	-	-	-	-	5	-	-	-	-			

Table 10.6: Number of days where people had smoked in their presence in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	955	110020	56.8	49.41	63.83	406	46555	47.9	38.21	57.65	549	63465	65.8	60.28	70.95			
1 or 2 days	326	36714	18.9	15.83	22.51	186	21831	22.4	17.86	27.79	140	14883	15.4	13.10	18.10			
3 or 4 days	127	14443	7.5	5.96	9.28	77	8648	8.9	7.13	11.03	50	5796	6.0	4.26	8.42			
5 or 6 days	61	7456	3.8	2.34	6.26	42	4908	5.0	3.04	8.26	19	2547	2.6	1.23	5.58			
All 7 days	217	25187	13.0	8.50	19.37	129	15348	15.8	9.81	24.39	87	9745	10.1	6.50	15.38			

Note:
- Fewer than 30 cases

Table 10.6.1: Prevalence of having been exposed to people smoking in their presence for at least one day in the past seven days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper
Yes	731	83800	43.2	36.17 50.59	434	50735	52.1	42.35 61.79	296	32971	34.2	29.05 39.72
No	955	110020	56.8	49.41 63.83	406	46555	47.9	38.21 57.65	549	63465	65.8	60.28 70.95

Table 10.7: Prevalence of having parents or guardians who used any form of tobacco, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper
Yes	671	77388	40.1	36.81 43.48	322	37442	38.7	34.53 43.05	348	39852	41.4	37.25 45.76
No	1008	115607	59.9	56.52 63.19	513	59291	61.3	56.95 65.47	495	56316	58.6	54.24 62.75

Table 10.8: Prevalence of contemplating to smoke a cigarette at any time in the next 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Response	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper
Definitely not	1352	154494	79.7	74.43 84.14	571	65690	67.4	59.30 74.63	781	88804	92.2	87.88 95.10
Probably not	177	20677	10.7	8.19 13.79	133	15442	15.8	11.31 21.76	43	5142	5.3	3.56 7.94
Maybe yes	120	14516	7.5	5.55 10.03	108	13025	13.4	10.21 17.32	12	1491	1.5	0.67 3.55
Definitely yes	37	4123	2.1	1.13 3.98	29	3268	3.4	1.89 5.87	8	855	0.9	0.28 2.77

Table 10.9: Decision on smoking if offered a cigarette by one of their best friends, students Form 1-5, Sabah and W.P. Labuan, 2012

Response	Total				Male				Female				
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI	
												Lower	Upper
Definitely not	1366	156741	81.0	76.76 84.67	589	68112	70.2	64.54 75.27	776	88535	91.9	87.92	94.71
Probably not	144	16511	8.5	6.68 10.85	103	11852	12.2	9.50 15.57	41	4659	4.8	3.10	7.48
Maybe yes	122	14170	7.3	5.55 9.61	101	11702	12.1	9.35 15.41	21	2469	2.6	1.45	4.48
Definitely yes	51	6015	3.1	2.04 4.71	45	5385	5.5	3.69 8.26	6	629	0.7	0.19	2.23

Table 10.10: Prevalence of susceptibility to smoking among non-smokers, students Form 1-5, Sabah and W.P. Labuan, 2012

Response	Total				Male				Female				
	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI Lower Upper	Unweighted Count	Estimated Population	%	95% CI	
												Lower	Upper
Yes	180	21155	12.9	10.09 16.23	118	13762	19.2	14.41 25.16	61	7299	7.9	5.09	11.95
No	1255	143447	87.1	83.77 89.91	502	57858	80.8	74.84 85.59	753	85589	92.1	88.05	94.91

11.0 Violence and Unintentional Injuries

Table 11.1: Number of times students were physically attacked in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Times	Total					Male					Female				
	Unweighted Count	Estimated Population	95% CI		%	Unweighted Count	Estimated Population	95% CI		%	Unweighted Count	Estimated Population	95% CI		%
			Lower	Upper				Lower	Upper				Lower	Upper	
0 time	1145	131548	68.1	61.65	73.87	515	60019	61.9	54.38	68.93	630	71530	74.3	66.15	81.08
1 time	209	23897	12.4	10.15	14.98	124	14126	14.6	11.65	18.08	85	9771	10.2	7.97	12.84
2 to 3 times	220	25934	13.4	10.04	17.71	130	15231	15.7	12.18	20.03	90	10703	11.1	6.77	17.73
4 to 5 times	47	5226	2.7	1.80	4.04	27	2950	3.0	1.68	5.45	20	2276	2.4	1.26	4.38
6 to 7 times	26	-	-	-	-	19	-	-	-	-	7	-	-	-	-
8 to 9 times	8	-	-	-	-	6	-	-	-	-	2	-	-	-	-
10 to 11 times	6	-	-	-	-	3	-	-	-	-	3	-	-	-	-
12 or more times	20	-	-	-	-	13	-	-	-	-	6	-	-	-	-

Table 11.1.1: Prevalence of having had a physical attack on at least once in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total					Male					Female				
	Unweighted Count	Estimated Population	95% CI		%	Unweighted Count	Estimated Population	95% CI		%	Unweighted Count	Estimated Population	95% CI		%
			Lower	Upper				Lower	Upper				Lower	Upper	
Yes	536	61720	31.9	26.13	38.35	322	36907	38.1	31.07	45.62	213	24720	25.7	18.92	33.85
No	1145	131548	68.1	61.65	73.87	515	60019	61.9	54.38	68.93	630	71530	74.3	66.15	81.08

Table 11.2: Number of times students were involved in a physical fight in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Times	Total					Male					Female				
	Unweighted Count	Estimated Population	95% CI		%	Unweighted Count	Estimated Population	95% CI		%	Unweighted Count	Estimated Population	95% CI		%
			Lower	Upper				Lower	Upper				Lower	Upper	
0 time	1199	137217	70.7	65.48	75.45	520	60274	61.8	56.14	67.18	679	76943	79.7	73.40	84.83
1 time	225	26352	13.6	11.69	15.72	140	16337	16.8	14.97	18.70	85	10015	10.4	7.83	13.62
2 to 3 times	173	20143	10.4	7.82	13.65	114	12998	13.3	10.20	17.23	59	7145	7.4	4.62	11.64
4 to 5 times	39	4469	2.3	1.53	3.46	26	3086	3.2	2.33	4.28	13	1383	1.4	0.57	3.57
6 to 7 times	18	-	-	-	-	12	-	-	-	-	6	-	-	-	-
8 to 9 times	5	-	-	-	-	5	-	-	-	-	0	-	-	-	-
10 to 11 times	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-
12 or more times	27	-	-	-	-	22	-	-	-	-	4	-	-	-	-

Note:

- Fewer than 30 cases

Table 11.2.1: Prevalence of involvement in a physical fight on at least once in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	490	56917	29.3	24.55	34.59	322	37240	38.2	32.82	43.86	167	19584	20.3	15.17	26.60			
No	1199	137217	70.7	65.48	75.45	520	60274	61.8	56.14	67.18	679	76943	79.7	73.40	84.83			

Table 11.3: Number of times students had been seriously injured in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Times	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	938	107617	65.2	60.14	69.86	421	48554	59.0	54.11	63.73	517	59063	71.3	66.17	76.00			
1 time	282	32425	19.6	17.23	22.28	143	16807	20.4	18.13	22.93	139	15617	18.9	15.38	22.92			
2 to 3 times	152	17693	10.7	9.05	12.63	97	11521	14.0	10.84	17.90	55	6172	7.5	5.44	10.13			
4 to 5 times	41	4561	2.8	1.68	4.50	29	3164	3.8	2.26	6.47	12	1397	1.7	1.05	2.71			
6 to 7 times	9	-	-	-	-	7	-	-	-	-	2	-	-	-	-			
8 to 9 times	7	-	-	-	-	4	-	-	-	-	2	-	-	-	-			
10 to 11 times	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-			
12 or more times	5	-	-	-	-	5	-	-	-	-	0	-	-	-	-			

Table 11.3.1: Prevalence of having had a serious injury on at least once in the past 12 months, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	499	57558	34.8	30.14	39.86	288	33729	41.0	36.27	45.89	210	23736	28.7	24.00	33.83			
No	938	107617	65.2	60.14	69.86	421	48554	59.0	54.11	63.73	517	59063	71.3	66.17	76.00			

Note:
- Fewer than 30 cases

Table 11.4: Type of most serious injury sustained in the past 12 months among those who had injury, students Form 1-5, Sabah and W.P. Labuan, 2012

Type of Injury	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI						
				Lower	Upper				Lower	Upper					
Broken bone/dislocated joint	50	5666	13.6	10.03	18.15	40	4661	18.8	11.42	29.31	10	1005	6.0	2.34	14.49
A cut or stab wound	91	10616	25.5	18.52	33.92	48	5562	22.4	12.66	36.54	43	5054	30.1	19.97	42.64
Concussion/head or neck injury, knocked out or could not breathe	32	3801	9.1	5.53	14.65	16	2010	8.1	4.35	14.59	16	1791	10.7	5.27	20.39
Gunshot wound	9	-	-	-	-	9	-	-	-	-	-	-	-	-	-
Bad burn	7	-	-	-	-	6	-	-	-	-	1	-	-	-	-
Poisoned	3	-	-	-	-	2	-	-	-	-	1	-	-	-	-
Something else happened to me	176	19583	47.0	39.68	54.37	93	10736	43.3	34.93	52.00	82	8753	52.1	43.11	61.02

Table 11.5: Major cause of the most serious injury sustained in the past 12 months among those who had injury, students Form 1-5, Sabah and W.P. Labuan, 2012

Cause	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI						
				Lower	Upper				Lower	Upper					
In a motor vehicle accident or hit by a motor vehicle	29	-	-	-	-	21	-	-	-	-	8	-	-	-	-
Fall	171	20366	44.5	36.80	52.40	106	12615	46.2	38.44	54.15	65	7750	42.1	32.21	52.69
Something fell on me or hit me	31	3459	7.6	5.50	10.28	14	1664	6.1	4.08	9.00	17	1795	9.8	6.80	13.81
Was attacked or abused or was fighting with someone	22	-	-	-	-	18	-	-	-	-	4	-	-	-	-
Was in a fire or too near a flame or something hot	4	-	-	-	-	3	-	-	-	-	1	-	-	-	-
Inhaled or swallowed something bad	11	-	-	-	-	7	-	-	-	-	4	-	-	-	-
Something else caused the injury	131	14419	31.5	27.19	36.12	64	7323	26.8	23.49	30.43	66	7003	38.1	28.41	48.74

Note:
 - Fewer than 30 cases

Table 11.6: Number of days had been bullied in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	1283	147063	81.0	75.40	85.51	624	72324	80.0	71.96	86.19	659	74739	82.0	76.33	86.56			
1 to 2 days	190	22406	12.3	9.41	16.01	99	11838	13.1	9.11	18.47	91	10568	11.6	8.82	15.10			
3 to 5 days	51	6313	3.5	2.16	5.55	30	3288	3.6	1.81	7.18	21	3025	3.3	1.43	7.50			
6 to 9 days	23	-	-	-	-	12	-	-	-	-	11	-	-	-	-			
10 to 19 days	15	-	-	-	-	6	-	-	-	-	9	-	-	-	-			
20 to 29 days	5	-	-	-	-	2	-	-	-	-	2	-	-	-	-			
All 30 days	11	-	-	-	-	7	-	-	-	-	4	-	-	-	-			

Table 11.6.1: Prevalence of having been bullied on at least one day in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	295	34572	19.0	14.49	24.60	156	18076	20.0	13.81	28.04	138	16402	18.0	13.44	23.67			
No	1283	147063	81.0	75.40	85.51	624	72324	80.0	71.96	86.19	659	74739	82.0	76.33	86.56			

Table 11.7: Most common ways of being bullied in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Ways of being Bullied	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Hit, kicked, pushed, shoved around or locked indoor	21	-	-	-	-	11	-	-	-	-	10	-	-	-				
Made fun of because of race, nationality or color	45	5382	18.5	12.72	26.01	22	2494	17.3	10.82	26.47	23	2888	19.7	12.13	30.42			
Made fun of because of religion	9	-	-	-	-	4	-	-	-	-	5	-	-	-				
Made fun of with sexual jokes, comments, or gestures	49	5809	19.9	13.55	28.31	26	3152	21.9	13.25	33.86	23	2657	18.1	11.75	26.97			
Left out of activities on purpose or completely ignored	9	-	-	-	-	4	-	-	-	-	5	-	-	-				
Made fun of because of how body or face looks	47	5134	17.6	14.05	21.83	17	1891	13.1	8.55	19.57	29	3150	21.5	13.32	32.84			
Bullied in some other way	68	8112	27.8	23.31	32.83	40	4665	32.3	24.32	41.56	28	3447	23.5	17.60	30.74			

Note:
- Fewer than 30 cases

Table 11.8: Frequency of physical abuse at home in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1472	169297	87.2	81.75	91.21	731	85102	87.3	80.78	91.79	741	84194	87.2	81.94	91.13			
1 time	142	16005	8.2	5.22	12.78	74	8181	8.4	5.07	13.57	68	7824	8.1	5.18	12.46			
2 to 3 times	49	5680	2.9	1.94	4.40	23	2742	2.8	1.56	5.02	25	2844	2.9	1.83	4.71			
4 to 5 times	13	-	-	-	-	8	-	-	-	-	5	-	-	-	-			
6 to 7 times	6	-	-	-	-	4	-	-	-	-	2	-	-	-	-			
8 to 9 times	2	-	-	-	-	1	-	-	-	-	1	-	-	-	-			
10 to 11 times	1	-	-	-	-	0	-	-	-	-	1	-	-	-	-			
12 or more times	4	-	-	-	-	1	-	-	-	-	3	-	-	-	-			

Table 11.8.1: Prevalence of physical abuse at home on at least once in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Behaviour	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	217	24838	12.8	8.79	18.25	111	12412	12.7	8.21	19.22	105	12332	12.8	8.87	18.06			
No	1472	169297	87.2	81.75	91.21	731	85102	87.3	80.78	91.79	741	84194	87.2	81.94	91.13			

Table 11.9: Frequency of verbal abuse at home in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	849	98248	50.6	44.44	56.75	486	56393	57.8	50.46	64.87	363	41855	43.4	36.42	50.57			
1 time	294	34632	17.8	14.65	21.55	144	16639	17.1	13.74	20.99	150	17993	18.6	14.70	23.35			
2 to 3 times	315	35730	18.4	15.83	21.29	124	14547	14.9	11.65	18.90	191	21183	21.9	18.43	25.91			
4 to 5 times	98	10829	5.6	4.53	6.86	38	4227	4.3	2.93	6.36	60	6602	6.8	5.45	8.55			
6 to 7 times	29	-	-	-	-	6	-	-	-	-	23	-	-	-	-			
8 to 9 times	16	-	-	-	-	5	-	-	-	-	11	-	-	-	-			
10 to 11 times	9	-	-	-	-	4	-	-	-	-	5	-	-	-	-			
12 or more times	79	8930	4.6	3.30	6.38	35	4116	4.2	2.58	6.84	43	4720	4.9	3.33	7.12			

Table 11.9.1: Prevalence of verbal abuse at home on at least once in the past 30 days, students Form 1-5, Sabah and W.P. Labuan, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	839	95793	49.4	43.22	55.53	356	41121	42.2	35.13	49.54	483	54671	56.6	49.43	63.58			
No	849	98248	50.6	44.44	56.75	486	56393	57.8	50.46	64.87	363	41855	43.4	36.42	50.57			

Note:

- Fewer than 30 cases

APPENDIX 2 : MEMBERS OF STEERING COMMITTEE NHMS 2011-2014

1. Director General of Health
2. Deputy Director General of Health (Public Health)
3. Deputy Director General of Health (Medical)
4. Deputy Director General of Health (Research & Technical Support)
5. Senior Director Pharmacy
6. Principal Director, Oral Health
7. Director, Planning & Development Division
8. Director, Disease Control Division
9. Director, Medical Development Division
10. Director, Health Education Division
11. State Health Department; YB. Dato' Dr Hajah Nordiyannah Haji Hassan
12. Director, Institute for Public Health
13. Dean of Medical Faculty, University of Malaya
14. Dean of Medical Faculty, National University of Malaysia
15. Principle Investigator, NHMS

APPENDIX 3 : TERMS OF REFERENCE OF STEERING COMMITTEE

1. To approve the objectives and scopes of NHMS 2011-2014 .
2. To facilitate inter and intra sectoral collaboration.
3. To monitor the implementation of the NHMS 2011-2014.
4. To review recommendations of the Advisory Committee.
5. To facilitate the utilisation of the NHMS 2011-2014 findings.

APPENDIX 4 : MEMBERS OF ADVISORY COMMITTEE NHMS 2012

1. Dr Zainal Ariffin Omar
Deputy Director
Disease Control Division
2. Puan Rokiah Don
Director
Food Division
3. Dr Yaw Siew Lian
Deputy Director
Oral Health Division
4. Dr Nordin Salleh
Deputy Director
Health Policy and Planning Unit
5. Dr Kamaliah Mohd Noh
Deputy Director (Primer)
Family Health Development Division
6. Dr Anita Sulaiman
Senior Principal Assistant Director
Disease Control Division
7. Dr Rosnah Ramly
Senior Principal Assistant Director
Violence & Injury Prevention Unit
Disease Control Division
8. Dr Sheila Marimuthu
Paediatrician
Hospital Kuala Lumpur
9. Dr Parameswaran Ramasamy
Psychology & Addiction Specialist
Hospital Tuanku Ja'afar
10. Datin Dr Hajah Fauzi Ismail
Child and Adolescent Psychiatrist
Hospital Kuala Lumpur
11. Associate Professor Mohamad Haniki Nik Mohamed
Head of Department
Pharmaceutical Practice
International Islamic University of Malaysia
12. Associate Professor Khor Geok Lin
Lecturer
Faculty of Medicine and Health
International Medical University

APPENDIX 5 : TERMS OF REFERENCE OF ADVISORY COMMITTEE

The Advisory Committee will advise in:

1. Identification of the scope of National Health and Morbidity Survey (NHMS 2012).
2. Determination of approach/methodologies for obtaining information.
3. The recommendations of the NHMS 2012 findings made by the research groups.
4. Suggesting the mechanism to facilitate monitoring and documentation (including publications) of the findings and utilization of NHMS 2012 findings.

APPENDIX 6 : MEMBERS OF CENTRAL COORDINATING COMMITTEE

1. Dr Hj Tahir Aris, Director of Institute for Public Health
2. Dr Jasvinder Kaur Pritam Singh, Deputy Director (Research and Technical)
3. Dr Noor Ani Ahmad, NHMS Coordinator cum Central Supervisor for W.P. Kuala Lumpur/
W.P. Putrajaya/ Selangor
4. Dr Hj Mohd Azahadi Omar, Head of Data Processing Section
5. Dr Muhammad Fadhli Mohd Yusoff, Head of Data Management Section
6. Dr Nalachakravathy Odhaya Kumar, Central Supervisor for Southern Region
7. Mr Mohammad Zabri Johari, Principal Investigator
8. Mr Ridhuan Mhd Dan, Central Supervisor for Northern Region
9. Mr Abdul Aziz Che Man
10. Mr Hj Rosnani Abd Hamid, Central Supervisor for East Coast Region
11. Ms Suhaila Abd Ghaffar
12. Ms Norazlina Muhamad
13. Mr Muhamad Firdaus Ali @ Ghazali
14. Mr Haszreen Shariff
15. Mr Bahtiar Effendy Khasdir

APPENDIX 7 : MEMBERS OF RESEARCH TEAMS NHMS 2012**Dietary Behaviours**

1. Mr Ahmad Ali Zainuddin
2. Ms Rashidah Ambak
3. Mr Azli Baharudin @ Shahrudin
4. Ms Syafnaz Mohd Sallehuddin
5. Ms Suhaila Abd Ghaffar
6. Mr Muhamad Firdaus Ali @ Ghazali

Hygiene (Including Oral Hygiene)

1. Dr Yaw Siew Lian
2. Dr Nurrul Ashikin Abdullah
3. Dr Khairiyah Abd Muttalib
4. Ms Riyanti Saari
5. Ms Balkish Mahadir Naidu
6. Ms Yeo Pei Sien

Physical Activity

1. Mr Lim Kuang Kuay
2. Dr Hj Mohd Azahadi Omar
3. Ms Teh Chien Huey
4. Dr Nalachakravathy Odhaya Kumar
5. Dr Ong Shiao Ying
6. Mr Abu Bakar Rahman
7. Mr Hasnol Hadi Asim
8. Mr Haszreen Shariff

Protective Factors

1. Ms Norzawati Yoep
2. Dr Nik Rubiah Nik Abd Rashid
3. Ms Nor Safiza Mohamad Nor
4. Ms Faizah Paiwai
5. Ms Leni Tupang
6. Mr Afiq Awang

Tobacco Use

1. Ms Helen Tee Guat Hiong
2. Dr Ahmad Shahrul Nizam Isha
3. Dr Gurpreet Kaur
4. Dr Zariah Md Zain
5. Mr Lim Kuang Hock
6. Ms Chan Ying Ying
7. Mr Mohd Amirudin Razali

Mental Health Problems

1. Dr Noor Ani Ahmad
2. Dr Azriman Rosman
3. Dr Lai Wai Yee
4. Ms Cheong Siew Man
5. Dr Nurashikin Ibrahim
6. Datin Dr Fauziah Mohamed
7. Dr Jasvindar Kaur Pritam Singh
8. Dr Siti Zuraidah Mahmud

Drug Use

1. Dr Muhammad Fadhli Mohd Yusof
2. Ms Norhafizah Sahril
3. Mr Mohamad Naim Mohd Rasidi
4. Dr Rozanim Kamarudin
5. Ms Norazlina Muhamad

Violence and Unintentional Injury

1. Dr Rosnah Ramly
2. Dr Diana Mahat
3. Mr Mohd Hazrin Hasim @ Hashim
4. Ms Nor Shahidah Abd Aziz
5. Dr Siti Fatimah Mat Hussin

Alcohol Consumption

1. Mr Mohd Hatta Abd Mutalip
2. Dr Rozanim Kamarudin
3. Ms Hamizatul Akmal Abd Hamid
4. Mr Mohd Hazrin Hasim @ Hashim
5. Dr Mala A. Manickam

Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

1. Dr Noor Ani Ahmad
2. Dr Nik Rubiah Nik Abd Rashid
3. Dr Anita Sulaiman
4. Ms Norazilah Mohd Roslan
5. Ms Ummi Nadiah Bt Yusoff
6. Ms Hasimah Ismail
7. Mr Bahtiar Effendy Khasdir

APPENDIX 8 : MEMBERS OF DATA COLLECTION TEAMS**PERLIS****Liaison Officer**

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Mr Abu Bakar Rahman

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2. Ms Nurhazwani Roslan

Drivers

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2. Mr Wan Mohd Hafizan Che Mat
3. Mr Zaili Zainal Ariffin

Research Assistants

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2. Ms Nor Fatehah Razain
3. Ms Wan Mastura Megat
4. Ms Faezah Azmi
5. Mr Mohd Firdaus Ramli
6. Ms Nur Shazlin Sharuddin
7. Ms Aznita Shuaib
8. Ms Mastura Dahalan
9. Ms Nurul Fitriah Che Lah
10. Ms Nur Hazwani Mohd Fadzil

KEDAH**Liaison Officer**

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1. Ms Nor Hasniza Yaacob
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3. Ms Nur Wahidda Azmi
4. Tan Yen Nee
5. Ms Suriana Johari
6. Ms Norzaity Emeeza Zahid
7. Ms Norazlina Mohd Noh
8. Ms Sulhariza Husni Zain
9. Ms Nur Ilhami Mat Isa

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2. Mr Ahmad Aminuddin Abdullah
3. Mr Mohd Zalani Ishak
4. Mr Mohd Irwan Mohd Daud
5. Mr Zaini Ramli
6. Mr Ridzuan Ahmad
7. Mr Pathuddin Mohamad
8. Mr Mat Isa Zakaria

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2. Ms Nurul Izzati Yahya
3. Ms Zamilah Hasniah Ab Hamid
4. Ms Siti Nurhayati Ismail
5. Ms Ku Nur Eina Shaheeda Ku Abdul Rahman
6. Mr Abdullah Hadi Ibni Akil
7. Ms Norlelawati Hashim
8. Ms Noor Kartini Ahmad
9. Ms Mr Muhammad Shahir M. Ali
10. Ms Armiza Shuaib

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Ms Norhafizah Sahril

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2. Foo Ming Ming
3. Ms Umi Kalsom Abd. Majid
4. Mr Shahrulnaz Norhazli Nazri
5. Ms Siti Norazlin Mohd Ngadikin
6. Mr Mohd Yusri Noordin
7. Ms Jamaatul Firdaus Halim

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2. Mr Jefre Ahmad

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2. Mr Mohd Rezuan Hamzah
3. Ms Siti Nuraina Mat Salam
4. Ms Norafsiah Yusof
5. Ms Nor Fadzilah Ahmad Sukhari

6. Mr Mohammad Hamizi Mohammad Muzamil
7. Mr Muhammad Hilmi Abdul Razak
8. Ms Wan Nur Ain Wan Anuar
9. Mr Mohd Firdaus Wahid
10. Ms Ummu Hanik Abdul Hamid

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3. Sin Yong Wai
4. Ms Aniza Omar
5. Ms Nurul Husna Mohd Patel
6. Ms Zuwariah Abd Talib
7. Ms Rosa Erainie Baldura Baharudin

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3. Ms Hadira Othman
4. Ms Puteri Faida Alya Zainuddin
5. Mr Firdaus Alias
6. Ms Dian Diyana Mohamad Asroun
7. Ms Noor Fazzilah Saidon
8. Mr Abdul Rashid Ali Kamal
9. Ms Noor Fadhilah Nordin
10. Mr Mohd Hakimi Hj Hussain

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2. Ms Acmarina Nur Salwani Muhammad Dalib
3. Mr Azhar Mohd Yusuf
4. Ms Wan Ema Marliza Wan Ismail
5. Ms Venodhini Cha Chu
6. Mr Norhisham Abdul Rahman
7. Ms Nor Hasyimah Khalid
8. Ms Zanafiza Abu Bakar
9. Ms Fitri Nurdiana Mahmud

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4. Ms Norhayati Mat
5. Ms Asmida Ismail
6. Ms Farah Dawana Ahmad
7. Mr Mohd Noor Shuhadaq Mohd Sakirin
8. Mr Mohamad Akram Abdul Aziz
9. Mr Mohd Fakri Mohamad
10. Mr Ganeswaran Gunasekaran

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3. Premila Sughita Retnasingam

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3. Mr Mohd Azeem Akmal Mohd Nasir
4. Ms Tengku Noor Nadia Tengku Mohd Nasir

5. Mr Wan Mohd Zulkhairi Hassan
6. Ms Noor Emirah Illa
7. Ms Nur Hafizah Aqilah Suladi
8. Ms Naziera Eida Harun
9. Mr Abd Hakim Rashid
10. Mr Arafat Rashid

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6. Mr Masrazman Mohd Diah
7. Mr Wan Hashim Wan Ja'afar
8. Ms Siti Norain Othman
9. Ms Nurul Hidayah Rosli
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3. Ms Nor Idayu Idris
4. Ms Siti Sa'ra Yaacob
5. Ms Norliza Zainal Abidin
6. Mr Suhaidi Sudin

7. Ms Nurliana Abd Latiff
8. Ms Asvini Vasthavan
9. Ms Nor Fariza Jaafar

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6. Mr Fauzi Ahmad Zamri
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MELAKA**Liaison Officer**

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Field Supervisor

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5. Mr Norzain Musa

Drivers

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2. Mr Shahrul Efendy Mohd Salleh
3. Mr Muhamad Farhan Baharudin
4. Mr Yusof Johari
5. Mr R. Tiagu M. Ramachandra
6. Mr Mohamad Azali Abdullah
7. Mr Muhamad Yazid Abd Rahman
8. Mr Ramli Buang
9. Mr Zainudin Mohd

Research Assistants

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2. Ms Nurhafizah Abdul Rahman
3. Ms Nurul Ain Sarjuni
4. Ms Nur Amiza Izaty Abd Hamid
5. Mr Muhammad Wafi Md Alias
6. Mr Sahwal Abu Bakar
7. Ms Adibah Al Amir Mohd
8. Mr Faiz Ahmad Zamri
9. Ms Rasyidah Abd Rahim
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Mr Hasnor Hadi Asim

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2. Mr Mohd Zaid Ramlan
3. Ms Noraini Jamaludin
4. Ms Rafidah Abdullah
5. Mr Shahir Shamsuddin
6. Ms Chin Poh Ling
7. Ms Maslina Othman
8. Ms Normeiza Kamilan
9. Ms Noraini Kosnon
10. Ms Hamida Ab Hamid
11. Ms Quek Sue Lyn
12. Ms Aida Azna Abu Hasan
13. Ms Goh Hwee Teng

Drivers

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2. Mr Jasnizan Atan
3. Mr Mohd Faizal Md Jazi
4. Mr Norhazeley Ahmad

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1. Ms Nor Zuriati Mahamud
2. Ms Nur Atikah Abdul Aziz
3. Ms Nurhafizah Ehsan
4. Goh Hon Chien
5. Mr Amirul Azhar Ahmad Tuli
6. Mr Mohd Fauzi Asim

7. Mr Zulhilmi Zakaria
8. Ms Nur Izzati Salehuddin
9. Ms Nor Khairina Md. Farid
10. Mr Mohd Fadli Pungot

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Liaison Officer

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2. Ms Norfaiezah Ahmad
3. Mohd Khairulnizam
4. Ms Sam Azura Ahmad
5. Ms Hanis Bazilla Abu Hasan
6. Ms Wan Suria Wan Yussof
7. Ms Norwati Sakiram
8. Ms Khalidah Mat Husin
9. Ms Nor Hasliza Ibrahim
10. Ms Suriati Zakaria
11. Ms Nurul Asyikin Osman
12. Ms Har Rasyidah Mohd Irani
13. Ms Halimatus Saadiah Md Jabir
14. Mr Mohd Hasyami Saihun
15. Mr Cheong Siew Man
16. Ms Nor Dalila Mat Ghani
17. Ms Aznita Izma Mohd Arif

Drivers

1. Mr Zawawi Mamat
2. Mr Ramli Mohd Noor
3. Mr Hasmizan Mukhtar
4. Mr Muhammad Yusof Fadzil
5. Mr Ahmad Faizal Alam
6. Mr Muhammad Syaqqieq Ramli
7. Mr Mohd Nor Arzari Hassan
8. Mr Ahmad Zamri Idris
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3. Mr Mohd Zulhusni Zulkipli
4. Mr Ahmad Yaakob Tasyrif Md Adnani

5. Ms Rohana Saharudin
6. Ms Norhanis Ahmad
7. Ms Sharifah Noratiqah Syed Abu Bakar
8. Ms Aida Izyani Daud
9. Ms Salmiah Jaffar
10. Ms Suliha Abd Hamid

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Liaison Officer

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Field Supervisor

Mr Lim Kuang Kuay

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2. Ms Norhazwani Abdul Razak
3. Ms Siti Khadijah Abdullah
4. Ms Norfadzila Jusoh
5. Ms Siti Nor Syarma Mohd Sharif
6. Ms Nor Ratna Mustaffa
7. Mr Shuhanim Md Shukeri
8. Ms Fasihah Wahad
9. Ms Tuan Nor Baizura Tuan Bidin
10. Ms Nurul Aida Embong
11. Mr Wan Abdul Aziz Wan Mamat

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2. Mr Wan Ahmad Shukri Wan Ismail
3. Mr Azman Muda

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2. Ms Nurzulhani Abdul Majid
3. Ms Faridah Ahmad
4. Ms Nonaimah Mat Hussin
5. Ms Noranasuha Abd Rahman
6. Mr Mohd Yusri Mohd Yunos
7. Ms Siti Norlailly Mohamed Nor
8. Ms Nazihah Mohd Yusof
9. Ms Nor Shahida Salleh
10. Mr Mohd Zaidi Mat Yazid

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Field Supervisor

Mr Lim Kuang Hock

Nutritionist

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2. Ms Salmie Ibrahim
3. Ms Norita Mat Rasid
4. Mr Wan Fauzi Wan Yusoff
5. Ms Fadwa Ali
6. Ms Noriza Hussein
7. Ms Junaidah Mustapha
8. Ms Sharifah Fatimah Zahra Sy. Agil
9. Ms Siti Nuzullah Mohd Salleh
10. Ms Norhasliza Ariffin

Drivers

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2. Mr Hafizal Hassan

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2. Ms Halimatun Saadiah Ahmad
3. Ms Siti Fasihah Abdul Razak
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6. Ms Norhamizah Hashim
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Nutritionist

1. Ms Fatin Amirah Jamaluddin
2. Ms Nurul Shaidatul Nadia
3. Ms Bong Hui Lee
4. Ms Nur Naazira Iman

5. Mr Mohd Hasnan Ahmad
6. Ms Noorina A. Rahman
7. Ms Ajlaa Abdul Rashid
8. Mr Razali Makhtar
9. Ms Mohd Azwal Idrus
10. Ms Chua Boon Kee
11. Ms Syahrizan Anggas
12. Ms Nurul Shaidatul Nadia
13. Ms Yeo Siang Ing
14. Tan Beng Chin

Drivers

None

Research Assistants

1. Ms Khatijah Bujang
2. Ms Natalie May Anak Sahak
3. Anselm Julian Lomas
4. Ms Nadzirah Marifat
5. Ms Siti Rahimah Mohamad
6. Ms Noor Hapisah Abd Karim
7. Ms Amanda Blazes
8. Ms Nurul Syafawani Rosmadi
9. Ms Georgina Linda Anak John Ringkai
10. Ms Suharti Nyut
11. Mr Foong Wai Loon
12. Ms Noris Anak Pantar
13. Mr Razlan Abdullah
14. Ms Mandy Anak Abim
15. Mr Mazridhwan Yahya
16. Ms Noraziana Dorani
17. Ms Noni Anak Fenno
18. Mr Syed Khairulhisham Syed Yusuf
19. Ms Michellynn Sylvia Anak Guah
20. Ms Zanariah Junaidi

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Ms Puspawati Mohamed

Field Supervisors

1. Ms Faizah Paiwai
2. Ms Scholastica
3. Ms Jaradah

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1. Ms Nor Azimah Zainal
2. Mr Khairul Hasnan Amali
3. Mr Zulkifli Jamil

4. Ms Norhidayah Zailani
5. Ms Norhajaji Mardjuni
6. Chan Chee Ling
7. Chin Kim Ling
8. Mr Benjamin Akmad
9. Mr Mohd Zamir Abd Majid
10. Mac Donna Mathews
11. Ms Jenny Jouti
12. Ms Noorafizah Ibrahim
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1. Mr Abd Jainad Binad
2. Mr Seraili Kayong
3. Mr Johnny Hugh
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4. Maxwell Guriana
5. Mr Paul Beatrix Fernando Oppei
6. Mr Muhd Hanif Rahban
7. Ms Noor Fazlyana Jamliddy
8. Ms Azriah Asis
9. Ms Faradillah Dahalan
10. Mr Muhammad Farizul Faiz Dahalan
11. Ms Mardhiah Mohd Aripin
12. Ms Dgk Norain Fazirah Pg Kamal
13. Ms Zaweni Azlin Melan
14. Mr Jeldy Galoh
15. Ms Nuravnni Ashikin Ahmad
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17. Mr Sayful Safuan Ridzuan Puddin
18. Mr Mohd Iskandar Shah Maitin
19. Mr Awangku Mohd Shahfarol Pg Kamal
20. Ms Dayang Badariah Osman

APPENDIX 9 : QUESTIONNAIRE

<p>KEMENTERIAN KESIHATAN MALAYSIA & KEMENTERIAN PELAJARAN MALAYSIA</p>	
	
	
<p>TINJAUAN KEBANGSAAN KESIHATAN & MORBIDITI (NHMS)</p> <p><i>THE NATIONAL HEALTH MORBIDITY SURVEY (NHMS)</i></p>	
<p>2012</p>	
<p>MODUL SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA</p> <p><i>GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY MODULE (GSHS) MALAYSIA</i></p>	
<p>Jln. Rumah Sakit Bangsar, 59000 Kuala Lumpur</p>	

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY (GSHS) MALAYSIA	2012
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PENGENALAN

INTRODUCTION

Kementerian Kesihatan Malaysia dengan kerjasama Kementerian Pelajaran Malaysia dan Pertubuhan Kesihatan Sedunia (WHO) sedang menjalankan tinjauan yang berkaitan kesihatan remaja. Survei ini adalah berkenaan dengan kesihatan anda dan tindakan yang anda ambil yang memberi kesan kepada kesihatan anda.

The Ministry of Health Malaysia with the cooperation of the Ministry of Education Malaysia and the World Health Organization (WHO) is conducting a survey on adolescent health. This survey is about your health and the things that you do that may affect your health.

Terima kasih kerana bersetuju untuk menyertai tinjauan ini. Tiada jawapan yang **BETUL** atau **SALAH**. Markah peperiksaan anda tidak akan terjejas sekiranya anda menjawab atau tidak menjawab soalan dalam survei ini. Setiap jawapan yang anda berikan boleh membantu memantapkan program kesihatan untuk remaja. Oleh itu, sila jawab dengan ikhlas dan tepat.

Thank you for agreeing to participate in this survey. There are no CORRECT or WRONG answers. None of your grades or marks will be affected whether or not you answer the questions. Each answer that you provide will help in the improvisation of health programs for adolescents. Therefore, please answer as honestly and accurately as possible.

Segala maklumat individu yang diberikan adalah **RAHSIA** kerana **TIADA MAKLUMAT PENGENALAN DIRI DIAMBIL** dan **TIDAK AKAN DIDEPAHKAN**. Tiada siapa akan tahu bagaimana anda menjawab. Sila jawab berdasarkan apa yang anda tahu.














All individual information given will be kept SECRET because NO IDENTIFIERS ARE TAKEN nor WILL BE EXPOSED. No one will know how you answer. Answer the questions based on your best of knowledge.

PANDUAN MENGISI BORANG (SILA BACA DENGAN TELITI)

GUIDE ON FILING THE QUESTIONNAIRE (PLEASE READ CAREFULLY)

- a. **JANGAN** tulis **NAMA ANDA** pada kertas soalan mahupun kertas jawapan.
DO NOT write YOUR NAME on the questionnaire or the answer sheet.
- b. Sila **BACA PERNYATAAN** untuk soalan yang memberikan pernyataan atau definisi sebelum menjawab soalan.
Please READ STATEMENT for questions with a preceeding statement or definition before answering.
- c. Sila **HITAMKAN** jawapan yang bersamaan jawapan anda pada kertas jawapan yang disediakan. Hanya hitamkan **SATU JAWAPAN** bagi setiap soalan. Sila gunakan pensel 2B yang disediakan. Sekiranya lengkap, ikut arahan pegawai yang melakukan survei di sekolah/kelas anda

Please FILL IN THE CIRCLES on your answer sheet that matches your answer. There can be ONLY ONE ANSWER for each question. Use only the provided 2B pencil. When you are done, follow the instructions of the person conducting the survey in your school/class.

BERIKUT ADALAH CONTOH BAGAIMANA MENGISI JAWAPAN HERE IS AN EXAMPLE OF HOW TO FILL IN THE CIRCLES: ISIKAN BULATAN SEPERTI INI  BUKAN SEPERTI INI  ATAU  OR	
FILL IN THE CIRCLES LIKE THIS  NOT LIKE THIS 	
SURVEI/SURVEY	
1. Adakah ikan tinggal dalam air? A. ya B. Tidak	1. Do fish live in water? a. Yes b. No
Borang jawapan Answer sheet	1.        

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA
GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY (GSHS) MALAYSIA

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BAHAGIAN 1

PART 1

1. Berapakah umur anda?
How old are you?
 - a. 11 tahun atau ke bawah
11 years old or younger
 - b. 12 tahun
12 years old
 - c. 13 tahun
13 years old
 - d. 14 tahun
14 years old
 - e. 15 tahun
15 years old
 - f. 16 tahun
16 years old
 - g. 17 tahun
17 years old
 - h. 18 tahun atau ke atas
18 years old or older
2. Apakah jantina anda?
What is your sex?
 - a. Lelaki
Male
 - b. Perempuan
Female
3. Anda belajar di tingkatan/kelas apa?
In what form/class are you?
 - a. Kelas peralihan
Remove class
 - b. Tingkatan 1
Form 1
 - c. Tingkatan 2
Form 2
 - d. Tingkatan 3
Form 3
 - e. Tingkatan 4
Form 4
 - f. Tingkatan 5
Form 5
4. Apakah etnik anda?
What is your ethnicity?
 - a. Melayu
Malay
 - b. Cina
Chinese
 - c. India
Indian
 - d. Bumiputera Sabah
Bumiputera Sabah
 - e. Bumiputera Sarawak
Bumiputera Sarawak
 - f. Lain-lain etnik
Some other ethnicity
5. Apakah status perkahwinan ibu bapa anda?
What is the marital status of your parents?
 - a. Berkahwin dan tinggal bersama
Married and living together
 - b. Berkahwin tapi tidak tinggal bersama atas dasar bekerja di tempat lain
Married but living apart due to working in another place
 - c. Berceraai
Divorced
 - d. Balu (ayah atau ibu telah meninggal)
Widower (my mother or father has died)
 - e. Berpisah (ibu bapa tidak tinggal serumah)
Separated (my parents do not live together)
 - f. Tidak tahu
I do not know

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY (GSHS) MALAYSIA	2012
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BAHAGIAN 2
PART 2

SILA BACA PERNYATAAN DIBAWAH:

5 soalan seterusnya adalah berkenaan dengan ketinggian, berat dan berkaitan dengan kelaparan.

PLEASE READ THE STATEMENT BELOW:

The next 5 questions ask about your height, weight, and going hungry.

6. Berapa tinggi anda tanpa memakai kasut? SILA TULIS TINGGI ANDA DI KERTAS JAWAPAN DALAM KOTAK BERLAKAR DI BAHAGIAN ATAS GRID DAN HITAMKAN SETIAP NOMBOR DALAM BULATAN YANG SAMA DENGAN JAWAPAN TADI. TULIS JAWAPAN ANDA SETELAH TINGGI ANDA DIUKUR SEPERTI YANG DIARAHKAN OLEH PEGAWAI YANG MENJALANKAN SURVEI.

How tall are you without your shoes on? ON THE ANSWER SHEET, WRITE YOUR HEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER. ONLY WRITE YOUR ANSWER AFTER YOUR HEIGHT HAVE BEEN MEASURED AS PER INSTRUCTED BY THE PERSON WHO IS CONDUCTING YOUR SURVEY.

Contoh:
Example:

Tinggi/Height (cm)		
1	5	3
0	0	0
1	1	1
2	2	2
	3	3
	4	4
	5	5
	6	6
	7	7
	8	8
	9	9

7. Berapa berat anda dalam pakaian ringan dan tanpa memakai kasut? SILA TULIS BERAT ANDA DI KERTAS JAWAPAN DALAM KOTAK BERLAKAR DI BAHAGIAN ATAS GRID DAN HITAMKAN SETIAP NOMBOR DALAM BULATAN YANG SAMA DENGAN JAWAPAN TADI. TULIS JAWAPAN ANDA SETELAH BERAT ANDA DIUKUR SEPERTI YANG DIARAHKAN OLEH PEGAWAI YANG MENJALANKAN SURVEI.

How much do you weigh in light clothing and without your shoes on? ON THE ANSWER SHEET, WRITE YOUR WEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER. ONLY WRITE YOUR ANSWER AFTER YOUR WEIGHT HAVE BEEN MEASURED AS PER INSTRUCTED BY THE PERSON WHO IS CONDUCTING YOUR SURVEY.

Contoh:
Example:

Berat/Weight (kg)		
0	5	2
0	0	0
1	1	1
2	2	2
	3	3
	4	4
	5	5
	6	6
	7	7
	8	8
	9	9

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA
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2012

8. Apakah pandangan anda tentang berat diri anda?

How do you describe your weight?

- a. Kurang berat badan
Very underweight
- b. Sedikit kurang berat badan
Slightly underweight
- c. Berat badan yang sesuai
About the right weight
- d. Sedikit berlebihan berat badan
Slightly overweight
- e. Berat badan berlebihan
Very overweight

9. Apakah yang telah anda lakukan tentang berat anda?

Which of the following are you trying to do about your weight?

- a. Saya tidak berbuat apa-apa tentang berat badan saya
I am not trying to do anything about my weight
- b. Kurangkan berat badan
Lose weight
- c. Tingkatkan berat badan
Gain weight
- d. Kekalkan berat badan
Stay the same weight

10. Dalam tempoh 30 hari yang lepas, berapa kerap anda kelaparan kerana tidak cukup makanan di rumah?

During the past 30 days, how often did you go hungry because there was not enough food in your home?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Sentiasa
Always

7 soalan berikutnya adalah berkenaan apa yang anda mungkin makan atau minum.

The next 7 questions ask about what you might eat and drink.

11. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** makan buah?

During the past 30 days, how many times per day did you usually eat fruit?

- a. Saya tidak makan buah dalam 30 hari yang lepas
I did not eat fruit during the past 30 days
- b. Kurang dari 1 kali dalam sehari
Less than 1 time per day
- c. 1 kali sehari
1 time per day
- d. 2 kali sehari
2 times per day
- e. 3 kali sehari
3 times per day
- f. 4 kali sehari
4 times per day
- g. 5 kali atau lebih sehari
5 or more times per day

12. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** makan sayur?

During the past 30 days, how many times per day did you usually eat vegetables?

- a. Saya tidak makan sayur dalam 30 hari yang lepas
I did not eat vegetables during the past 30 days
- b. Kurang dari 1 kali dalam sehari
Less than 1 time per day
- c. 1 kali sehari
1 time per day
- d. 2 kali sehari
2 times per day
- e. 3 kali sehari
3 times per day
- f. 4 kali sehari
4 times per day
- g. 5 kali atau lebih sehari
5 or more times per day

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA
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13. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** minum air berkarbonat seperti Coca Cola, Sprite, Pepsi dan lain-lain? (Air berkarbonat diet **tidak termasuk** dalam kumpulan ini)
During the past 30 days, how many times per day did you usually drink carbonated soft drinks such as Coca Cola, Sprite, and Pepsi? (Do not include diet soft drinks)
- Saya tidak minum air berkarbonat dalam 30 hari yang lepas
I did not drink carbonated soft drinks during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali sehari
4 times per day
 - 5 kali atau lebih sehari
5 or more times per day
14. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** minum air kosong seperti air mineral, air masak, atau air paip?
During the past 30 days, how many times per day did you usually drink plain water such as mineral water, boiled water, or tap water?
- Saya tidak minum air kosong dalam 30 hari yang lepas
I did not drink plain water during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali sehari
4 times per day
 - 5 kali atau lebih sehari
5 or more times per day
15. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** minum susu atau makan produk tenusu seperti susu, keju, yogurt dan lain-lain? (Ini tidak termasuk susu pekat manis)
During the past 30 days, how many times per day did you usually drink milk or eat milk products, such as milk, cheese, and yogurt? (This does not include sweetened condensed milk)
- Saya tidak minum susu atau makan produk tenusu dalam tempoh 30 hari yang lepas
I did not drink milk or eat milk products during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali sehari
4 times per day
 - 5 kali atau lebih sehari
5 or more times per day
16. Dalam tempoh 7 hari yang lepas, berapa hari anda makan makanan segera dari **restoran makanan segera** seperti McDonalds, KFC, dan Pizza Hut?
During the past 7 days, on how many days did you eat food from a fast food restaurant, such as McDonalds, KFC, and Pizza Hut?
- 0 hari
0 days
 - 1 hari
1 day
 - 2 hari
2 days
 - 3 hari
3 days
 - 4 hari
4 days
 - 5 hari
5 days
 - 6 hari
6 days
 - 7 hari
7 days

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA
GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY (GSHS) MALAYSIA

2012

17. Dalam tempoh 7 hari yang lepas, berapa hari anda makan sebelum pukul 9:00 pagi?

During the past 7 days, on how many days did you eat a meal before 9:00 am?

- a. 0 hari
0 days
- b. 1 hari
1 day
- c. 2 hari
2 days
- d. 3 hari
3 days
- e. 4 hari
4 days
- f. 5 hari
5 days
- g. 6 hari
6 days
- h. 7 hari
7 days

SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA
GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY (GSHS) MALAYSIA

2012

BAHAGIAN 3

PART 3

5 soalan seterusnya adalah berkenaan amalan pembersihan gigi.

The next 5 questions ask about cleaning your teeth.

18. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda membersihkan atau memberus gigi anda?
During the past 30 days, how many times per day did you usually clean or brush your teeth?
- Saya tidak membersihkan atau memberus gigi dalam 30 hari yang lepas
I did not clean or brush my teeth during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali atau lebih sehari
4 or more times per day
19. Dalam tempoh 12 bulan yang lepas, adakah sakit gigi menyebabkan anda tidak hadir ke kelas atau sekolah?
During the past 12 months, did a tooth ache cause you to miss classes or school?
- Ya
Yes
 - Tidak
No
20. Adakah anda menggunakan ubat gigi berflourida?
Do you use toothpaste that contains fluoride?
- Ya
Yes
 - Tidak
No
 - Tidak tahu
I do not know
21. Bilakah kali terakhir anda berjumpa doktor gigi atau jururawat pergigian untuk pemeriksaan, pembersihan gigi atau rawatan pergigian yang lain?
When was the last time you saw a dentist or dental nurse for a check-up, teeth cleaning, or other dental treatment?
- Dalam tempoh 12 bulan yang lepas
During the past 12 months
 - Di antara 12 hingga 24 bulan yang lepas
Between 12 and 24 months ago
 - Lebih daripada 24 bulan yang lepas
More than 24 months ago
 - Tidak pernah
Never
 - Tidak tahu
I do not know
22. Adakah anda mengelak untuk senyum atau ketawa kerana risau dengan rupa gigi anda?
Do you avoid smiling or laughing because of how your teeth look?
- Ya
Yes
 - Tidak
No

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3 soalan seterusnya adalah berkenaan amalan membasuh tangan.

The next 3 questions ask you about washing your hands.

23. Dalam tempoh 30 hari yang lepas, berapa kerap anda membasuh tangan sebelum makan?

During the past 30 days, how often did you wash your hands before eating?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-Kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Setiap kali
Always

24. Dalam tempoh 30 hari yang lepas, berapa kerap anda membasuh tangan selepas menggunakan tandas?

During the past 30 days, how often did you wash your hands after using the toilet or latrine?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-Kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Setiap kali
Always

25. Dalam tempoh 30 hari yang lepas, berapa kerap anda menggunakan sabun semasa membasuh tangan anda?

During the past 30 days, how often did you use soap when washing your hands?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-Kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Setiap kali
Always

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BAHAGIAN 4

PART 4

SILA BACA PERNYATAAN DI BAWAH:

Soalan berikutnya adalah berkenaan serangan fizikal. Serangan fizikal berlaku apabila seorang atau lebih ramai orang menyerang individu lain dengan anggota badan atau senjata seperti kayu, pisau atau senjata api. Serangan fizikal tidak diambil kira jika dua individu atau pelajar yang sama saiz atau kekuatan bersetuju untuk bergaduh secara fizikal.

PLEASE READ THE STATEMENT BELOW:

The next question asks about physical attacks. A physical attack occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two individuals or students of about the same strength or power choose to fight each other.

26. Dalam tempoh 12 bulan yang lepas, berapa kali anda telah diserang secara fizikal?
During the past 12 months, how many times were you physically attacked?
- 0 kali
0 times
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 atau 5 kali
4 or 5 times
 - 6 atau 7 kali
6 or 7 times
 - 8 atau 9 kali
8 or 9 times
 - 10 atau 11 kali
10 or 11 times
 - 12 kali atau lebih
12 or more times

SILA BACA PERNYATAAN DI BAWAH:

Soalan seterusnya adalah berkaitan dengan pergaduhan fizikal. Pergaduhan fizikal berlaku apabila dua individu atau pelajar yang sama saiz atau kekuatan bersetuju untuk bergaduh secara fizikal.

PLEASE READ THE STATEMENT BELOW:

The next question asks about physical fights. A physical fight occurs when two individuals or students of about the same strength or power choose to fight each other.

27. Dalam tempoh 12 bulan yang lepas, berapa kali anda terlibat dalam pergaduhan secara fizikal?
During the past 12 months, how many times were you in a physical fight?
- 0 kali
0 times
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 atau 5 kali
4 or 5 times
 - 6 atau 7 kali
6 or 7 times
 - 8 atau 9 kali
8 or 9 times
 - 10 atau 11 kali
10 or 11 times
 - 12 kali atau lebih
12 or more times

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SILA BACA PERNYATAAN DI BAWAH:

3 soalan seterusnya adalah berkenaan kecederaan serius yang pernah anda alami. Kecederaan serius berlaku apabila anda tidak hadir sekurang-kurangnya satu hari aktiviti biasa yang dilakukan (termasuk sekolah, sukan atau kerja) atau kecederaan yang memerlukan rawatan daripada doktor atau anggota kesihatan.

PLEASE READ THE STATEMENT BELOW:

The next 3 questions ask about serious injuries that happened to you. An injury is serious when it makes you miss at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or medical personnel.

28. Dalam tempoh 12 bulan yang lepas, berapa kali anda mengalami kecederaan serius?
During the past 12 months, how many times were you seriously injured?
- 0 kali
0 times
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 atau 5 kali
4 or 5 times
 - 6 atau 7 kali
6 or 7 times
 - 8 atau 9 kali
8 or 9 times
 - 10 atau 11 kali
10 or 11 times
 - 12 kali atau lebih
12 or more times
29. Dalam tempoh 12 bulan yang lepas, apakah kecederaan yang paling serius yang anda pernah alami?
During the past 12 months, what was the most serious injury that happened to you?
- Saya tidak mengalami kecederaan dalam tempoh 12 bulan yang lepas
I was not seriously injured during the past 12 months
 - Patah tulang atau sendi terkehel/terkeluar
I had a broken bone or a dislocated joint
 - Luka atau tikaman
I had a cut or stab wound
 - Gegaran (konkusi) kepala atau kecederaan leher, pengsan, atau tidak boleh bernafas
I had a concussion or other head or neck injury, was knocked out, or could not breathe
 - Kecederaan senjata api
I had a gunshot wound
 - Kebakaran kulit yang serius
I had a bad burn
 - Diracun atau mengambil ubat berlebihan
I was poisoned or took too much of a drug
 - Sesuatu yang lain berlaku kepada saya
Something else happened to me

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30. Dalam tempoh 12 bulan yang lepas, apakah **penyebab utama** terhadap kecederaan **serius** yang anda alami?
*During the past 12 months, what was the major cause of the most **serious** injury that happened to you?*

- a. Saya tidak mengalami kecederaan dalam 12 bulan yang lepas
I was not seriously injured during the past 12 months
- b. Saya terlibat dalam kemalangan kenderaan
I was in a motor vehicle accident or hit by a motor vehicle
- c. Saya terjatuh
I fell
- d. Sesuatu telah jatuh atau terkena saya
Something fell on me or hit me
- e. Saya telah diserang atau didera atau bergaduh dengan orang lain
I was attacked or abused or was fighting with someone
- f. Saya terlibat dalam kebakaran atau berada terlalu dekat dengan api atau sesuatu yang panas
I was in a fire or too near a flame or something hot
- g. Saya sedut atau telan sesuatu yang membahayakan saya
I inhaled or swallowed something bad for me
- h. Sesuatu yang lain menyebabkan kecederaan saya
Something else caused my injury

SILA BACA PERNYATAAN DI BAWAH:

2 soalan seterusnya adalah berkenaan buli. Buli berlaku apabila seorang atau sekumpulan pelajar mengata atau melakukan sesuatu yang tidak menyenangkan pelajar lain. Seseorang juga boleh dikatakan dibuli apabila dia diejek secara berterusan atau dipulaukan dengan sengaja. Buli tidak diambil kira apabila dua pelajar yang sama saiz atau kekuatan bergaduh atau ejekan dilakukan secara bergurau atau berseronok bagi kedua-dua pihak.

PLEASE READ THE STATEMENT BELOW:

The next 2 questions ask about bullying. Bullying occurs when a student or group of students say or do bad or unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.

31. Dalam tempoh 30 hari yang lepas, berapa hari anda telah dibuli?

During the past 30 days, on how many days were you bullied?

- a. 0 hari
0 days
- b. 1 atau 2 hari
1 or 2 days
- c. 3 hingga 5 hari
3 to 5 days
- d. 6 hingga 9 hari
6 to 9 days
- e. 10 hingga 19 hari
10 to 19 days
- f. 20 hingga 29 hari
20 to 29 days
- g. Kesemua 30 hari
All 30 days

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32. Dalam 30 hari yang lepas, apakah perlakuan buli paling kerap anda alami?

During the past 30 days, how were you bullied most often?

- a. Saya tidak dibuli dalam 30 hari yang lepas
I was not bullied during the past 30 days
- b. Saya telah dipukul, ditendang, ditolak atau dikunci dalam suatu tempat
I was hit, kicked, pushed, shoved around, or locked indoors
- c. Saya telah diejek kerana bangsa, kerakyatan atau warna kulit saya
I was made fun of because of my race, nationality, or color
- d. Saya telah diejek kerana agama saya
I was made fun of because of my religion
- e. Saya telah diejek dengan ejekan seksual seperti secara komen, perilaku atau gurauan
I was made fun of with sexual jokes, comments, or gestures
- f. Saya telah dipulau dari apa-apa aktiviti secara sengaja atau langsung tidak dipedulikan
I was left out of activities on purpose or completely ignored
- g. Saya diejek kerana bentuk badan atau paras rupa saya
I was made fun of because of how my body or face looks
- h. Saya telah dibuli dengan cara lain
I was bullied in some other way

SILA BACA PERNYATAAN DI BAWAH:

2 soalan berikutnya adalah berkenaan deraan fizikal dan lisan di rumah. Apabila seseorang memukul atau mengatakan ayat yang menyakitkan hati ianya diambil kita sebagai deraan fizikal dan lisan.

PLEASE READ THE STATEMENT BELOW:

The next 2 questions ask about physical and verbal abuse at home. When someone hits you or says hurtful or insulting things to you it is called physical abuse or verbal abuse.

33. Dalam tempoh 30 hari yang lepas, adakah anda telah dipukul di rumah sehingga meninggalkan kesan atau mengalami kecederaan?

During the past 30 days, how many times did someone at home hit you so hard that they left a mark or caused an injury?

- a. 0 kali
0 times
- b. 1 kali
1 time
- c. 2 atau 3 kali
2 or 3 times
- d. 4 atau 5 kali
4 or 5 times
- e. 6 atau 7 kali
6 or 7 times
- f. 8 atau 9 kali
8 or 9 times
- g. 10 atau 11 kali
10 or 11 times
- h. 12 kali atau lebih
12 or more times

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34. Dalam tempoh 30 hari yang lepas, berapa kali seseorang di rumah menyatakan sesuatu yang menyakitkan hati atau menghina anda?

During the past 30 days, how many times has someone at home said hurtful or insulting things to you?

- a. 0 kali
0 times
- b. 1 kali
1 time
- c. 2 atau 3 kali
2 or 3 times
- d. 4 atau 5 kali
4 or 5 times
- e. 6 atau 7 kali
6 or 7 times
- f. 8 atau 9 kali
8 or 9 times
- g. 10 atau 11 kali
10 or 11 times
- h. 12 kali atau lebih
12 or more times

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BAHAGIAN 5

PART 5

6 soalan seterusnya adalah berkenaan perasaan dan persahabatan anda.

The next 6 questions ask about your feelings and friendships.

35. Dalam tempoh 12 bulan yang lepas, berapa kerap anda merasa kesunyian?
During the past 12 months, how often have you felt lonely?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-Kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Setiap kali
Always
36. Dalam tempoh 12 bulan yang lepas, berapa kerap anda merasa terlalu risau tentang sesuatu perkara sehingga anda tidak dapat tidur di waktu malam?
During the past 12 months, how often have you been so worried about something that you could not sleep at night?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-Kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Setiap kali
Always
37. Dalam tempoh 12 bulan yang lepas, pernahkah anda terfikir **secara serius** untuk membunuh diri?
During the past 12 months, did you ever seriously consider attempting suicide?
- Ya
Yes
 - Tidak
No
38. Dalam tempoh 12 bulan yang lepas, adakah anda membuat perancangan untuk membunuh diri?
During the past 12 months, did you make a plan about how you would attempt suicide?
- Ya
Yes
 - Tidak
No
39. Dalam tempoh 12 bulan yang lepas, berapa kali anda telah **cuba** untuk membunuh diri?
During the past 12 months, how many times did you actually attempt suicide?
- 0 kali
0 kali
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 hingga 5 kali
4 or 5 times
 - 6 kali atau lebih
6 or more times
40. Berapa ramai kawan rapat yang anda ada?
How many close friends do you have?
- 0 kawan
0 friends
 - 1 kawan
1 friend
 - 2 kawan
2 friends
 - 3 atau lebih
3 or more

BAHAGIAN 6**PART 6**

9 soalan seterusnya adalah berkenaan rokok dan produk tembakau yang lain.

The next 9 questions ask about cigarettes and other tobacco products.

41. Berapakah umur anda ketika kali pertama menghisap rokok?

How old were you when you first tried a cigarette?

- Saya tidak pernah merokok
I have never smoked cigarettes
- 7 tahun atau ke bawah
7 years old or younger
- 8 atau 9 tahun
8 or 9 years old
- 10 atau 11 tahun
10 or 11 years old
- 12 atau 13 tahun
12 or 13 years old
- 14 atau 15 tahun
14 or 15 years old
- 16 tahun atau ke atas
16 years old or older

42. Dalam tempoh 30 hari yang lepas, berapa hari anda merokok?

During the past 30 days, on how many days did you smoke cigarettes?

- 0 hari
0 days
- 1 atau 2 hari
1 or 2 days
- 3 hingga 5 hari
3 to 5 days
- 6 hingga 9 hari
6 to 9 days
- 10 hingga 19 hari
10 to 19 days
- 20 hingga 29 hari
20 to 29 days
- Kesemua 30 hari
All 30 days

43. Dalam tempoh 30 hari yang lepas, berapa hari anda menggunakan produk tembakau lain selain rokok seperti shisha/hookah, rokok elektronik, tembakau sedut, tembakau kunyah, paip, curut, cigar, cigarillo atau bidis?

During the past 30 days, on how many days did you use tobacco products other than cigarettes such as shisha/hookah, electronic cigarettes, snuff, chewing tobacco, pipes, curut, cigars, cigarillos or bidis?

- 0 hari
0 days
- 1 atau 2 hari
1 or 2 days
- 3 hingga 5 hari
3 to 5 days
- 6 hingga 9 hari
6 to 9 days
- 10 hingga 19 hari
10 to 19 days
- 20 hingga 29 hari
20 to 29 days
- Kesemua 30 hari
All 30 days

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44. Dalam tempoh 30 hari yang lepas, produk tembakau manakah selain daripada rokok yang anda **paling kerap** gunakan?
During the past 30 days, which of the following tobacco product other than cigarettes did you use most often?
- Saya tidak merokok mana-mana produk tembakau di atas dalam tempoh 30 hari yang lepas
I did not smoke any of the following tobacco products during the past 30 days
 - Shisha/Hookah
Shisha/Hookah
 - Rokok elektronik
Electronic cigarettes
 - Tembakau sedut atau tembakau kunyah:
Snuff or chewing tobacco
 - Paip
Pipes
 - Curut, cigar or cigarillo
Curut, cigars atau cigarillos
 - Bidis
Bidis
 - Produk tembakau lain
Some other tobacco product
45. Dalam tempoh 12 bulan yang lepas, adakah anda cuba untuk berhenti merokok?
During the past 12 months, have you ever tried to stop smoking cigarettes?
- Saya tidak pernah merokok
I have never smoked cigarettes
 - Saya tidak pernah merokok dalam tempoh 12 bulan yang lepas
I did not smoke cigarettes during the past 12 months
 - Ya
Yes
 - Tidak
No
46. Dalam tempoh 7 hari yang lepas, berapa hari anda bersama dengan perokok yang sedang merokok?
During the past 7 days, on how many days have people smoked in your presence?
- 0 hari
0 days
 - 1 atau 2 hari
1 or 2 days
 - 3 atau 4 hari
3 or 4 days
 - 5 atau 6 hari
5 or 6 days
 - Kesemua 7 hari
All 7 days
47. Antara bapa, ibu atau penjaga, siapa ada mengguna produk tembakau termasuk rokok?
Which of your parents or guardians use any form of tobacco including cigarettes?
- Kedua-duanya tidak merokok
Neither
 - Ayah atau penjaga lelaki
My father or male guardian
 - Ibu atau penjaga perempuan
My mother or female guardian
 - Kedua-duanya
Both
 - Tidak tahu
I do not know
48. Dalam tempoh 12 bulan adakah anda akan merokok?
At any time during the next 12 months, do you think you will smoke a cigarette?
- Tidak akan
Definitely not
 - Mungkin tidak
Probably not
 - Mungkin ya
Maybe yes
 - Memang ya
Definitely yes

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49. Jika kawan rapat anda menghulurkan rokok, adakah anda akan menghisapnya?

If one of your best friends offered you a cigarette would you smoke it?

- a. Tidak akan
Definitely not
- b. Mungkin tidak
Probably not
- c. Mungkin ya
Maybe yes
- d. Memang ya
Definitely yes

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BAHAGIAN 7

PART 7

SILA BACA PERNYATAAN DI BAWAH:

6 soalan berikutnya adalah berkenaan meminum minuman beralkohol. Satu "minuman" merujuk kepada satu gelas wain tuak, lihing, bahar, ijuk atau todji; sebotol bir; segelas kecil arak, langkau, montoku; atau minuman campuran. Minuman beralkohol tidak termasuk beberapa hirup wain untuk tujuan keagamaan.

PLEASE READ THE STATEMENT BELOW:

The next 6 questions ask about drinking alcohol. A "drink" is a glass of wine, tuak, lihing, bahar, ijuk or toddy; a bottle of beer; a small glass of liquor; or a mixed drink. Drinking alcohol does not include drinking a few sips of wine for religious purposes.

- | | |
|---|--|
| <p>50. Berapakah umur anda ketika kali pertama anda minum minuman beralkohol?
<i>How old were you when you had your first drink of alcohol?</i></p> <ol style="list-style-type: none"> a. Saya tidak pernah minum minuman beralkohol
<i>I have never had a drink of alcohol</i> b. 7 tahun atau ke bawah
<i>7 years old or younger</i> c. 8 atau 9 tahun
<i>8 or 9 years old</i> d. 10 atau 11 tahun
<i>10 or 11 years old</i> e. 12 atau 13 tahun
<i>12 or 13 years old</i> f. 14 atau 15 tahun
<i>14 or 15 years old</i> g. 16 tahun atau ke atas
<i>16 years old or older</i> | <p>51. Dalam tempoh 30 hari yang lepas, berapa hari anda mengambil sekurang-kurangnya satu minuman mengandungi alkohol?
<i>During the past 30 days, on how many days did you have at least one drink containing alcohol?</i></p> <ol style="list-style-type: none"> a. 0 hari
<i>0 days</i> b. 1 atau 2 hari
<i>1 or 2 days</i> c. 3 hingga 5 hari
<i>3 to 5 days</i> d. 6 hingga 9 hari
<i>6 to 9 days</i> e. 10 hingga 19 hari
<i>10 to 19 days</i> f. 20 hingga 29 hari
<i>20 to 29 days</i> g. Kesemua 30 hari
<i>All 30 days</i> |
|---|--|

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52. Dalam tempoh 30 hari yang lepas, pada hari anda minum minuman beralkohol; berapa banyak minuman yang anda **biasa** ambil dalam sehari?
During the past 30 days, on the days you drank alcohol; how many drinks did you usually drink per day?
- Saya tidak minum minuman beralkohol dalam 30 hari yang lepas
I did not drink alcohol during the past 30 days
 - Kurang dari satu minuman
Less than one drink
 - 1 minuman
1 drink
 - 2 minuman
2 drinks
 - 3 minuman
3 drinks
 - 4 minuman
4 drinks
 - 5 minuman atau lebih
5 or more drinks

53. Dalam tempoh 30 hari yang lepas, **biasanya** bagaimana anda mendapatkan minuman beralkohol? **SILA PILIH SATU JAWAPAN SAHAJA**
During the past 30 days, how did you usually get the alcohol you drank? SELECT ONLY ONE RESPONSE
- Saya tidak minum minuman beralkohol dalam 30 hari yang lepas
I did not drink alcohol during the past 30 days
 - Saya beli dari kedai atau gerai
I bought it in a store, shop, or from a street vendor
 - Saya beri duit kepada orang lain untuk membeli
I gave someone else money to buy it for me
 - Kawan saya yang beri kepada saya
I got it from my friends
 - Keluarga saya beri kepada saya
I got it from my family
 - Saya curi atau ambil tanpa kebenaran
I stole it or got it without permission
 - Saya memperolehi dari cara lain
I got it some other way

SILA BACA PERNYATAAN DI BAWAH:

Terhuyung-hayang semasa berjalan, tidak mampu bercakap dengan betul, dan muntah adalah tanda seseorang itu terlalu mabuk.

PLEASE READ THE STATEMENT BELOW:

Staggering when walking, not being able to speak right, and throwing up are some signs of being really drunk.

54. Sepanjang hidup anda, berapa kali anda minum minuman alkohol berlebihan sehingga betul-betul mabuk?
During your life, how many times did you drink so much alcohol that you were really drunk?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 kali atau lebih
10 or more times

55. Sepanjang hidup anda, berapa kali anda mendapat kesusahan dengan ahli keluarga atau kawan, tidak ke sekolah, atau bertumbuk, akibat daripada minum minuman beralkohol?
During your life, how many times have you got into trouble with your family or friends, missed school, or got into fights, as a result of drinking alcohol?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 kali atau lebih
10 or more times

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BAHAGIAN 8

PART 8

SILA BACA PERNYATAAN DI BAWAH:

4 soalan berikutnya adalah berkenaan penggunaan dadah termasuk heroin, morfin, gam, amfitamin, ecstasy, syabu, ice dan ganja. Ini tidak termasuk ubat-ubatan preskripsi.

PLEASE READ THE STATEMENT BELOW:

The next 4 questions ask about drug use. This includes heroin, morphine, glue, amphetamine, ecstasy, syabu, ice, ganja. This does not include prescribed medicine.

56. Berapa umur anda ketika pertama kali anda menggunakan dadah?
How old were you when you first used drugs?
- Saya tidak pernah menggunakan dadah
I have never used drugs
 - 7 tahun atau ke bawah
7 years old or younger
 - 8 atau 9 tahun
8 or 9 years old
 - 10 atau 11 tahun
10 or 11 years old
 - 12 atau 13 tahun
12 or 13 years old
 - 14 atau 15 tahun
14 or 15 years old
 - 16 tahun atau ke atas
16 years old or older
57. Sepanjang hidup anda, berapa kali anda telah menggunakan dadah?
During your life, how many times have you used drugs?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 hingga 19 kali
10 to 19 times
 - 20 kali atau lebih
20 or more times
58. Dalam tempoh 30 hari yang lepas, berapa kali anda menggunakan dadah?
During the past 30 days, how many times have you used drugs?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 hingga 19 kali
10 to 19 times
 - 20 kali atau lebih
20 or more times
59. Dalam tempoh 30 hari yang lepas, bagaimana biasanya anda mendapatkan dadah yang anda gunakan? **SILA PILIH SATU JAWAPAN SAHAJA**
During the past 30 days, how did you usually get the drugs you used? SELECT ONLY ONE RESPONSE
- Saya tidak menggunakan dadah dalam 30 hari yang lepas
I did not use drugs during the past 30 days
 - Saya beli dari orang lain
I bought them from someone
 - Saya beri duit kepada orang lain untuk membeli
I gave someone else money to buy it for me
 - Saya mencuri atau mengambil tanpa kebenaran
I stole it or got it without permission
 - Kawan saya yang beri kepada saya
I got it from my friends
 - Keluarga saya beri kepada saya
I got it from my family
 - Saya memperolehi dari cara lain
I got it some other way

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60. Sepanjang hidup anda, berapa kali anda telah menggunakan ganja?
During your life, how many times have you used marijuana?

- a. 0 kali
0 times
- b. 1 atau 2 kali
1 or 2 times
- c. 3 hingga 9 kali
3 to 9 times
- d. 10 hingga 19 kali
10 to 19 times
- e. 20 kali atau lebih
20 or more times

61. Dalam tempoh 30 hari yang lepas, berapa kali anda menggunakan ganja?
During the past 30 days, how many times have you used marijuana?

- a. 0 kali
0 times
- b. 1 atau 2 kali
1 or 2 times
- c. 3 hingga 9 kali
3 to 9 times
- d. 10 hingga 19 kali
10 to 19 times
- e. 20 kali atau lebih
20 or more times

62. Sepanjang hidup anda, berapa kali anda telah menggunakan amfetamin atau metamfetamin?
During your life, how many times have you used amphetamines or metamphetamines?

- a. 0 kali
0 times
- b. 1 atau 2 kali
1 or 2 times
- c. 3 hingga 9 kali
3 to 9 times
- d. 10 hingga 19 kali
10 to 19 times
- e. 20 kali atau lebih
20 or more times

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BAHAGIAN 9

PART 9

SILA BACA PERNYATAAN DI BAWAH:

5 soalan berikutnya adalah berkenaan hubungan seksual. Hubungan seksual adalah perlakuan seks yang melibatkan memasukkan zakar ke dalam faraj atau dubur.

PLEASE READ THE STATEMENT BELOW:

The next 5 questions ask about sexual intercourse. Sexual intercourse is defined as sexual acts of penetration of penis into vagina or anus.

63. Pernahkah anda melakukan hubungan seksual/ persetubuhan?
Have you ever had sexual intercourse?
- Ya
Yes
 - Tidak
No
64. Berapa umur anda ketika kali pertama melakukan hubungan seksual/ persetubuhan?
How old were you when you had sexual intercourse for the first time?
- Saya tidak pernah melakukan hubungan seksual /persetubuhan
I have never had sexual intercourse
 - 11 tahun atau ke bawah
11 years old or younger
 - 12 tahun
12 years old
 - 13 tahun
13 years old
 - 14 tahun
14 years old
 - 15 tahun
15 years old
 - 16 tahun atau ke atas
16 years old or older
65. Sepanjang hidup anda, berapa ramai orang yang anda telah lakukan hubungan seksual/ persetubuhan?
During your life, with how many people have you had sexual intercourse?
- Saya tidak pernah melakukan hubungan seksual /persetubuhan
I have never had sexual intercourse
 - 1 orang
1 person
 - 2 orang
2 people
 - 3 orang
3 people
 - 4 orang
4 people
 - 5 orang
5 people
 - 6 orang atau lebih
6 or more people
66. Kali terakhir anda melakukan hubungan seksual/persetubuhan; adakah anda atau pasangan anda menggunakan kondom?
The last time you had sexual intercourse; did you or your partner use a condom?
- Saya tidak pernah melakukan hubungan seksual/persetubuhan
I have never had sexual intercourse
 - Ya
Yes
 - Tidak
No

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67. Kali terakhir anda melakukan hubungan seksual/persetubuhan, adakah anda atau pasangan anda menggunakan kaedah pencegahan kehamilan lain seperti teknik pancutan luar, masa selamat, pil pencegah kehamilan, ataupun kaedah lain?

The last time you had sexual intercourse, did you or your partner use any other method of birth control, such as withdrawal, safe time, birth control pills, or any other method to prevent pregnancy?

- a. Saya tidak pernah melakukan hubungan seksual/persetubuhan

I have never had sexual intercourse

- b. Ya

Yes

- c. Tidak

No

- d. Tidak tahu

I do not know

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BAHAGIAN 10

PART 10

SILA BACA PERNYATAAN DIBAWAH:

4 soalan seterusnya adalah berkenaan aktiviti fizikal. Aktiviti fizikal adalah apa-apa aktiviti yang meningkatkan kadar denyutan jantung dan menyebabkan kita bernafas dengan kuat. Aktiviti fizikal boleh dilakukan dalam sukan, bermain dengan kawan, atau berjalan ke sekolah. Contoh aktiviti fizikal termasuklah berlari, berjalan pantas, berbasikal, menari, dan bola sepak.

PLEASE READ THE STATEMENT BELOW:

The next 4 questions ask about physical activity. Physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, and football.

68. Dalam tempoh 7 hari yang lepas, berapa hari anda melakukan aktiviti fizikal untuk sekurang-kurangnya 60 minit setiap hari? **JUMLAHKAN MASA ANDA MELAKUKAN APA-APA AKTIVITI FIZIKAL SETIAP HARI**
During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? ADD UP ALL THE TIME YOU SPENT IN ANY KIND OF PHYSICAL ACTIVITY EACH DAY
- 0 hari
0 days
 - 1 hari
1 day
 - 2 hari
2 days
 - 3 hari
3 days
 - 4 hari
4 days
 - 5 hari
5 days
 - 6 hari
6 days
 - 7 hari
7 days
69. Dalam tempoh 7 hari yang lepas, berapa hari anda berjalan kaki atau berbasikal ke sekolah atau balik ke rumah?
During the past 7 days, on how many days did you walk or ride a bicycle to or from school?
- 0 hari
0 days
 - 1 hari
1 day
 - 2 hari
2 days
 - 3 hari
3 days
 - 4 hari
4 days
 - 5 hari
5 days
 - 6 hari
6 days
 - 7 hari
7 days

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70. Sepanjang tahun persekolahan tahun ini, berapa kali anda mengikuti kelas pendidikan jasmani dan kesihatan (PJK) setiap minggu?

During this school year, on how many days did you go to physical education class (PE) each week?

- a. 0 hari
0 days
- b. 1 hari
1 day
- c. 2 hari
2 days
- d. 3 hari
3 days
- e. 4 hari
4 days
- f. 5 hari atau lebih
5 or more days

SILA BACA PERNYATAAN DIBAWAH:

Soalan berikutnya adalah berkenaan masa yang anda habiskan dengan duduk semasa tidak di sekolah atau semasa membuat kerja rumah.

PLEASE READ THE STATEMENT BELOW:

The next question asks about the time you spend mostly sitting when you are not in school or doing homework.

71. Biasanya berapa masa yang anda habiskan untuk duduk sama ada untuk menonton televisyen, bermain permainan computer, berbual dengan kawan atau apa-apa aktiviti yang memerlukan anda duduk?

How much time do you spend during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities?

- a. Kurang dari 1 jam sehari
Less than 1 hour per day
- b. 1 hingga 2 jam sehari
1 to 2 hours per day
- c. 3 hingga 4 jam sehari
3 to 4 hours per day
- d. 5 hingga 6 jam sehari
5 to 6 hours per day
- e. 7 hingga 8 jam sehari
7 to 8 hours per day
- f. Lebih dari 8 jam sehari
More than 8 hours per day

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BAHAGIAN 11

PART 11

6 soalan seterusnya adalah berkenaan pengalaman anda di sekolah dan di rumah.

The next 6 questions ask about your experiences at school and at home.

72. Dalam tempoh 30 hari yang lepas, berapa hari anda tidak hadir ke kelas atau sekolah tanpa kebenaran?
During the past 30 days, on how many days did you miss classes or school without permission?
- 0 hari
0 days
 - 1 atau 2 hari
1 or 2 days
 - 3 hingga 5 hari
3 to 5 days
 - 6 hingga 9 hari
6 to 9 days
 - 10 hari atau lebih
10 or more days
73. Dalam tempoh 30 hari yang lepas, berapa kerap rakan sekolah anda bersikap baik hati dan suka membantu?
During the past 30 days, how often were most of the students in your school kind and helpful?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Sentiasa
Always
74. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda menyemak kerja sekolah anda?
During the past 30 days, how often did your parents or guardians check to see if your homework was done?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Sentiasa
Always
75. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda cuba memahami masalah dan kebimbangan anda?
During the past 30 days, how often did your parents or guardians understand your problems and worries?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Sentiasa
Always

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76. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda benar-benar tahu apa yang anda lakukan pada masa lapang?

During the past 30 days, how often did your parents or guardians really know what you were doing with your free time?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Sentiasa
Always

77. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda memeriksa barangan anda tanpa kebenaran?

During the past 30 days, how often did your parents or guardians go through your things without your approval?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Sentiasa
Always

APPENDIX 10 : OPERATIONAL DEFINITION OF VARIABLES

Alcohol Consumption

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age first drink alcohol	Q34	Weight	Age started to drink alcohol	1 = "I have never drank alcohol" 2 = "7 years old or younger" 3 = "8 or 9 years old" 4 = "10 or 11 years old" 5 = "12 or 13 years old" 6 = "14 or 15 years old" 7 = "16 years old or older"
Days one drink or more past 30 days	Q35	Weight	Number of days of consuming alcohol in the past 30 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Number of drinks past 30 days	Q36	Weight	Number of alcohol drinks in the past 30 days A drink: a glass of wine, tuak, liling, bahar, ijuk or toddy; a bottle of beer; a small glass of liquor; or a mixed drink. Drinking alcohol does not include drinking a few sips of wine for religious purposes.	1 = "Did not drink in past 30 days" 2 = "Less than one drink" 3 = "1 drink" 4 = "2 drinks" 5 = "3 drinks" 6 = "4 drinks" 7 = "5 or more drinks"
How got drinks past 30 days	Q37	Weight	Ways of accessing alcohol drinks in the past 30 days	1 = "Did not drink in past 30 days" 2 = "I bought in a store" 3 = "I gave someone money to buy" 4 = "I got it from my friends" 5 = "I got it from my family" 6 = "I stole it" 7 = "I got it some other way"

Times drunk during life	Q38	Weight	Frequency of getting drunk during lifetime	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 or more times"
Number of troubles as result of drinking	Q39	Weight	Number of troubles as result of drinking	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 or more times"

Alcohol Consumption among Current Drinkers

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age started to drink alcohol	Q34_new2	Weight	Age started to drink alcohol	RECODE Q34 (1=SYSMIS)(2=1) (3=2) (4=3) (5=4) (6=5) (7=6)(ELSE=SYSMIS) INTO Q34_new2. VARIABLE LABELS Q34_new2 'Age started to drink'. EXECUTE. VALUE LABELS Q34_new2 1 '<7 years' 2 '8 or 9 years' 3 '10 or 11 years' 4 '12 or 13 years' 5 '14 or 15 years' 6 '16 years and above'.

Number of days of consuming alcohol in the past 30 days	Q35_new2	Weight	Number of days of consuming alcohol in the past 30 days	<p>RECODE Q35 (1=SYSMIS)(2=1) (3=2) (4=3) (5=4) (6=5) (7=6)(ELSE=SYSMIS) INTO Q35_new2. VARIABLE LABELS Q35_new2 'Drink at least 1 days for past 30 days'. EXECUTE.</p> <p>VALUE LABELS Q35_new2 1 '1 or 2 days' 2 '3 to 5 days' 3 '6 to 9 days' 4 '10 to 19 days' 5 '20 to 29 days' 6 'all 30 days'.</p>
Number of alcohol drinks in the past 30 days	Q36_new2	Weight	Number of alcohol drinks in the past 30 days	<p>RECODE Q36 (1=SYSMIS)(2=1) (3=2) (4=3) (5=4) (6=5) (7=6)(ELSE=SYSMIS) INTO Q36_new2. VARIABLE LABELS Q36_new2 'Frequency drinks for the past 30 days'. EXECUTE.</p> <p>VALUE LABELS Q36_new2 1 'less than 1 drink' 2 '1 drink' 3 '2 drinks' 4 '3 drinks' 5 '4 drinks' 6 '5 or more drinks'.</p>

RECODE Q37 (1=SYSMIS)(2=1) (3=2) (4=3) (5=4) (6=5) (7=6) (ELSE=SYSMIS) INTO Q37_new2. VARIABLE LABELS Q37_new2 'Got drinks from friends'. EXECUTE. VALUE LABELS Q37_new2 1 'Store, shop/street vendor' 2 'Gave someone else money' 3 'Friends' 4 'Family' 5 'Stole/got without permission' 6 'Some other way'. 1 = "Yes" 2 = "No"	Ways of accessing alcohol drinks in the past 30 days	Weight	Q37_new2	Ways of accessing alcohol drinks in the past 30 days
	Age started to drink alcohol before 14 years old among current drinker	Weight	QN34	Age first alcohol before 14
	Drank for more than one days for the past 30 days among current drinker	Weight	QN35	Drank 1+ days past 30 days
	Among current drinkers who drank for more than 2 days for the past 30 days	Weight	QN36	Of current drinkers, drank 2+ drinks/day 30 days
	Among current drinkers who got alcohol from their friends	Weight	QN37	Of current drinkers, got alcohol from friends
	More than one times drunk in lifetime among who drink alcohol	Weight	QN38	1+ times drunk in lifetime
	Among who did trouble for more than one times drunk in lifetime	Weight	QN39	Alcohol trouble 1+ times in lifetime

Dietary Behaviours

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
How tall are you	Q4	Weight	Height without shoes to the nearest cm	
How much do you weigh	Q5	Weight	Weight without shoes to the nearest kg	
How do you describe your weight	Q61	Weight	Perception on own body weight	1 = "Very underweight" 2 = "Slightly underweight" 3 = "About the right weight" 4 = "Slightly overweight" 5 = "Very overweight"
Underweight	qnunwtg	Weight	<-2SD from median for BMI by age and sex	1 = "Yes" 2 = "No"
Overweight	qnowtg	Weight	<-2SD from median for BMI by age and sex	1 = "Yes" 2 = "No"
Obese	qnobeseg	Weight	>+1SD from median for BMI by age and sex	1 = "Yes" 2 = "No"
Went hungry past 30 days	Q6	Weight	Reported hungry because there was not enough food at home	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Went hungry most of time/always past 30 days	QN6	Weight	Reported hungry most of the time or always because there was not enough food at home	1 = "Yes" 2 = "No"

Eat fruit per day past 30 days	Q7	Weight	Frequency of usually consume fruit per day in past 30 days	1 = "Did not eat fruit" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"
Ate fruit 2+ times per day past 30 days	QN7	Weight	Usually ate fruits more than twice per day in past 30 days	1 = "Yes" 2 = "No"
Eat vegetables past 30 days	Q8	Weight	Frequency of usually consume vegetables per day in past 30 days	1 = "Did not eat vegetables" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"
Ate vegetables 3+ times per day past 30 day	QN8	Weight	Usually ate vegetables more than three times per day in past 30 days	1 = "Yes" 2 = "No"
Drink soft drinks past 30 days	Q9	Weight	Frequency per day usually drink carbonated soft drinks such as Coca Cola, Sprite, and Pepsi in the past 30 days	1 = "Did not drink soft drinks" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"

Drank soft drinks 1+ times per day past 30 day	QN9	Weight	Usually consume soft drinks at least once daily in past 30 days	1 = "Yes" 2 = "No"
Drank water per day 30 days	Q63	Weight	Frequency per day usually consume plain water such as mineral water, boiled water, or tap water in the past 30 days	1 = "Did not drink plain water" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"
Ate fast food past 7 days	Q10	Weight	Frequency per day usually consume food from a fast food restaurant, such as McDonalds, KFC, and Pizza Hut in the past 7 days	1 = "0 days" 2 = "1 day" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "4 days" 7 = "6 days" 8 = "7 days"
Ate fast food 3+ days past 7 day	QN10	Weight	Usually consume fast food at least three days in past 7 days	1 = "Yes" 2 = "No"
Ate before 9 AM	Q65	Weight	Number of days eat a meal before 9 a.m in past 7 days (Breakfast)	1 = "0 days" 2 = "1 day" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "4 days" 7 = "6 days" 8 = "7 days"

Drug Use

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age first drugs	Q40	Weight	Age when first used drugs Drug: include heroin, morphine, glue, amphetamine, ecstasy, syabu, ice, ganja (does not include prescribed medicine)	1 = "I have never use drugs" 2 = "7 years old or younger" 3 = "8 or 9 years old" 4 = "10 or 11 years old" 5 = "12 or 13 years old" 6 = "14 or 15 years old" 7 = "16 years old or older"
Used drugs lifetime	Q75	Weight	Frequency of used drugs in lifetime (Ever used drug)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
Used drugs past 30 days	Q76	Weight	Frequency of used drug in the past 30 days (current drug user)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
How got drugs usually	Q77	Weight	Sources of usually getting drugs in the past 30 days	1 = "I did not use drugs" 2 = "I bought them from someone" 3 = "I gave someone money to buy" 4 = "I stole it" 5 = "I got it from my friends" 6 = "I got it from my family" 7 = "I got it some other way"
Times used marijuana lifetime	Q41	Weight	Frequency of used marijuana in lifetime (Ever used marijuana)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"

Times used marijuana past 30 days	Q42	Weight	Frequency of used marijuana in the past 30 days (current marijuana user)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
Times used amphetamines lifetime	Q43	Weight	Frequency of used amphetamines in lifetime (Ever used amphetamines)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
Age first drugs before 14	QN40	Weight	Age when first tried before age 14	1 = "Yes" 2 = "No"
Marijuana 1+ times in lifetime	QN41	Weight	Used marijuana for more than one times for lifetime	1 = "Yes" 2 = "No"
Marijuana 1+ times p 30 days	QN42	Weight	Used marijuana for more than one times for the past 30 days	1 = "Yes" 2 = "No"
Amphetamines 1+ times lifetime	QN43	Weight	Used amphetamines more than one times for lifetime	1 = "Yes" 2 = "No"

Hygiene (Including Oral Hygiene)

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
How many times per day brush teeth	Q11	Weight	Frequency per day clean or brush teeth in past 30 days	1 = "Did not brush my teeth" 2 = "Less than 1 time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 or more times per day"
Cleaned/brushed teeth <1 time/day past 30 days	QN11	Weight	Clean or brush teeth less than 1 time past 30 days	1 = "Yes" 2 = "No"
Tooth ache missed class	Q66	Weight	Tooth ache causing student to miss classes or school in past 12 months	1 = "Yes" 2 = "No"
Used toothpaste with fluoride	Q67	Weight	Use toothpaste that contain fluoride	1 = "Yes" 2 = "No" 3 = "I do not know"
Last seen dentist	Q68	Weight	See a dentist or dental nurse for checkup, teeth cleaning, or other dental treatment	1 = "During the past 12 months" 2 = "Between 12 and 24 months ago" 3 = "More than 24 months ago" 4 = "Never" 5 = "I do not know"
Avoid smiling due to teeth	Q69	Weight	Avoid smiling or laughing because of teeth appearance	1 = "Yes" 2 = "No"
Wash hands before eating past 30 days	Q12	Weight	Wash hands before eating in past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"

Never/rarely wash hands before eating past 30 days	QN 12	Weight	Never/rarely wash hand before eating in past 30 days	1 = "Yes" 2 = "No"
Wash hands after toilet past 30 day	Q13	Weight	Wash hands after using toilet in past 30 day	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Never/rarely wash hands after toilet past 30 days	QN13	Weight	Never/rarely wash hand after using toilet in past 30 days	1 = "Yes" 2 = "No"
Used soap on hands past 30 days	Q14	Weight	Used soap when washing hands in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Never/rarely use soap on hands past 30 days	QN14	Weight	Never/rarely use soap when washing hands in the past 30 days	1 = "Yes" 2 = "No"

Mental Health Problems

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Times felt lonely past 12 mo.	Q22	Weight	Felt lonely in the past 12 months	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Lonely most times/always past 12 months	QN22	Weight	Felt lonely most of the times/always in the past 12 months	1 = "Yes" 2 = "No"
Worry prevented sleep most time/always past 12 mos	Q23	Weight	Worried about something that could not sleep at night in the past 12 months	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Worry prevented sleep most time/always past 12 months	QN23	Weight	Felt worry that prevented sleep most of the time/always for the past 12 months	1 = "Yes" 2 = "No"
Ever considered suicide 12 mos	Q24	Weight	Ever seriously considered attempting suicide in the past 12 months (suicidal ideation)	1 = "Yes" 2 = "No"
Ever make suicide plan 12 mos	Q25	Weight	Ever make a plan about ways to attempt suicide in the past 12 months (suicidal plan)	1 = "Yes" 2 = "No"

Times attempted suicide 12 mos.	Q26	Weight	Times actually attempted suicide in the 12 months (suicide attempt)	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or more times"
1+ times attempt suicide 12 mos.	QN26	Weight	Attempted suicide more than one times in the past 12 months	1 = "Yes" 2 = "No"
Number close friends	Q27	Weight	Number close friends	1 = "0" 2 = "1" 3 = "2" 4 = "3 or more"

Physical Activity

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Days active 60 min plus past 7 days	Q49	Weight	Number of days were physically active for a total of at least 60 minutes per day in the past 7 days Physical activity is any activity that increases the heart rate and makes he/she breath hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, and football.	1 = "0 days" 2 = "1 days" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "5 day" 7 = "6 day" 8 = "7 day"
Walk or bike to school past 7 days	Q50	Weight	Walk or ride a bicycle to or from school in the past 7 days	1 = "0 days" 2 = "1 days" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "5 day" 7 = "6 day" 8 = "7 day"
Time spent sitting on usual day	Q52	Weight	Time usually spend during a typical or usual day sitting and watching television, playing computer games, talking with friends or doing other sitting activities.	1 = "0 days" 2 = "1 days" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "5 or more day"

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Active 60+ mins/day for 5+ of past 7 days	QN49	Weight	Physically active for total of at least 60 minutes in 5 days out of 7 days	1 =" Yes" 2 =" No"
Walk/Bike to/from school 0 of past 7 days	QN50	Weight	Did not walk or ride a bicycle back or from school in the past 7 days	1 =" Yes" 2 =" No"
Sitting activities 3+ hours/day of usual day	QN52	Weight	Spent 3 hours or more in a typical or usual day sitting and watching television, playing computer games, talking with friends or doing other sitting activities	1 =" Yes" 2 =" No"

Protective Factors

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Miss school no permission past 30 days	Q53	Weight	Number of days missed classes or school without permission in the past 30 days (truancy)	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 or more days"
Miss school no permission 1+ of past 30 days	QN53	Weight	Missed classes or school without permission for more than 1 day in the past 30 days	1 = "Yes" 2 = "No"
Others helpful in school past 30 days	Q54	Weight	Frequency other students in school kind and helpful in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Students most/always kind 30 days	QN54	Weight	Students in school kind and helpful most of the time or always in the past 30 days	1 = "Yes" 2 = "No"
Parents check homework past 30 days	Q55	Weight	Frequency parents or guardians ensure completed homework in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Parents most/always check homework	QN55	Weight	Parents or guardians most of the time or always ensure completed homework in the past 30 days	1 = "Yes" 2 = "No"
Parent understand troubles past 30 days	Q56	Weight	Frequency parents or guardians understand their problems and worries in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"

Parents most/always understand problems	QN56	Weight	Parents or guardians most of the time or always understand their problems and worries in the past 30 days	1 = "Yes" 2 = "No"
Parent know what you do past 30 days	Q57	Weight	Frequency parents or guardians really know what they were doing in free time in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Parents most/always know about free time	QN57	Weight	Parents or guardians most of the time or always really know what they were doing in free time in the past 30 days	1 = "Yes" 2 = "No"
Parent go through things past 30 days	Q58	Weight	Frequency parents or guardians went through their things in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Parents never/rarely go thru things	QN58	Weight	Parents or guardians never/rarely went through their things in the past 30 days	1 = "Yes" 2 = "No"

Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Ever had sex	Q44	Weight	Ever had sexual intercourse Sexual intercourse: sexual acts of penetration of penis into vagina or anus	1 = "Yes" 2 = "No"
Age first sexual intercourse	Q45	Weight	Age when had sexual intercourse for the first time	1 = "Never had sex" 2 = "11 years old or younger" 3 = "12 years old" 4 = "13 years old" 5 = "14 years old" 6 = "15 years old" 7 = "16 years old or older"
Age first sexual intercourse before 14	QN45	Weight	Had first time sexual intercourse before the age of 14 years	1 = "Yes" 2 = "No"
How many sex partners	Q46	Weight	Number of people had sexual intercourse with in \ their lifetime	1 = "Never had sex" 2 = "11 years old or younger" 3 = "12 years old" 4 = "13 years old" 5 = "14 years old" 6 = "15 years old" 7 = "16 years old or older"
2+ sex partners lifetime	QN46	Weight	Had more than two sex partners in their lifetime among those who ever had sexual intercourse	1 = "Yes" 2 = "No"

Used condom at last intercourse	Q47	Weight	Used condom during last time sexual intercourse	1 = "Never had sex" 2 = "1 person" 3 = "2 people" 4 = "3 people" 5 = "4 people" 6 = "5 people" 7 = "6 or more people"
Used condom at last sex	QN47	Weight	Used condom during last time had sexual intercourse	1 = "Yes" 2 = "No"
Used birth control last intercourse	Q48	Weight	Respondents or their partner used any other method of birth control such as withdrawal, safe time, birth control pills, or any other method to prevent pregnancy during the last sexual intercourse	1 = "Never had sex" 2 = "Yes" 3 = "No"
Used birth control at last sex	QN48	Weight	Use any other methods to prevent pregnancy at the last sexual intercourse	1 = "Yes" 2 = "No"

Tobacco Use

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age first tried cigarette	Q28	Weight	Age when first tried a cigarette	1 = "I have never smoked cigarettes" 2 = "7 years old or younger" 3 = "8 or 9 years old" 4 = "10 or 11 years old" 5 = "12 or 13 years old" 6 = "14 or 15 years old" 7 = "16 years old or older"
How many days smoked 30 days	Q29	Weight	Number of days smoke cigarettes during past 30 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Other tobacco past 30 days	Q30	Weight	Number of days use tobacco products other than cigarettes such as shisha/hookah, electronic cigarettes, snuff, chewing tobacco, pipes, curut, cigars, cigarillos or bidis during past 30 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Did not use other tobacco products	Q72	Weight	Type of tobacco products other than cigarettes used most often in past 30 days	1 = "Did not smoke tobacco products" 2 = "Shisha/Hookah" 3 = "Electronic cigarettes" 4 = "Snuff or chewing tobacco" 5 = "Pipes" 6 = "Curut, cigars or cigarillos" 7 = "Bidis" 8 = "Some other tobacco product"

Try stop smoking past 12 mo.	Q31	Weight	Tried to stop smoking cigarettes in the past 12 months	1 = "Yes" 2 = "No"
Others present smoking past 7 days	Q32	Weight	Number of days other people smoked in their present in past 7 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 or 4 days" 4 = "5 or 6 days" 5 = "All 7 days"
Parents who use tobacco	Q33	Weight	Parents or guardians who use any form of tobacco including cigarettes	1 = "Neither" 2 = "My father or male guardian" 3 = "My mother or female guardian" 4 = "Both" 5 = "I do not know"
Won't smoke next 12 months	Q73	Weight	Thinking of smoke a cigarette in the next 12 months	1 = "Definitely not" 2 = "Probably not" 3 = "Maybe yes" 4 = "Definitely yes"
Won't smoke if friend offered	Q74	Weight	Possibility of smoke if best friend offered a cigarette	1 = "Definitely not" 2 = "Probably not" 3 = "Maybe yes" 4 = "Definitely yes"
Age first cigarette before 14	QN28	Weight	Aged below 14 when first tried cigarette, among smokers	1 = "Yes" 2 = "No"
Smoked cigarettes 1+ of past 30 days	QN29	Weight	Smoked a cigarettes more than one times for the past 30 days	1 = "Yes" 2 = "No"
Used other tobacco 1+ of past 30 days	QN30	Weight	Used other tobacco more than one times for the past 30 days	1 = "Yes" 2 = "No"
Others present smoking 1+ of past 7 days	QN32	Weight	Other people smoke in their presence more than one day in the past 7 days	1 = "Yes" 2 = "No"
Won't smoke next 12 months	QN73	Weight	Won't smoke for the next 12 months among who had smoke	1 = "Yes" 2 = "No"

Violence and Unintentional Injury

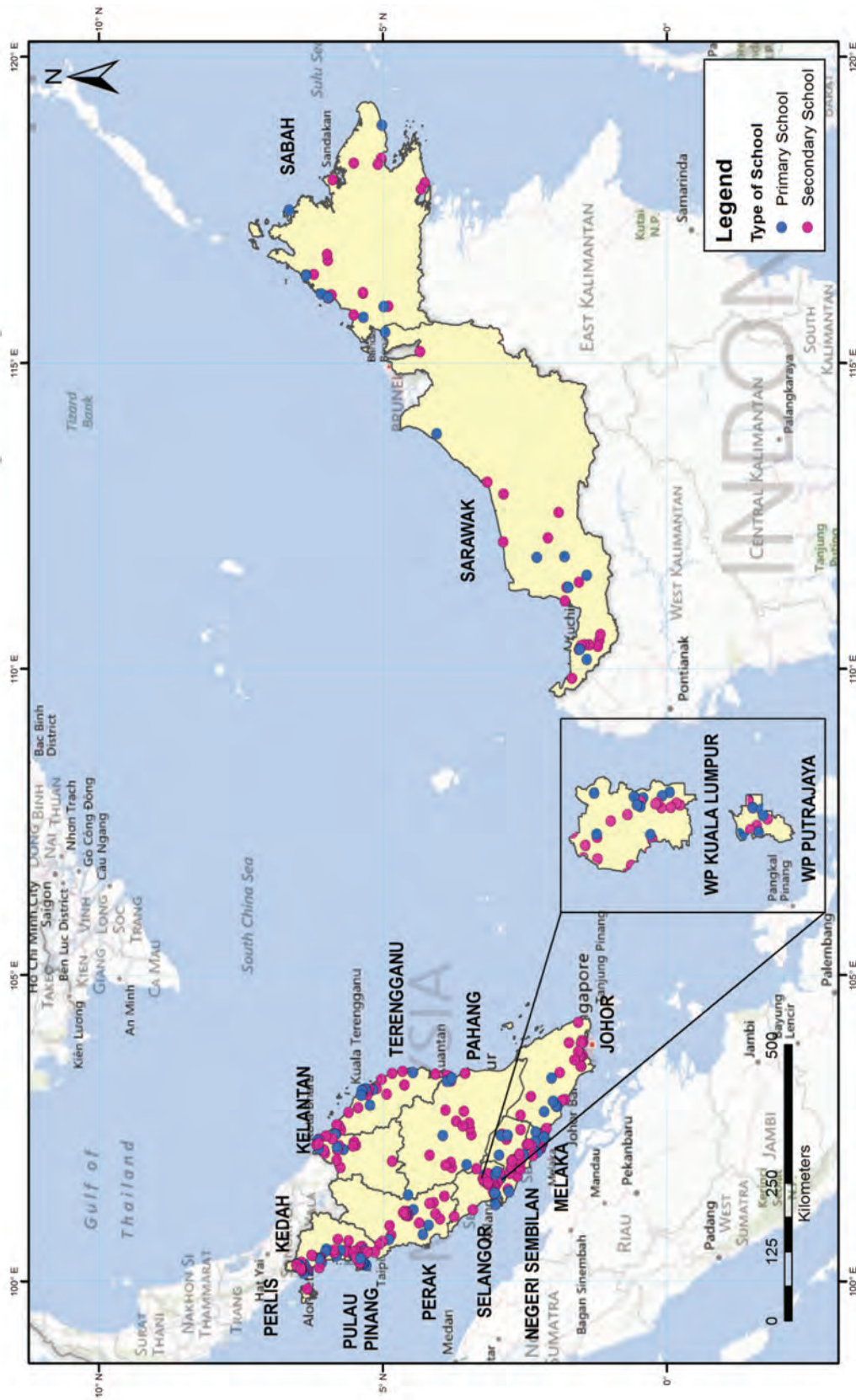
Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Times attacked past 12 mo.	Q15	Weight	Number of times were physically attacked in the past 12 months. Physical attack: when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as stick, knife, or gun). It is not a physical attack when two individuals or students of about the same strength or power choose to fight each other.	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
Attacked 1+ times past 12 months	QN15	Weight	Physically attacked at least one time in the past 12 months	1 = "Yes" 2 = "No"
How many times in fight 12 mos	Q16	Weight	Number of times in a physical fight in the past 12 months Physical fight: when two individuals or students of about the same strength or power choose to fight each other	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
In fight 1+ times past 12 months	QN16	Weight	In a physical fight for one time or more in the past 12 months	1 = "Yes" 2 = "No"

How many times injured past 12 months	Q17	Weight	Number of times seriously injured in the past 12 months Serious injury: makes he/she missed at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or medical personnel	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
Seriously injured 1+ times past 12 months	QN17	Weight	Seriously injured at least once in the past 12 months	1 = "Yes" 2 = "No"
What was serious injury past 12 mo.	Q18	Weight	Type of the most serious injury sustained in the past 12 months.	1 = "Not seriously injured" 2 = "Broken bone/dislocated joint" 3 = "I had a cut or stab wound" 4 = "Concussion/head injury" 5 = "I had a gunshot wound" 6 = "I had a bad burn" 7 = "I was poisoned" 8 = "Something else happened to me"
Broken bone as most serious injury	QN18	Weight	Broken bone as most serious injury	1 = "Yes" 2 = "No"
Cause of injury past 12 mo.	Q19	Weight	Major cause of the most serious injury sustained in the past 12 months.	1 = "Not seriously injured" 2 = "Broken bone/dislocated joint" 3 = "I had a cut or stab wound" 4 = "Concussion/head injury" 5 = "I had a gunshot wound" 6 = "I had a bad burn" 7 = "I was poisoned" 8 = "Something else happened to me"
Motor vehicle caused most serious injury	QN19	Weight	Motor vehicle caused the most serious injury	1 = "Yes" 2 = "No"

How many days bullied past 30 days	Q20	Weight	Number of days bullied in the past 30 days Bullying: a student or group of students say or do bad or unpleasant things to another students. Or when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. Not considered bully when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Bullied 1+ of past 30 days	QN20	Weight	Bullied at least one day in the past 30 days	1 = "Yes" 2 = "No"
How bullied past 30 days	Q21	Weight	Ways of bullied most often in the past 30 days	1 = "Not bullied" 2 = "Kicked, pushed, or shoved" 3 = "Made fun of race" 4 = "Made fun because of religion" 5 = "Made fun of about sex" 6 = "Left out of activities" 7 = "Made fun of about body" 8 = "Some other way"
Of students bullied, most often hit, kicked, etc	QN21	Weight	Bullied most often by hit, kicked, pushed, shoved around, or locked indoor	1 = "Yes" 2 = "No"
Someone hit them hard	Q70	Weight	Frequency someone at home hit them hard until left a mark or caused an injury in the past 12 months Physical abuse: someone hits he/she	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"

Someone hit them hard	QN70	Weight	Someone at home hit them hard until left a mark or caused an injury at least once in the past 12 months	1 = "Yes" 2 = "No"
Say hurtful things at home	Q 71	Weight	Frequency someone at home say hurtful or insulting things to them in the past 12 months	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
Say hurtful things at home	QN71	Weight	Someone at home say hurtful or insulting things to them at least once in the past 12 months	1 = "Yes" 2 = "No"

APPENDIX 11 : GIS MAP OF SCHOOLS SURVEYED



Distribution of Schools for Global Health School Survey in Malaysia, 2012



ISBN 978-983-3887-90-3

